

The Case of the Missing \$5 Million

Who is profiting
off the skilled nursing
monopoly, and why
it feels 'like we're
being extorted'

By Linda Stansberry



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a council member?
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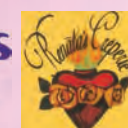
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- | | | |
|--|--|---|
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Nick Stellino and Dan McHugh. Read more on page 19. Photo by Mark McKenna

On the Cover

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Ranger Doubt

Editor:

While I enjoyed the detailed report that Thadeus Greenson presented in “The Last Days of the Budget Motel,” (Sept. 29) it contained an error so obvious that it should have been easily discernible. Robert Hager is quoted as having a wife who “was a U.S. Army Ranger.” Since the first woman to complete the U.S. Army Ranger course and be authorized to wear that coveted “Ranger” tab did it in 2015, and the photo alleging to show Kathleen Hager represents a much older woman who could not possibly have aged so much in a year, I am afraid that Mr. Hager is playing fast and loose with the truth.

He may, in fact, have served in an artillery unit and been (hopefully) honorably discharged. If so, then he can certainly share the outrage that those of us who served feel when we encounter those who either falsify their service or their records. Serving your country, no matter what your military occupational specialty or time period was, is honor enough.

Lew Buckner, Eureka

Editor:

I read with interest “The Last Days of the Budget Motel” by Thadeus Greenson. I am writing because I feel as if there is an inaccuracy in the reporting. In the story, Robert Hager is quoted as saying that his wife was “a U.S. Army Ranger.” That is surprising to me. If she served in the same era as Mr. Hager (mid-1970s) then she would most likely have served in the Women’s Army Corps. The Rangers was an all-male infantry unit.

Even after the integration of the WAC with the rest of the Army, as far as I know, women had not completed Ranger school until 2015 and earned a tab. I have served with female soldiers and believe that they play a vital role in the Armed Services,

but I do not think that the Hagers’ story is true. I may be wrong but I don’t think so.

Carlos Ramirez-Quintero, Eureka

Editor’s note: Attempts to contact Robert and Kathleen Hager to clarify her veteran status were unsuccessful by deadline as the phone number the Journal had for the couple is no longer in service.

Open Your Eyes!

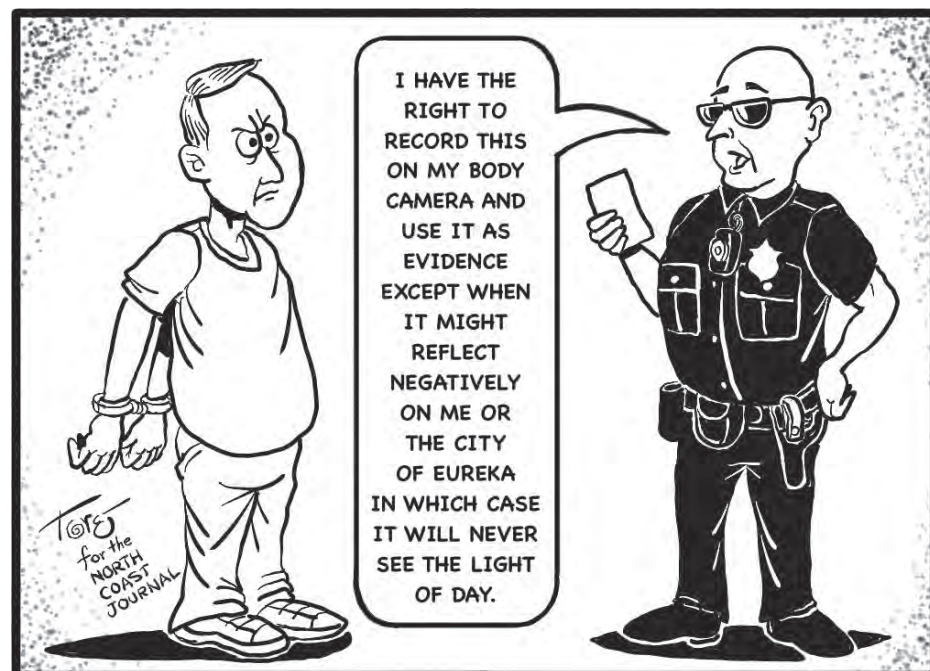
Editor:

Marcy Burstiner’s “Warning: This Column Contains Objectionable Material” (Sept. 29) was the most reasonable piece I’ve read on the “trigger warning” issue in some time, though it is flawed. In spirit of full disclosure, I write horror novels and short stories, many of which I’ve been told should have trigger warnings. To that I say, “Read the description or look at the cover.”

Burstiner won’t watch “violent movies or television shows alone” because when an act of “extreme” violence is about to occur she closes her eyes due to being a “weenie” who “can’t handle it.” Why is she watching it in the first place then? And, more importantly, how does she define “extreme?” Our definitions may differ, and that is the problem.

Trigger warnings and safe places fail because the former is so broad it is meaningless and the latter simply can’t exist. Burstiner states that “without the warnings” students “risk” the message that they aren’t welcome in class or on campus. I would say they get the message that they are being treated as adults capable of making choices for themselves based on their life experiences.

Granted, Burstiner has a choice of what to watch (unless it is for her work), and a college student has naturally fewer choices. Students are smart enough to know



Terry Torgerson

that a course in, say, gender depictions in media may include an encounter in pornography much like they know they will hear “harsh” language when seeing a Tarantino film. People would have a right to be upset if they took a cooking class and were suddenly talking about rape, much like people would have a right to be up in arms if they went to see Disney’s *Beauty and the Beast* and witnessed graphic evisceration.

Perhaps Burstiner has been hiding her eyes too much.

Doug Brunell, Eureka

‘Criminal’

Editor:

It is criminal (and I mean that almost literally) what Brios/Rockport is doing (NCJ Daily, Oct. 6). It has to be the biggest scam going and delicate, vulnerable aged residents at these facilities are being held hostage. Staffing problems at skilled nursing facilities have always been an issue. While they are paying into a traveling nurse registry, which is costly, they could’ve increased in-house wages.

Trying to point at the local marijuana industry as its competitor is laughable!!!! To help with the costs they are whining about, they could look into getting rid of upper management. The business looks to be top heavy. Get rid of Rockport!

Kathryn Travers, Eureka

Propped up with Disappointment

Editor:

I was disappointed to open last week’s “Props and Measures” article (Oct. 6) to find no mention of Measure S, the Humboldt County cultivation tax on cannabis that is based on square footage and cultivation method, anywhere. This was a missed opportunity for the *Journal* and the community. Cannabis was featured on your cover and provided the main art for your story on November ballot matters, so I presumed I would find an analysis of the local cannabis measure. Indeed, that wasn’t the case, perhaps because the matter wasn’t considered “interesting and important” enough.

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I would ask your editorial staff to reconsider priorities in this regard, particularly because the language used to describe Measure S on the ballot doesn't reflect the actual tax language (money will go to the General Fund and isn't slated for the "priorities" they list). It's also not clear how an excise tax can be implemented on a parcel-based permit. If you're going to use cannabis to sell more newspapers, I ask that you please also cover matters that are relevant to the local community when you do so. We need you. Many news outlets are covering statewide issues like Proposition 64 with more in-depth and robust analysis, but very few are diving into local matters like Measures S.

Allison Edrington, Fortuna

Editor:

According to your Oct. 6 article ("Props and Measures") if Measure U passes, the allocation of funds generated by an increase in sales tax specifically to fund road repairs, will go to the following: about 42 percent to Humboldt County, about 32 percent to Eureka, about 11 percent to Arcata and about 7 percent to Fortuna.

Humboldt County has 932 miles of paved roadway but only gets 42 percent of road repair funding from this new tax.

Eureka has 114.2 miles of paved roadway but gets 32 percent

Arcata has 68.5 miles of paved roadway but gets 11 percent

Fortuna has 45.2 miles of paved roadway but gets 7 percent

Rio Dell has 14.2 miles of paved roadway and will get 2 percent

At 114 miles, Eureka has only 12 percent of the amount of paved roadway as the County but it gets 75 percent of the amount of road repair funds that the county gets!!! At 68.5 miles, Arcata has 60 percent of the amount of paved roadway of Eureka. However, it will receive only 34 percent of what Eureka will receive.

The Humboldt County Association of Governments decided these percentages? WTF?

It looks like the rural parts of the county will be getting shafted from receiving needed road repairs.

Yes, we all need our roads repaired! But if Measure U includes these allocations, it should be rejected until HCAOG produces a fair plan.

Zephyr Markowitz, Bayside

Yes on V

Editor:

Well, here we go again, big money is rolling in from outside sources to defeat an important measure. Millionaires from outside Humboldt are making sure they can get fat off of buying land here and creating mobile home parks where they will be unfettered in their ability to raise rents as high as they wish year in, year out.

Mobile home owners are trapped, moving their home is very expensive. Many are seniors, disabled, fixed income folks. Measure V protects them and it protects the park owners as well. Rent increases are tied to the Consumer Price Index. Park owners are protected by giving them a path to increases for emergency repairs or park improvements requested by more than 50 percent of residents. The taxpayers are protected by a resident's \$5-per-month fee to administer the measure.

We must do the right thing, vote yes on Measure V.

Sylvia De Rooy, Eureka

Yes on P

To P or not to P? Our nation was founded upon the critical principle of representative government. The truest form of the ideal "democracy" can be found in the representative nature of our jury system, our county Board of Supervisors, our state

Legislature and the United States Senate. Why should the city of Eureka be any different?

What if there was a consortium of the high schools in Humboldt County? Would Arcata High School want to be represented by Ferndale High School? Wouldn't Mack be much better represented by a student who actually attends that school?

Why do we think the ward system in Eureka is different? Our city is not large, but needs and dreams are largely different throughout the city. Let's vote yes on Measure P so that council members can get to know and be elected by the people they actually need to serve. Reward true ward, please.

Jasper Sage, Eureka

Vote Allison

Editor:

In this year's Eureka City Council race, we have a choice between John Fullerton — a former Republican committee chair whose most vocal supporters are plucked straight from the ranks of local Republican party leadership — and Austin Allison, a forward-thinking healthcare professional whose progressive ideals will bring a refreshing and much-needed breath of fresh air to our local leadership. If you want a platform that will work for its local people, businesses and the health of our community, the choice couldn't be clearer. Vote Austin Allison for Eureka City Council this November!!

Luree Norris, Eureka

Fox In The Corn

such a crazy fox
see him go into the corn rows
see the loveliness of yellow
and the silk he tears into pieces
shredded into the small
into the softness of a world
filled with chaos and a brain
full of thoughts, hot
and wild

fill me with this holy desire
bring me to this uneasy world
a crazy barking at the moon
and a settled confirmation
of love within the howling pack

— *Stev Brackenbury*

Write an Election Letter!

The *Journal* will publish letters related to local elections through Nov. 3, meaning you have until Monday, Oct. 31, at noon to get your opinion on local council races or any other election matters into print. Election letters must be no longer than 150 words — and we'll only run one per writer per week. We'll fit as many as we can into the print edition and run others online. Get writin'. (Letters responding to the *Journal's* non-election coverage are, as always, welcome and encouraged, and can run as long as 300 words.) All submissions should include the letter writer's full name, place of residence and phone number (we won't print your number). Send them to letters@northcoastjournal.com. ●

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News

Unopposed

Where have all the city council candidates gone?

By Kimberly Wear

kim@northcoastjournal.com

When the filing period to run for three open seats on the Blue Lake City Council closed in August, only one candidate had

stepped forward.

It was, Blue Lake City Clerk April Sousa says, an unusual position for the bucolic hamlet. While uncontested races there are not infrequent, not having enough candidates is something new.

Rather than follow an appointment path with so many seats at stake, the council opted to move forward with the election and put out the call for write-in candidates.

"This is the first time anyone can remember this happening in Blue Lake," Sousa says.

Up and down the North Coast, seven seats — or more than one-third of those up for election — will be filled in unchallenged races, with just 20 candidates appearing on the ballot for 17 open positions in Humboldt County's seven cities this November.

College of the Redwoods political science professor Ryan Enemaker says civic participation, in general, has been declining in the United States over recent decades. While smaller communities like Humboldt County have been more immune to the trend, that is changing, he says.

Fewer people are joining organizations like the Rotary Club and that is trickling down to participation with local political committees, traditionally on the frontlines for recruiting potential candidates.

That, coupled with a growing public mistrust of government and an increasingly caustic political atmosphere, results in fewer folks who are willing to serve.

"I think a lot of those national trends are starting to catch up with us now," Enemaker says.

The job of a councilmember is not an easy one and it's also a major commitment, which can be difficult in a small-town setting where a simple trip to the grocery store likely means running into constituents. This can cut both ways.

"I think, in the right environment, that actually encourages more participation,

and in other environments it encourages less," Enemaker says.

Eureka Councilmember Melinda Ciarebellini referenced some of these challenges in her letter announcing she was not seeking another term, noting it is "fashionable for some to denigrate public service" and how she was "unpleasantly reminded, all too often, of the politics that come with the territory."

She also urges "the passionate, the energetic, the creative, the visionary, the caring to push back against this unproductive narrative" by running for office.

Serving on a council comes with long hours in exchange for a small stipend and usually health benefits, as well as increasing scrutiny in the social media age amid a backdrop of general political malaise.

"When I talk to people about running and being in office, the economic issues are bigger," says Arcata Mayor Paul Pitino, who is up for reelection in November, adding that it's hard for many people to dedicate 20 to 30 hours a week to something they aren't well compensated for.

In Arcata, for instance, councilmembers receive \$587 a month, compared to \$500 in Eureka, \$300 in Fortuna and \$50 in Blue Lake. That, Pitino says, results in a smaller pool of people who can dedicate their time to office.

Enemaker agrees, saying the demanding schedule of meetings, preparation time, serving on additional boards and community engagements, combined with lack of corresponding compensation, limits who can realistically run.

"It's a real difficult task for someone who has a full-time job, so we're sort of whittling down who is able to participate," he says.

The emergence of social media, blogs and anonymous comments on news sites has also added a new layer of exposure.

"That becomes a lot tougher thing," Enemaker says. "It doesn't feel like serving community members, it fills like you are stepping in to be criticized."

Each North Coast city has its own dynamics when it comes to elections. This is especially true in Trinidad, where the picturesque village faces a point of diminishing returns in fielding candidates.

Incumbent Jack West and Humboldt State University Director of Admissions Steve Ladwig are currently up for the two open seats there. Trinidad Councilmember Julie Fulkerson says many residents have already served terms in the town, which has an aging population of around 250 and sees a growing percentage of its real estate serving as vacation rentals or second homes. These can make finding people to run a challenge.

Fulkerson notes she's always keeping her eye out for possible recruits. "As soon as I meet someone new in town, especially young people, I try to engage them," she says.

Eureka, despite the nonpartisan nature of council seats, is known for its conservative versus progressive dais battles, which tend to result in pendulum swinging elections with the board majority continuously shifting from one side to the other.

Home to some of the county's most robust contests in the past, Eureka has seen several races go uncontested in recent years, including this one, as Pastor Heidi Messner is taking the 2nd Ward seat unopposed. (Eureka also has a contested race with local accountant John Fullerton and St. Joseph Hospital employee Austin Allison vying for the 4th Ward seat.)

Proponents of the city's Measure P, which seeks to have council members elected by residents of Eureka's individual wards rather than citywide, say ward-only races would bring more candidates forward.

Part of the overall issue, Enemaker notes, is the sheer number of elections and elected positions in the United States, noting that an estimated 1 in 300 people over the age of 18 hold public office in the nation. Taken down to the local level, Humboldt County has more than 30 school boards along with community services districts, the board of supervisors and seven city councils to fill.

"It requires a lot of people running for office," Enemaker says.

Like Eureka, Fortuna has seen a decline in candidates over the years.

Back in 2010, eight hopefuls ran for

Continued on next page »

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three open seats, followed by three candidates for two seats in 2012 and four candidates for three slots in 2014. This year, two candidates are running unopposed.

That lack of challengers was front and center earlier this month when the Fortuna council laid the groundwork for filling the remaining two years in the term of Linda Gardner, who died last month, with a sort of musical chairs approach.

The Fortuna council had two main choices: a special election or an appointment.

The plan set forth at the Oct. 3 meeting has current Councilmember Doug Strehl stepping down on Oct. 17 to be appointed to serve out Gardner's seat.

Strehl's remaining term — which runs through December — would then be filled by Dean Glaser, a former councilmember who joins business owner and incumbent Tami Trent as the sole candidates for two seats on Fortuna's November ballot.

Glaser, who would step into his four-year seat when Strehl's term ends, points to the city's recent financial difficulties — Fortuna began the fiscal year with a budget deficit — as one reason for the dearth of candidates, saying "no one wants to be sitting up on the dais and be the enemy."

Mayor Sue Long was blunt in her assessment of the situation, with the appointment of Gardner's successor slated to go for a council vote on Oct. 17: The time for residents interested in serving on the council to come forward passed with August's filing deadline. While the council opted to go the appointment route, the city is not taking applications.

"And, if anyone is offended by that, I apologize," Long stated at the Oct. 3 meeting, "but no one showed any interest whatsoever in being on the city council when you just had a great opportunity. So, there you have it."

But not every city is feeling the same pinch.

Arcata continues its tradition of having a varied pool for voters to choose from — although neither as big nor as eclectic as past years — with five candidates, including three incumbents, vying for three seats. In addition to Pitino, councilmembers Michael Winkler and Susan Ornelas are running along with local chef Daniel Murphy and Valerie Rose-Campbell, a playgroup facilitator for the city.

"I think Arcata is following the same trajectory as every other place, it's just a little more attractive to run in than other places," Pitino says, noting the influence of having Humboldt State University in town.

Ferndale, meanwhile, has a contested mayor's race — with consultant Don Hindley facing Steve Nunes, who is listed

as retired. Incumbent Daniel Brown and educator Patrick O'Rourke are running unopposed for two open council seats.

Over in Rio Dell, three candidates are going after two open seats. Challengers Bryan K. Richter, a contractor, and Susan Strahan, a local business owner, are vying for a position on the council against incumbent Frank Wilson, an electrician.

Back in Blue Lake, three write-in candidates had completed all the necessary steps to run as of Oct. 10, according to Sousa.

Write-in candidates in any city need to meet residency and age requirements for holding public office, fill out nomination papers and submit 20 qualified signatures to their respective city halls by the Oct. 25 deadline.

The catch is that their names — as will be the case with Blue Lake hopefuls Barbara Ricca, Deborah Ann Jacobsen and Summer Daugherty — won't appear on the ballot.

Interested but not registered? There's still time. The registration deadline for the November election is Oct. 24.

Sousa and Humboldt County Registrar of Voters Kelly Sanders both emphasized the need for voters to fill in the bubble next to the write-in candidate line on their ballots in order for a write-in selection to count.

Sanders says candidates will be given credit for a write-in even when the spelling is a bit off "if we can determine the name," as "a reasonable facsimile" of a candidate's name counts under the election code.

The sole candidate to appear on the ballot for Blue Lake will be Adelene Jones, who's hardly a newcomer to the council, having served for 10 years — 1997 to 2007 — before being appointed in 2015 to finish the term of the late Lana Manzanita, who stepped down due to health reasons.

"There are just so many good things about the town, and I just want to serve the citizens," says Jones, a retired teacher who is a volunteer docent at the Blue Lake Museum.

Fulkerson expresses similar sentiments.

Small towns without enough candidates to run could ultimately face the difficult choice of disincorporation and folding into Humboldt County, she says, adding she constantly tells residents in Trinidad the job isn't as complex as they may believe.

"Everything is just the daily problem solving that we all do," Fulkerson says. "The difference is you are doing it for your community."

'A Dire Situation'

Skilled nursing closures threaten 'every household'

By Patty Berg and Wesley Chesbro

newsroom@northcoastjournal.com

As your former legislative representatives in Sacramento, we want the community to know how appalled we are by the pending closures of three skilled nursing facilities in Humboldt County. Rockport Management, which manages the five skilled nursing facilities owned by Brius Healthcare Services in Humboldt County, is planning to simultaneously close three facilities in Eureka by March of next year. The closures would reduce the number of beds by 258, or 60 percent. But most devastating, it would have the catastrophic effect of moving hundreds of elderly, poor and vulnerable individuals out of the county to other facilities at this time unknown. And, at this point, there is no guarantee other facilities would be willing or able to receive our local residents.

This is simply intolerable. We have been working to try to put a temporary halt to something we believe would have drastic and traumatic consequences for these individuals and their families in order to identify a long-term plan of facility ownership and management that would meet the critical needs of individuals requiring skilled nursing care in Humboldt County, both now and in the future.

There have been a number of stakeholder meetings in the district, and formal requests have been made to the California Department of Public Health to reject Rockport's closure and relocation plan to give more time to develop contingency plans to ensure patient safety.

The California Office of the State Long-Term Care Ombudsman made written requests to the California Department of Public Health to petition the superior court for an order appointing a receiver to temporarily operate the facilities. That request was denied.

Partnership Health Plan, the nonprofit public healthcare organization that contracts with the state to administer Medi-Cal benefits for the residents in these facilities, offered to purchase the three facilities out of concern for their members who would be displaced and to protect the future availability of these services locally. However, Brius' owner, Shlomo Rechnitz told Partnership it would have to purchase all five facilities or none in order to avoid competition. Rechnitz's asking price was

\$32.6 million. Due to it being an all-or-nothing proposal, Partnership said no.

What we believe is required in the short-term is time — time to ensure patients stability by having the Department of Health and Human Services/Department of Public Health stop the transfers so that we can develop a unified plan agreed on by all concerned parties. Creating that critical time may require legal action, which is now being discussed.

In the long-term, we must develop a plan to transition ownership and management of Humboldt County's five skilled nursing facilities to new operators. The entire local health system must be involved with this effort, including hospitals and the medical community. If three skilled nursing facilities close, hospital beds will fill up with patients requiring extensive care and rehabilitation, patients whom hospitals would normally discharge to the facilities slated for closure. This will leave other community members needing emergency hospital care with either a long wait in the emergency room or, in the worst case, being sent out of the county for treatment at potentially catastrophic costs, both human and financial.

That is our focus now.

Clearly, though, this is a dire situation that will negatively impact the entire community and potentially every household: hundreds of healthcare workers will be jobless; state and federal dollars that flow into the county will be lost; folks, regardless of age, requiring emergency hospitalization may not be able to be admitted due to a lack of beds. All of this is because of the inexcusable, unnecessary transfer of hundreds of poor, vulnerable senior citizens out of their home, outside of Humboldt County.

Specifically, though, it is due to Mr. Shlomo Rechnitz, owner of Brius Healthcare Service, who cries of his loss of Medi-Cal income during this last year because of staffing shortages. Yet, reports say he personally takes in \$3 billion in income per year. Go figure. ●

Patty Berg represented the North Coast in the state Assembly from 2002 through 2008 and is the founding director of the Area 1 Agency on Aging. Wesley Chesbro represented the North Coast in both the state Senate and Assembly from 1998 through 2014.

A Bridge to 'Openness, Candor and Healing'

By Elizabeth Smith

newsroom@northcoastjournal.com

Coming to Eureka from Minneapolis in 1987 was eye-opening for me. My father Nathan brought my family here after accepting a teaching position at Humboldt State University. Minneapolis was very multicultural and my father was on the board for the International Center at the University of Minnesota. The center worked with the State Department to bring leaders from around the world to the campus to promote peace, understanding and encourage opportunities for fellowship. I have very early memories of people from various countries at our home on a regular basis. I don't have recollections of feeling different, unwanted or threatening. Instead, I have fond memories of people coming together and celebrating their differences.

Transitioning to a mostly white community was challenging. I stood out at school and in our neighborhood, and was called a nigger often. I learned early on that I needed to do my best to get along and fit in, and part of that was participating in as many activities as possible. As I continued to grow and evolve, so did my peers and so did the diversification of students as I graduated from one school to another.

Going to HSU, I befriended a number of students of color, all of whom were from more urban, multicultural environments. I was known for being a bridge, helping students acclimate to our community and participate in activities in which they were otherwise unfamiliar.

I'd like to believe that I continue to serve as a bridge. Eureka Police Chief Andrew Mills and I have taken numerous opportunities to discuss race relations and policing, and various ways that we can partner to facilitate conversations between people of color and law enforcement. The hope is that we prevent the polarizing, vitriolic and violent demonstrations that are taking place around the nation and promote spaces of openness, candor and healing.

We are experiencing one of the most interesting and polarizing times in our

nation's history and I find myself observing and participating from various vantage points. I appreciate all of the local discussions and activities that are taking place around equity and inclusion amid the backdrop of nationwide Black Lives Matter and Blue Lives Matter movements, acrimonious political campaign posturing, increasing acts of terrorism and now creepy clowns brandishing weapons.

Humboldt County has always been an environment known for its beauty, quirkiness and diversity of opinions. Communities living on the margins are partnering with institutions like the Humboldt Area Foundation and HSU to engage in open, facilitated dialogues around equity and inclusion. The Equity Alliance of the North Coast was created this year to encourage communitywide understanding of how to involve groups of people who have been excluded from opportunities due to their race, ethnicity, religion, gender, sexual orientation, disability, and/or social or economic status. As described on the alliance's website, "For several years, researchers, the Humboldt Area Foundation and other partners have watched the growth in diversity of our schools, public spaces, and institutions of higher education, and have heard concerns and requests for assistance from individuals, governments, nonprofits and businesses to help these sectors adjust their understanding, attitudes, policies and practices to welcome and better support these growing populations."

The Equity Alliance has set the lofty goals of hosting events aimed to inform the public about the latest research and conceptual thinking on issues of inclusion and race: a coaching series for institutions and collaboratives and a series of trainings and workshops to allow local trainers to gain new skills to continue structured opportunities. The Black and Blue Dialogue that took place at Humboldt State University on Oct. 6 provided a good opportunity for students to interface with law enforcement and faculty of color, to discuss how our past experiences and environments color how we view our-

selves and the people and systems with which we interact. At the core of the conversations was fear: students of color expressing fear of law enforcement and law enforcement officials expressing their fears around how people of color will approach and/or avoid them because of the police violence that has been taking place across the nation.

So how do we create a community in which everyone can feel accepted, included and engaged? We take opportunities to interact with people who look differently than ourselves. We acknowledge and accept that we are all biased individuals and we do our best to live our highest good. We create and/or promote systems that are fair, just and inclusive of all. We communicate openly and honestly about our experiences, our needs and our desires.

Liz Smith loves living in Humboldt County and believes community engagement is necessary for a healthy and vibrant environment. She is the executive director of the Boys & Girls Club of the Redwoods, first vice president for the Eureka Chapter of the NAACP and member of the Arcata Rotary Board, the League of Women Voters of Humboldt County Board, Human Rights Commission, Eureka Police Chief's Advisory Board and College of the Redwoods' President's Equity Advisory Committee. She's also an elder at the First Presbyterian Church of Eureka and lives in the city.

To read a Views piece by Eureka Police Chief Andrew Mills on his efforts with Smith to improve race relations locally, visit www.northcoastjournal.com.

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"HPRC remains the best dispensary I have been to. I do not live close to HPRC so I have tried several places and still none compare to HPRC. The care and concern I receive every time I go. The knowledge that every person who works there has is incredible. I love the wide variety of products and you cannot beat the quality."

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The Cannabis TEA Party

By Thadeus Greenson

thad@northcoastjournal.com

Some local marijuana farmers are feeling as though they're getting it from all sides.

New state and county laws have them jumping through a host of regulatory hoops, filling out paperwork and deeply engaged in the very bureaucracies many had headed to the hills to avoid. And now two tax men cometh at once, with their greedy little eyes and pinstripe suits.

In addition to the highly publicized state Proposition 64 — which would legalize recreational marijuana use, impose a 15 percent tax on retail sales and a \$9.25 per ounce tax on cultivation — locals will be pondering Measure S when they hit the polls on Nov. 8. Measure S would impose a countywide tax on commercial marijuana cultivation, assessing the levy at a rate of \$1 per square foot for outdoor grows, \$2 for mixed light operations and \$3 for indoor. The proposed tax is ultimately projected to bring in more than \$7 million annually, if approved by voters.

If the Measure S rates sound steep, they could have been far heftier, as staff had initially proposed levies as high as \$6 per square foot before the Board of Supervisors walked them back. Some in the growing community have come out in support for the measure, but to others, the prospect of paying \$43,560 in county taxes on an acre-sized grow is too much.

"Measure S is not friendly to businesses or jobs here in the county," Dani Burkhart, owner of the consulting firm Emerald Heritage Farms, said at a recent forum hosted by the Greater Eureka Chamber of Commerce. Burkhart said rising permit costs, "fines imposed by state agencies" and costly engineering work for remediation projects are all squeezing small farmers' bottom line. Measure S, she said, "could be crippling."

But others argue the tax would finally force cannabis farmers to start putting some money into the county budget, which has struggled for years to fund

the environmental cleanups and law enforcement demanded by bad actors in the cannabis industry. The millions of dollars in revenue generated by Measure S, they argue, could help pay for road work, environmental restoration, drug abuse treatment, services for victims of child abuse, rural ambulance services and so much more.

"My argument is really simple," said Mary Ann Hansen, the executive director of First Five Humboldt, who was speaking as a concerned citizen at the recent chamber forum. "Humboldt County does not have enough money in its coffers to meet the needs of this county. We have some very large needs."

Hansen pointed out that Humboldt County has lost hundreds of millions of dollars in funding redirected by the state in recent years. This would be a stable revenue source, untouchable by the state, she said.

But it's a drop in the bucket, Burkhart said, pointing to the county's large structural budget deficit and its more than \$200 million in unfunded pension liabilities. Plus, the revenue will go directly into the county general fund to be spent on whatever the Board of Supervisors decides, so there's no guarantee it will fix those pesky potholes, be spent kids in need or help cleanup the environmental devastation left by the Green Rush. And that \$7 million figure is way off, Burkhart cautioned, arguing it's extremely unlikely the county will hit its projection of having 400 permitted growers next year.

So there you have it. One side is clamoring for funds to expand government programs as the other's decrying the measure as an unfair job killer. One side says the revenue is desperately needed as the other screams that it will be misspent. Come to think of it, maybe cannabis isn't really that different from other businesses after all.



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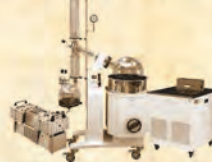


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Black and Blue at HSU

Against the national backdrop of a recent spate of high profile shootings of unarmed black people by law enforcement, students, police and community members gathered on the Humboldt State University campus on Oct. 6 for a far-reaching conversation on race and policing.

A 13-person panel that included both Eureka and Arcata's police chiefs, members of the African American Center for Academic Excellence and campus faculty answered questions from audience members throughout the two-hour forum titled "Black and Blue Dialogue."

The audience filled the room to capacity, with speakers voicing concerns about police brutality and sharing first-hand accounts of racial bias. Among those was Gloria Brown, a child development major who spoke about the fears she faces just being around police.

"I'm very cautious when I'm driving next to a police officer," Brown said. "I just seem to get instantly nervous, even if I'm at church. I just don't feel comfortable if I see that badge."

Amy Salinas-Westmoreland, director for the HSU Multicultural Center, said a fear of police has become a basic instinct.

"It's like something is constantly chasing you and, as an African-American, I fear for my students and staff of color on a daily basis," Salinas-Westmoreland said. "It's really concerning to see students afraid for their own well-being."

Questions directed at law enforcement ranged from how they deal with racial sensitivity to training protocols. University Police Department Chief Donn Peterson said the department has recently put an emphasis on de-escalation tactics and the topic is something he is constantly looking at.

"Thirty years ago, it was something that we never got training on but things have changed," Peterson said. "We do an OK job of it but we know we can do a whole lot better."

Eureka Police Chief Andrew Mills said police have to do a better job of being culturally sensitive, noting that there's a systemic problem that sees a disproportionate number of people of color entering the criminal justice system. "It's embarrassingly stark, but we can't continue like this," he said.

The biggest applause came in response to Salinas-Westmoreland, who called out the HSU administration for its lack of presence at the forum. She also referenced University President Lisa Rossbacher's email to students that week that stated "racism is not a norm on our campus," which drew laughs from students in the audience. The MCC director said the email was a slap in the face to students of color.

"How many people from administration are here?" she asked. "And how are they not being here helping these students? I'm fed up, quite honestly."

— Javier Rojas
POSTED 10.07.16 READ THE FULL STORY ONLINE.

Dead Zone Selfie



Selena Lopez checks her phone at the third annual Zombie Walk through Old Town Eureka on Saturday, Oct. 1. Photo by Mark McKenna POSTED 10.07.16

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Good News for Crab: Testimony at a recent Joint Committee on Fisheries and Aquaculture forum indicates things are looking up for a good crab season on the North Coast. Scientists at the forum indicated the domoic acid blooms that ruined last year's season are unlikely to recur this year, though they cautioned it will ultimately depend on winter storm conditions. POSTED 10.04.16

Pedestrian Killed in McKinleyville: The California Highway Patrol continues to investigate a single car crash that killed 61-year-old Rocklin Luke Gulley, of McKinleyville. Gulley was reportedly walking at about 5:10 a.m. on Oct. 8 along Airport Road when he stepped into traffic and was struck by an oncoming vehicle. Neither alcohol nor drugs is suspected to have been a factor. POSTED 10.08.16

Murder-Suicide in Fortuna: The Fortuna Police Department believes 50-year-old Steve Sisson, of Hydesville, shot and killed his 81-year-old father, Jerry Sisson, in a garage on Emerald Lane in Fortuna on Oct. 8 before turning the gun on himself. No motive has been publicly identified in the case, which remains under investigation. POSTED 10.09.16

Digitally Speaking

25 The number of homicides Humboldt County is on pace to record after Jordan Dennis Antonson, 23, was stabbed to death in Weott on Oct. 7, becoming the county's 19th homicide victim of the year. In 2014, the county set a 30-year-high with 16 homicides. POSTED 10.10.16

They Said It

"They have until 2018 to fill the slot and I didn't get the sense there's much urgency."

— Humboldt County Public Defender Kevin Robinson, who is retiring Jan. 20, on the governor's pending appointment of a new Humboldt County Superior Court judge. Robinson applied for the post, but says his retirement will likely come well before an appointment is made. POSTED 10.11.16

Comment of the Week

"I thought this had something to do with public transportation. It does not."

— Meadow M. Bell commenting on the Journal's Facebook page about last week's editorial, "Who's Driving the Bus, Eureka?," about the city's recent decision to challenge an appellate court ruling stating that police videos of arrests can't be considered confidential personnel records. POSTED 10.09.16

The Case of the Missing \$5 Million

Who is profiting off the skilled nursing monopoly, and why it feels 'like we're being extorted'

By Linda Stansberry

linda@northcoastjournal.com



Joan Poe, a resident at Eureka Rehabilitation and Wellness Center, with her daughter, Jolon Wilson. Photo by Mark McKenna

David Brodsky wanted to know why his mother wasn't eating. "Mom kept telling me, 'I'm hungry,'" Brodsky says. It wasn't easy to take care of his mother, Marie White, from halfway across the country. Brodsky has a business to run in Texas, renting trailers to oil rig workers. White, 85, was in pretty good health despite being legally blind. But after she went into care at the Eureka Rehabilitation and Wellness Center in April, she seemed to decline. Brodsky talked to her weekly and called the administration to find out why she kept complaining of hunger. He says the staff assured him she was fine.

Then came the fall. White woke up one August night to use the bathroom. She walked past the nurse's station, using the railing as a guide as she had before. But someone had placed a plastic bar across the bathroom doorway with a sign hanging from it, warning that the floor was wet. With no one to stop her, White leaned her weight on the bar, mistaking it for the hall's railing. She fell to the floor and broke her arm. When she was admitted to St. Joseph Hospital she weighed 88 pounds. The facility put her on hospice care. Brodsky flew in from Texas to figure out why, exactly, his mother went from

relatively healthy to dying within the space of four months. What he found out was this: There weren't enough nurses on duty to help keep his mother from falling, nor enough staff to make sure she ate. The window by her bed had no blinds. The floor by her bed had garbage on it. And the facility itself was closing in 30 days. Or two months. Or longer. Residents at the facility would have to go to Fortuna. Or Redding. Or Santa Rosa. No one seemed to have a straight answer. Brodsky says an aide told him, privately, "Get your mother out of here or she's going to die."

Brodsky had prepared himself for a tragedy. Instead, he found a mystery.

Sometime early next year

Humboldt County is slated to lose more than half its skilled nursing beds. Three skilled nursing facilities — Eureka, Pacific and Seaview Rehabilitation and Wellness centers — have had closure plans approved by the state. The company operating those facilities, Rockport Healthcare Group, says it can no longer afford to appropriately staff its facilities in Humboldt County. There are currently 457 skilled nursing beds in the county, and all but eight of them are in facilities run by

Rockport and owned by Brius Healthcare, which holds a virtual monopoly on skilled nursing on the North Coast. The pending closures will mean the loss of 258 total beds, resulting in the mass exodus of current and future patients from Humboldt County, who will have to seek care away from their families and support networks, to die in places where they have never lived. For many, this outcome is unthinkable. According to the *Journal's* research, it is also entirely preventable. But the question of who is responsible for preventing it has become a contentious one, pitting private business owners against state lawmakers and a nonprofit HMO against corporate healthcare, while the lives of men and women like Marie White hang in the balance.

"If this really happens, it's going to be catastrophic for this community," says Suzi Fregeau, program director for the Long-Term Care Ombudsman Program at the Area 1 Agency on Aging. "It means that residents are going to be placed in facilities a minimum of 150 miles away. The reality is rehabilitation involves support from family." The Office of the California Long-Term Care Ombudsman, the National Union of Healthcare Workers, state Sen. Mike McGuire and Assemblymember Jim Wood all

sided against closing the facilities after the plan was announced in July. The California Department of Public Health rejected the initial closure plans but then approved a revised plan in September.

Fregeau calls the myriad factors contributing to the current threat of closure a "rabbit warren" of dysfunction. Rockport has said that over the last 18 months its lost \$5 million, mostly due to recruiting and housing workers from out of the area because it couldn't find sufficient skilled staff in Humboldt County. Why? In meetings with patients and families, politicians and health officials, Rockport CEO Vincent Hambright blamed the black market marijuana industry.

There is a well-documented shortage of medical professionals in Humboldt County, in part because Humboldt State University shuttered its nursing program in 2011. Jerold Phelps Community Hospital in Southern Humboldt also reports difficulty attracting sufficient staff for its much smaller, eight-bed skilled nursing facility. According to a statement from McGuire's office, CEOs from local healthcare organizations such as St. Joseph Hospital and Open Door Community Health have

Continued on next page »

been gathering for strategy sessions to discuss solutions to the crisis for the past two years. Consistently invited, Rockport management never attended.

After several months of negotiations, closed door and public meetings, condemnatory press releases from politicians, frantic letters from advocates, angry letters from family members and widespread uncertainty over what would happen, the company shifted blame to Partnership Healthcare Plan, the MediCal distributor for Humboldt County. In the last week of September, Brius purchased a series of full-page ad spreads in the *Times-Standard* to say, despite the fact that its closure plans had already been approved, it was “only considering closure as a last resort.” The “open letter to the community members of Humboldt County” detailed steps the company had taken to recruit staff members, including providing tuition-free certified nursing assistant classes in Eureka and working with local unemployment offices. Most of the graduates, the company claims, went to work for “the hospital, temporary staffing companies or the marijuana industry.” The “ultimate solution,” Brius suggested, was for Partnership to provide a “temporary rate increase to address these increased staffing costs.” The letter encouraged people to contact Partnership, “as the closure of these facilities is a sight that nobody wants to see.”

McGuire calls the media campaign, which has cost the company around \$5,000 by *Journal* calculations, “disingenuous.”

“Over the last three years, Brius has been making a significant profit on the patients who call their facilities home,” says McGuire. “The state has been a committed partner over the last few years, increasing daily rates over the statewide average. Partnership has been an active and engaged partner to assist Brius in keeping their doors open. Now that they’ve made an announcement, it feels like we’re being extorted.”

Using the fate of its patients to levy for a higher reimbursement rate is a familiar tactic for Rockport/Brius. In 2015, it stopped accepting patients into its facilities for a period of around four months, essentially stranding those with the need for skilled nursing in local hospital beds

Now that they’ve made an announcement, it feels like we’re being extorted.
— Sen. Mike McGuire

or inadequate residential care, or forcing them to relocate to Redding. State records for 2015 show that total admissions for the five facilities owned by Brius were almost halved in that year. In the meantime, the company was in financial negotiations with Partnership. The HMO eventually caved and agreed to increase rates for Brius and its other providers across the Northern California region. Current rates paid by Partnership to Brius in Humboldt County are actually 2 to 10 percent higher than the state mandates, according to research from Wood’s office.

Depending on whom you choose to believe, Brius shifting the responsibility for the closures onto Partnership is either an elision that takes advantage of the public’s poor understanding of health-care policy or simply a barrage of lies intended to deflect criticism as it makes a cruel and unpopular decision.

According to data reported to the state for the 2014-2015 fiscal year, only 1.4 percent of Brius’ full-time-equivalent positions at the company’s five Humboldt facilities were filled with temporary

Reimbursement Rates

Partnership is paying more than the state formula mandates, by how much varies by facility. The state column reflects the current amount Partnership receives per bed, per day from the state, the “PHC” column reflects how much Partnership pays Rockport per bed, per day. The increase column is how much Partnership is paying above the state reimbursement rate. The increase that Rockport received year over year is in the far right column. *Source: Office of Assemblymember Jim Wood*

FACILITY	2013-14	2014-15			2015-16			14/15–15-16 increase
	STATE	STATE	PHC	% INC	STATE	PHC	% INC	
Granada Rehabilitation & Healthcare Center	\$171.16	\$162.79	\$174.58	7.2%	\$179.44	\$198.47	10.6%	13.6%
Pacific Rehabilitation & Healthcare Center	\$191.05	\$179.60	\$194.87	8.5%	\$199.82	\$203.82	2.0%	4.5%
Seaview Rehabilitation & Healthcare Center	\$195.70	\$171.93	\$199.61	16.1%	\$190.79	\$199.61	4.6%	0%
Eureka Rehabilitation & Healthcare Center	\$177.72	\$169.39	\$181.27	7.0%	\$191.90	\$195.74	2.0%	7.9%
Fortuna Rehabilitation & Healthcare Center	\$176.33	\$175.61	\$179.86	2.4%	\$181.82	\$185.46	2.0%	3.1%

employees. (Figures emailed to the *Journal* from Brius say this number has jumped to 12.2 percent in 2016, but the company did not specify why.) And, according to these same reports, the company has been fiscally sound for most of the past five years, netting more than \$5.4 million in profit from the five facilities in the five-year period from 2011 through 2015. It is unclear what changed in the last year to make the facilities unprofitable and dramatically in-

crease the amount of money necessary to bring in outside staff. McGuire says his office has asked for a “bottom line” number on what it would take to keep the facilities open, but Brius has not been forthcoming. In its advertisements, Brius states that it has “offered these facilities for free to anybody who wanted them.” This is not consistent with information provided by former state Senator and Assemblymember Wesley Chesbro and former state



David Brodsky with his mother, Marie White.
Photo by Linda Stansberry

Assemblymember Patty Berg. According to Chesbro and Berg, Partnership offered to purchase the three facilities slated for closure, but was told it would have to purchase all five because Brius didn't want to be in competition with the nonprofit. The asking price? \$32.6 million. Partnership declined.

Typically, MediCal rates are not intended to support a profit-motivated model, which Brius certainly is, having brought in \$77 million in profits from its California facilities in 2014, according to a report filed with the California Attorney General's Office. Robert Layne, director of government and public affairs for Partnership, says the situation on the North Coast is unique.

In a different service area, were there a disagreement about rates, Partnership might take the drastic step of moving a patient across the city. In Humboldt County, Brius owns the whole show. Rather than moving a patient hundreds of miles, the company is forced to negotiate.

"The majority [of facilities] are happy with our rates," says Layne. "This is something that is specific to this area because they have all five facilities. Our amount goes above and beyond what their actual costs are. We've never had to deal with someone who thinks that what we're doing — above and beyond — is not enough."

Layne adds that Brius was not actually billing claims at the maximum allowable limit. Partnership stepped in to help with claims maximization, but says the \$5 million loss alleged by the company didn't move. That number, he says, has been a source of contention from some quarters.

"We have been unable to see where that number is coming from," he says.

Although negotiations are ongoing, Partnership is encouraging the company to "look internally" at its costs.

As Brodsky sat by his mother's bed, helped her eat and tried to run his business via telephone, he also began researching Brius. His investigation kept leading him back to one name: Shlomo Rechnitz, the company's owner. The Los Angeles-based billionaire owns 80 skilled nursing facilities across California. Rechnitz purchased the five Humboldt County facilities in 2011, in the wake of a class-action lawsuit against the previous owner, Skilled Healthcare, over the company's failure to meet state mandated staffing levels. The lawsuit settlement included provisions for

tougher audits of the facilities and a \$677 million payout for damages; because of the sale, Brius was not required to comply with the audits.

Financial reports for the 2015-2016 fiscal year are not yet available from the Office of Statewide Health Planning and Development, but previous reports do reveal what might be cutting into Rockport's bottom line or, more accurately, who.

The disclosures include a section dubbed "related party transactions," which describes financial interactions between parent

companies and subsidiaries. Think of it as a kind of conflict of interest statement. In 2015, Eureka Rehabilitation and Wellness Center paid \$42,000 to Boardwalk Financial Services, LLC for "administrative services." The company employs Rechnitz as a consultant. It also paid \$864,894 to lease the property. Who owns the property? Rechnitz. Eureka Rehabilitation and Wellness Center also paid \$110,204 for medical supplies to TwinMed Medical Supplies and Services, owned by Shlomo Rechnitz and his twin brother, Steve. And it paid \$47,663 to SR Capital, LLC, which lists Rechnitz as its managing member. Altogether, in the 2014-2015 fiscal year, as Rockport/Brius was playing a financial game of chicken with Partnership Healthcare and refusing to take in vulnerable seniors and people with disabilities, it managed to shunt more than \$4.6 million back into companies owned by Shlomo Rechnitz.

While, on paper, the company may have lost money, Rechnitz still managed to profit. The amount he took in for lease payments alone in 2015 on the five properties — more than \$3.5 million — was easily enough to cancel out Brius' "unsustainable" combined loss of almost \$1.5 million from the company's Humboldt County holdings that year.

In 2015, Partnership offered an additional 2 percent raise if Brius' facilities could reach certain quality of care benchmarks. The benchmarks weren't high: Partnership needed Brius to document the number of residents with pressure sores, the number of falls in its facilities and the number of patients admitted to the hospital, among other standard measures of elder care. These numbers were due in January of 2016. Brius missed this deadline, effectively leaving that money on the table. But Partnership offered an extension. Layne says it now looks as though the numbers will finally come in and that some facilities

"This is something that is specific to this area because they have all five facilities."

— Robert Layne

Continued on next page »

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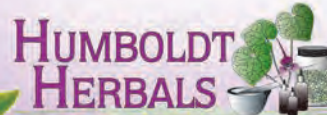
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On the Cover

Continued from previous page

may receive a slight boost for quality of care. Partnership could not disclose what the facility reports included but much of this information is available in the form of inspection reports on the California Department of Public Health's website. That, combined with interviews with former staff members, paints a grim picture of patient care.

"I have worked in a lot of agencies and I have no idea how they passed their inspections," says Carlos Pacheco, a traveling nurse who worked at Seaview, on Humboldt Hill, in 2015. He says the facility was the worst he'd seen in the state.

Pacheco pointed to the state-mandated ratio of 3.2 staff hours per patient, per day. "Basically to maintain that, you would have to have four or five [Certified Nursing Assistants] per shift," he says. "We sometimes only ran two or three."

Pacheco claims that when word went around that state inspectors would be visiting, Seaview administrators would artificially inflate the number of line-level workers onsite by bringing staff and administrators with certified nursing assistant certifications, people like the activities director, onto the floor to help care for patients until the inspectors left.

Another former employee,

Erica Johnston, confirms Pacheco's allegations.

"They would only come out and help answer call lights when state was in the building," she says. "I understand that they have other things they have to do in the office, but it seems like they never made an effort."

Johnston, who worked at Seaview for two years before quitting last December, says that she would often be alone on the night shift with 52 patients to care for.

"My duties were to get them up and get them ready for the day, and to change them every two hours," she says. "Having 52 residents, I wasn't able to do that. It would take me longer to get to them."

Johnston says the understaffing, combined with poor management, created a self-perpetuating cycle in which a disproportionate amount of work would be heaped on a few staff members, who would get frustrated and quit. Working alone, she would be unable to safely lift



A rotting roof at Seaview Rehabilitation and Wellness Center. Submitted

patients if they fell or coax combative Alzheimer's sufferers back to bed. Falls were common. Residents were often left in soiled diapers, or lying on soiled linens. Many staff simply did not show up for work or would call in, she claims, knowing that they wouldn't be fired due to the staffing crunch.

In 2015, regulators found the troubled facility to be out of compliance with state law or licensing regulations 60 times. To put the 60 deficiencies in perspective, this is higher than the previous three years combined. Among the complaints investigated and substantiated by the state were allegations that residents were not treated with respect, issues with safety and fall risks, and insufficient infection control. It was fined \$2,000 for failing to self-report a January incident in which a staff member inappropriately touched patient's breasts while helping her shower. In August, the CDPH fined the facility \$40,000 related to an incident in which a patient did not receive a physician's care for three days despite having a severe pressure sore, a high fever and a MRSA infection.

Pacheco says starvation, like that experienced by Marie White, was also an issue at Seaview, where food often went cold in front of patients as staff scrambled to keep atop the workload. Even more alarming, he says, pills were often left out in cups next to sleeping patients without staff making sure they were swallowed, which he calls a "nightmare" of pill-seeking and choking risks.

In a meeting with families and patients at Eureka Rehabilitation, Rockport CEO

Vincent Hambricht denied that the facilities were understaffed, despite protests from patients, including one man in a wheelchair who said the bandages of his amputated leg had not been changed for two days because there was no nurse who could administer wound care.

Jolon Wilson, whose mother Joan Poe has been in the facility for two months to receive physical therapy following a fall, described an aide almost collapsing while trying to help her mother change clothes, and another who worked four shifts with only five hours of sleep. To make sure her mother eats and can use the bathroom, Wilson visits daily to sit by her bed. She plans to take her back to her home in Rio Dell when she is well enough.

"The staff is amazing," Wilson says, tears rising in her eyes. "I can see how much they care. When the woman in the bed next to my mother passed away, they came in and stood around her bed to say a prayer. There's just not enough of them."

One former employee at Eureka Rehabilitation and Wellness Center spoke to us under the condition of anonymity. She confirmed what Brodsky and Wilson witnessed, her words echoing those of Pacheco.

"It is a nightmare," she says, adding that the dementia unit has one main floor with little room for patients to move around. "They bump into each other. They're covered in feces. There's a lot of falls. It's not staffed properly at night time."

Like Pacheco, the former staffer alleged that administrators would compensate for low staffing levels by pulling certified staff



Suzi Fregeau, program director for the Long-Term Care Ombudsman Program at the Area 1 Agency on Aging. Photo by Jennifer Fumiko Cahill

who didn't actually provide services onto the floor.

"Oftentimes they're understaffed, so they call in managers to just stand around," she says. "That's how they get their hours. They count people's hours that don't actually do patient care."

Moreover, the former staff member alleged that her supervisors would coach her on how to write incident reports to evade the attention of state regulators. This was the case with one patient who somehow escaped the dementia unit one night, and was found several hours later ordering dinner down the street at Starz Hamburgers, she says. Another man, she alleges, fell and was left on the floor for two hours with a broken hip as staff fought with administrators over whether to call an ambulance. (Both fall numbers and hospital admissions are among the patient quality of care indicators tied to reimbursement.) The man's son finally arrived and called 911; the patient died shortly afterward.

Brodsky, the Texas businessman, took heed of what the aide told him when he first came to see his mother — he got her out. Marie White is now in Fort Bragg. He says the transition was rough. Transfer trauma, experienced by elderly people when they move long distances to new environments, is a subject of great concern to advocates. Brodsky has now returned to Texas. He still worries about his mom, but not as much as he did when she was in Eureka.

"I wasn't leaving her there," he told the *Journal* over the phone.

But not every patient has doting children like Wilson or Brodsky. At least 20 patients in these facilities are under public guardianship, with no family to advocate for them. They are patients like Antonio Valladares who, in November of 2014, was moved from another Rechnitz holding, Fresno's Wish-I-Ah skilled nursing facility, after the state shut it down due to numerous health code violations.

Valladares wasn't entirely sure why he and another 24 patients were moved, or why he ended up so far from the last place he called home. He missed the employees in Fresno, who spoke Spanish. Many of his belongings, including the notebook with its precious list of phone numbers, were misplaced or stolen. His only family in the United States, a niece in Los Angeles, had no way to contact him. The workers at Seaview attributed his limited ability to communicate to residual damage from a stroke eight years earlier. He was not offered translation services. It would be almost a year before someone spoke to him in his primary language again, when a writer for the *Journal* happened to stop and ask his name.

Between April of 2014 and January of 2016, a makeshift group of advocates, volunteers and staff members attempted to help Valladares return to Fresno. It was an uphill battle. John Heckel, a former volunteer ombudsman for the facility, brought his wife to help translate. Valladares alleged that a staff member had hit him in the shower because he couldn't understand her instructions and was moving slowly. His report was unsubstantiated. After finally getting back in contact with his family in Mexico, thanks to the work of advocates, he learned his son had been murdered. His physical and emotional health declined. Heckel and others tried to find a priest who could visit and counsel him. After a while, however, the people trying to help Valladares fell away.

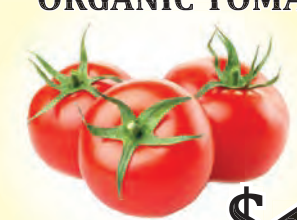
"We were at it for about a year before it seems like everybody gave up, including myself," says Heckel. "We got tired of going and asking social services director to help him and nothing happening. I think it got held up because of bureaucracy. How hard they were trying, I don't know. I don't think we ever got to the bottom of it."

As Valladares' health waned, the CEO of Brius Healthcare was enduring a strange sort of media circus. A series of scathing investigative reports by *Sacramento Bee* reporter Marjie Lundstrom revealed that, in 2014, 23 nursing homes owned by Shlomo Rechnitz were dinged with serious deficiencies by the federal government

Continued on next page »

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Joan Poe's windowsill at Eureka Rehabilitation and Wellness Center.

Photo by Mark McKenna

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at nearly triple the state average. The federal government decertified three of Rehnitz's facilities that year, including Wish-I-Ah, the place in Fresno from which Valladares was transferred. To put that in perspective, the federal government has only decertified six facilities in all of California since 2010. Rehnitz's empire has become the poster child for the failings of the corporate healthcare system, and the subject of numerous articles illustrating how inadequate state oversight has failed to ensure that public money is being reinvested in patient care.

But this sorry track record is not what put Rehnitz back in the news. Instead, he became the victim of a minor practical joke when he bought 18,000 Powerball tickets for his nursing staff across the state. One nurse's son lied and said his mother had won the \$1.6 billion jackpot, making headlines. Rehnitz's name briefly surged on social media as people celebrated his generosity, and then ebbed as the hoax was revealed. In an interview with ESPN, Rehnitz said it was disappointing to find out he and the staff member had been duped.

"A billion five, that would take away at least half a year's income for me," he told the interviewer on Jan. 15.

At the end of his life, there was no one left to stand up for Valladares but Pacheco, who says he witnessed him

crying out in pain due to renal failure and rampant infection. The dying man asked for pain medication, for a doctor. Pacheco says that treatment was refused.

"I fought for him to go to the hospital," says Pacheco. "I had to go all the way to the top, including calling the director of the agency. Finally, I called 911 myself."

"They threatened me, but letting him suffer also meant risking my license," he says.

When Valladares returned from the hospital he rallied briefly, but soon declined. He began retaining fluid. Pacheco says that he was in severe pain, and soon became totally unresponsive. It is impossible to say how much of his suffering was due to the wear and tear of a difficult life, and how much was exacerbated by his treatment at Seaview. Because Valladares was a ward of the state, details of his final hours and the final location of his remains are

not open to disclosure. But Pacheco says Valladares cried out for water and for a pill that would take away his pain. The water came, but the medicine did not. There was no physician on duty to offer the drops of morphine that would ease his passage. No one called a priest to administer the final rites as Valladares, a Catholic, requested. He died alone on Jan. 15, 2016, the same day Shlomo Rehnitz was discussing his roughly \$3 billion annual income on the radio. ●

"A billion five,
that would take
away at least
half a year's
income for me."

— Shlomo Rehnitz

Table Talk



Chef Nick Stellino in the kitchen with Dan McHugh, executive chef of the Ingomar Club.
Photo by Mark McKenna

The Americano

Nick Stellino returns to Eureka

By Nora Mounce

tabletalk@northcoastjournal.com

As a boy in Sicily, Nick Stellino's friends called him "Nick Americano," never Nicolo. He dreamed of visiting America and jumped at the chance to study abroad in 1975. Looking at a map of California, he saw Eureka was a mere finger away from Los Angeles and thought, perfect. "The first place I arrived in America was Eureka, which completely shaped my character as a person," says Stellino, who waxes poetic about the city's integrity and the strength of its citizens. For teenage Stellino, the historic downtown, humbling redwoods, ice cream shops and Friday football games were like an exotic land where his dreams came true.

Today, thousands of fans and viewers watch Chef Nick Stellino cook on public broadcasting stations across America. Through shows like "Cooking with Friends" and "Cucina Amore," Stellino has been a storyteller and a teacher for the past 20 years. Last week, Stellino and his wife, Nanci, returned to Eureka for a walk down memory lane and to cook up a KEET benefit dinner on Oct. 3 with the Ingomar Club's kitchen staff in the same Carson Mansion he once rode past on his bike.

Of course, back then Nick Americano was far more interested in American football than cooking. By the time Stellino

returned to Sicily, he'd gained 45 pounds eating hot dogs with extra onions and cheese from the local Coney Island stand. He says simple, healthy Italian meals from his mother's hand-written recipes quickly put his weight back on track and reconnected him to home. Years later, Stellino found himself with a successful career trading stocks in New York City. But following the loss of his favorite uncle, Stellino came home from his office one day and told his wife, "I quit." The very next day, Stellino hit the pavement and found himself a dishwashing job at an upscale French restaurant. For the privilege of earning his stripes in the kitchen, Stellino says he paid the French chef \$5 a day. He worked his way up from dishwasher to manning the kitchen at some of New York's best restaurants. After years as a successful chef, serendipity landed him an interview with an advertising agency. In a matter of days, he was the new face of Ragu, with a foot in the door to a television career.

Stellino's style cannot be pigeonholed to any one cuisine, though he is undeniably influenced by his Sicilian roots. "Like anyone," he says, "I get caught up in something that interests me and strive to understand it, make it perfect." The depth

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Table Talk

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of his culinary repertoire is easy to understand if you've followed Stellino's work over the years. As one of few chefs in the country who operates his own production company, Stellino Productions, he has earned himself the freedom to follow his interests on his shows, in e-cookbooks and one-minute online recipe videos. His newest endeavor, "Storytelling in the Kitchen," comes to PBS stations next year and will explore the timeworn rituals that bring people back into their kitchens. Stellino is also profit-sharing with KEET TV on a discounted membership to his website through www.keet.org (\$9.98), which buys a year's access to all of his recipes and exclusive how-to videos.

To warm up your kitchen skills, try your hand at this rustic, yet elegant dish that honors the simplicity of Italian food and the seafood of the North Coast. For a foolproof experience, visit www.nick-stellino.com to watch a video of the chef himself preparing the dish. Buon appetito.

Shrimp with Garbanzos, Arugula, Sundried Tomatoes and Chardonnay Sauce

Serves four.

For the chardonnay sauce:

2 tablespoons extra light olive oil
2 slices bacon, diced
6 garlic cloves, cut in half
½ cup diced onion
½ cup diced carrot
½ cup diced celery
1 bay leaf
½ teaspoon red pepper flakes
2 cups chardonnay
2 cups chicken broth
2 tablespoons softened butter mixed with
2 tablespoons flour
Salt to taste

For the garbanzos:

2 tablespoons butter
4 garlic cloves, thickly cut
¼ teaspoon red pepper flakes
4 tablespoons onion, finely diced
½ cup canned garbanzo beans, drained
4 tablespoons sundried tomatoes packed in olive oil, drained and chopped
1 cup loosely packed fresh arugula salad
Salt and pepper to taste

For the shrimp:

¾ teaspoon salt
½ teaspoon pepper
½ teaspoon garlic powder
½ teaspoon onion powder
½ teaspoon paprika

3 tablespoons extra light olive oil
1½ pounds large shrimp, shelled and deveined

Make the chardonnay sauce first. In a saucepan, combine the extra light olive oil and diced bacon. Cook over medium heat, stirring well, until the bacon is nicely browned, about 3 to 4 minutes. Using a slotted spoon, transfer the bacon to a dish lined with a paper towel and set aside.

To the same saucepan, add the garlic, onion, carrot, celery, bay leaf and red pepper flakes. Cook over medium-low heat, stirring well, for 4 to 5 minutes. Increase the heat to high and add the chardonnay; bring to a boil and reduce by half, about 4 to 5 minutes. Add the chicken broth, then bring to a boil and cook, stirring well, for 5 more minutes. Reduce the heat to medium-low and cook for 30 minutes.

Strain the sauce into a bowl and discard all of the ingredients left in the strainer. Pour the strained sauce back into the saucepan and bring to a boil over medium-high heat. Add 1 teaspoon of the butter-flour mixture and stir well with a wire whisk; wait 1 minute and repeat. Stop this process when the sauce is finally thickened to your liking. Usually a tablespoon of the butter-flour mixture is more than enough, but just in case you want it, you've got more on hand. Salt to taste. Keep the sauce warm until you're ready to serve it.

Next, prepare the garbanzos, arugula and sundried tomatoes. Add the butter to a sauté pan together with the garlic, red pepper flakes and onion. Cook over medium-low heat, stirring well, for 3 to 4 minutes, until the garlic starts to brown and the onion is translucent.

Add the garbanzo beans and the sundried tomatoes, and cook, stirring well, for 3 more minutes. Then add the arugula salad; stir well and cook for 1 more minute. Adjust salt and pepper to taste. Set aside and keep warm.

Lastly, prepare the shrimp. Mix together the ¾ teaspoon salt and ½ teaspoon pepper, the garlic powder, onion powder and paprika. Sprinkle the mixture evenly over the shrimp.

Add the olive oil to a large nonstick sauté pan and cook over high heat until it starts rippling, about 2 minutes. Add the shrimp and cook, stirring well, for 2 to 3 minutes, until the shrimp is cooked through.

Using a slotted spoon, place the shrimp on a plate lined with a paper towel to absorb the excess oil. Divide the cooked shrimp into 4 portions and place on top of the vegetable mixture in the middle of each serving dish. Pour the chardonnay sauce on the side, and serve. ●

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Table Talk

Continued from previous page

of his culinary repertoire is easy to understand if you've followed Stellino's work over the years. As one of few chefs in the country who operates his own production company, Stellino Productions, he has earned himself the freedom to follow his interests on his shows, in e-cookbooks and one-minute online recipe videos. His newest endeavor, "Storytelling in the Kitchen," comes to PBS stations next year and will explore the timeworn rituals that bring people back into their kitchens. Stellino is also profit-sharing with KEET TV on a discounted membership to his website through www.keet.org (\$9.98), which buys a year's access to all of his recipes and exclusive how-to videos.

To warm up your kitchen skills, try your hand at this rustic, yet elegant dish that honors the simplicity of Italian food and the seafood of the North Coast. For a foolproof experience, visit www.nick-stellino.com to watch a video of the chef himself preparing the dish. Buon appetito.

Shrimp with Garbanzos, Arugula, Sundried Tomatoes and Chardonnay Sauce

Serves four.

For the chardonnay sauce:

2 tablespoons extra light olive oil
2 slices bacon, diced
6 garlic cloves, cut in half
½ cup diced onion
½ cup diced carrot
½ cup diced celery
1 bay leaf
½ teaspoon red pepper flakes
2 cups chardonnay
2 cups chicken broth
2 tablespoons softened butter mixed with
2 tablespoons flour
Salt to taste

For the garbanzos:

2 tablespoons butter
4 garlic cloves, thickly cut
¼ teaspoon red pepper flakes
4 tablespoons onion, finely diced
½ cup canned garbanzo beans, drained
4 tablespoons sundried tomatoes packed in olive oil, drained and chopped
1 cup loosely packed fresh arugula salad
Salt and pepper to taste

For the shrimp:

¾ teaspoon salt
½ teaspoon pepper
½ teaspoon garlic powder
½ teaspoon onion powder
½ teaspoon paprika

3 tablespoons extra light olive oil
1½ pounds large shrimp, shelled and deveined

Make the chardonnay sauce first. In a saucepan, combine the extra light olive oil and diced bacon. Cook over medium heat, stirring well, until the bacon is nicely browned, about 3 to 4 minutes. Using a slotted spoon, transfer the bacon to a dish lined with a paper towel and set aside.

To the same saucepan, add the garlic, onion, carrot, celery, bay leaf and red pepper flakes. Cook over medium-low heat, stirring well, for 4 to 5 minutes. Increase the heat to high and add the chardonnay; bring to a boil and reduce by half, about 4 to 5 minutes. Add the chicken broth, then bring to a boil and cook, stirring well, for 5 more minutes. Reduce the heat to medium-low and cook for 30 minutes.

Strain the sauce into a bowl and discard all of the ingredients left in the strainer. Pour the strained sauce back into the saucepan and bring to a boil over medium-high heat. Add 1 teaspoon of the butter-flour mixture and stir well with a wire whisk; wait 1 minute and repeat. Stop this process when the sauce is finally thickened to your liking. Usually a tablespoon of the butter-flour mixture is more than enough, but just in case you want it, you've got more on hand. Salt to taste. Keep the sauce warm until you're ready to serve it.

Next, prepare the garbanzos, arugula and sundried tomatoes. Add the butter to a sauté pan together with the garlic, red pepper flakes and onion. Cook over medium-low heat, stirring well, for 3 to 4 minutes, until the garlic starts to brown and the onion is translucent.

Add the garbanzo beans and the sundried tomatoes, and cook, stirring well, for 3 more minutes. Then add the arugula salad; stir well and cook for 1 more minute. Adjust salt and pepper to taste. Set aside and keep warm.

Lastly, prepare the shrimp. Mix together the ¾ teaspoon salt and ½ teaspoon pepper, the garlic powder, onion powder and paprika. Sprinkle the mixture evenly over the shrimp.

Add the olive oil to a large nonstick sauté pan and cook over high heat until it starts rippling, about 2 minutes. Add the shrimp and cook, stirring well, for 2 to 3 minutes, until the shrimp is cooked through.

Using a slotted spoon, place the shrimp on a plate lined with a paper towel to absorb the excess oil. Divide the cooked shrimp into 4 portions and place on top of the vegetable mixture in the middle of each serving dish. Pour the chardonnay sauce on the side, and serve. ●



"Trinity Raw started in our home kitchen. The fee to join Humboldt Made was a bit daunting, but within less than a year we were in a commercial kitchen, gained distribution, and learned so much about business and how to succeed. Much of this was due to programs and introductions specifically tailored to my business by Humboldt Made."

— Tannere Martinisko, Trinity Raw, New member, 2016

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business to do on their own. Efforts such as these are a few examples of how Humboldt Made uniquely serves Humboldt's entrepreneurial community.

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ARCATA ARTISANS 883 H St. Jim Lowry, photography, and Natalie DiCostanzo, ceramics. Wine pour benefits the GYN and Breast Health Project.

ARCATA EXCHANGE 813 H St. "Figmenta," Michelle Remy, sculpture and mixed media. Music by Bob & Ebba. Wine pour benefits Arcata House Partnership.

ARCATA MAIN STREET 761 Eighth St., Suite C (down hall from Libation). Día de los Muertos pre-show.

BANG! BANG! 824 L St., (in the Creamery building). Halloween costumes as art. Music by Canary and the Vamp.

BELLE STARR 824 H St. "Tribal Inspired Mixed Media and Graphics," AR Teeter. Music by The Attics.

BUBBLES 1031 H St. Music by Clean Livin'.

CAFE BRIO 791 G St. "Is this Halloween?" Antonio Sagaste, acrylics.

FATBÖL CLOTHING 1063 H St. Hip Hop Cypher. Open mic. Resident turntablist DJM and resident hip-hop MC Nac One.

FIRE ARTS CENTER 520 South G St. Fall pottery and fused glass sale. Three days only. 50% off everything outside.

GARDEN GATE 905 H St. "Spirit in Nature," Ellen Lebel. Music by The Honky Tonk Detours. Wine pour benefits Six Rivers Planned Parenthood.

GRIFFIN 937 10th St. (formerly Robert Goodman) Marisa Kieselhorst and Abigail Nottingham. Music by DJ Pressure.

JACOBY'S STOREHOUSE Lobby. 791 Eighth St. "Bringing the park to the city," Redwood Park PARKing Day.

JACOBY'S STOREHOUSE MEZZANINE GALLERY 791 Eighth St "Driven to Abstraction, New Works," Jay Brown, mixed media.

LIBATION WINE SHOP & BAR 761 Eighth St. Dave Bois, mixed media and collage. Music by Duncan Burgess.

MOONRISE HERBS 826 G St. "Modern Icons," Deborah Boni, acrylic paintings. Music by Lindsey Battle.

NORTHTOWN COFFEE 1603 G St. "Spontaneous Liquid Divination," Raj, mixed media.

OM SHALA YOGA 858 10th St. Masks and music by Donvieve.



April Montana Alba Clematisa by Patricia Sennott at Upstairs Gallery.

Submitted

PACIFIC OUTFITTERS 737 G St. Inside:

"Through the Lens," Lindsey Wright, photography. Music by the Sandfleas. Wine pour benefits the Humboldt Timber Wolves Hockey Club. Outside: HSN Snow Jacks, Rail Jam Fall 2016, personal displays of snow riding.

PASTALUEGO 791 Eighth St. Flor D' Luna boutique wines and artisan pizzas.

PLAZA 808 G St. "Humboldt Pastels," Lisa Landis. Wine pour benefits the Historical Sites Society of Arcata.

PLAZA – (outside on the square) Rueben T Mayes, live painting demonstration.

PLAZA GRILL Jacoby's Storehouse 791 Eighth St. "Fifteen Years of Stubbornness," Jay Brown, works on paper.

REDWOOD CURTAIN BREWING CO. 550 South G St. Neil J. Kemper, mixed media sculpture and collage.

REDWOOD YOGURT 1573 G St. "Summer Work," Arcata Arts Institute. Music by the Arcata Arts Institute Music Program.

SACRED EMPIRE 853 H St. "Tribe Jewelry," Sarah Lewis. Fine jewelry made from silver and precious stones.

STOKES, HAMER, KIRK & EADS, LLP 381 Bayside Road. Margaret Draper, watercolors and oils, and Hank Ingham, watercolors. Music by Art Brown. Wine pour benefits the Relay for Life Team No. 169.

THE JAM 915 H St. Jazz by PC & Friends.

UPSTAIRS GALLERY 1063 G St. "Equinox Reflections," Patricia Sennott. Wine pour benefits Friends of the Dunes.

WILDBERRIES MARKETPLACE PATIO 747 13th St. "Summer Work," Arcata Arts Institute.

ZEN 1091 H St. Chelsea Travers, mixed media and body paint art exhibit.

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Art Beat

Put a Bird on It

Ken Burton at the Arcata Marsh Interpretive Center

by Gabrielle Gopinath
artbeat@northcoastjournal.com



Ken Burton's up-close portrait of an Anna's hummingbird. *Courtesy of the artist*

Sometimes pictures draw us in for reasons that are hard to explain. The unthinking attraction they induce is sort of like what Liz Lemon on *30 Rock* was describing when she said: "I want to go to there." Ken Burton's full-frontal photograph of an Anna's hummingbird is like that. It compels attention, even glimpsed in grainy newsprint reproduction or from across the room.

The picture, part of the exhibition *Uncommon Views of Common Arcata Marsh Birds*, was taken in extreme close-up. The hummingbird faces the camera head-on and it is quite a sight: eyes and long pipette-like beak appear acutely foreshortened, while the radiating sunburst pattern of the iridescent feathers on the bird's face and throat shows to dazzling advantage. This patch of brilliant feathers, common to many male hummingbirds, is thought to be essential to their courtship display. It is known as a gorget, supposedly because ornithologists thought it resembled the chain-mail swatch protecting an armored knight's throat in battle. But it's hard to imagine even the most cunningly fashioned armor rivaling this Technicolor display. The gorget feathers glint in a distinctively metallic way, shading imperceptibly from rose through fuchsia to violet. The intensity of the color is inversely proportional to the bird's size.

Anna's is a tiny sprite of a bird, "no larger than a ping pong ball and no heavier than a nickel," according to Cornell University's site, www.allaboutbirds.org. Pretty much everything is slow and dull compared to a hummingbird; with wings that can beat more than 50 times per second and a heart rate that can top 1,000 beats

per minute, it exists at a speed that defies the full comprehension of more slothful lifeforms like ourselves. In waking life, the bird is rarely still. Here, it fills the frame. We can inspect its gorgeousness at leisure.

Words don't do much to gild this lily. Commendably, Burton provides minimal commentary. When I asked about the circumstances under which the hummingbird picture was taken, his response was brief and factual. "It was visiting a flowering bush and allowing close approach, so I got my camera out," he offered, adding: "You just have to be ready when opportunities present themselves."

Burton, who has been working professionally as an ornithologist and guide since 1987, is a pillar of the regional birding community. A former president of the local Audubon Society chapter, he co-authored the invaluable Humboldt-centric birding manual *Common Birds of Northwest California* along with Leslie Scopes Anderson in 2013.

On his website, Burton points out that almost 470 bird species have been documented in this county — more than in most states. It is impossible not to admire the serene confidence with which the man states: "At any time of year, it is possible to see over 100 in a day." This is a measure of Burton's diligence and the excellence of his eye, given that most of us could roam the countryside from dawn 'til dusk and come home having conclusively identified little besides egrets, crows and an abundance of the discreet songsters birders call "little brown jobs."

Burton's exhibition at the Arcata Marsh Interpretive Center is small, comprising 10 modestly-sized prints. What information the photographer proffers has mostly, but

not exclusively, to do with stats and specs. We learn that Burton has lived and birded, "which for me are pretty much the same thing," in Humboldt since 2005. Most of the photographs were taken with a Canon PowerShot 5450. Some (it's not clear which) were actually shot at the marsh. The Anna's hummingbird portrait may be the show's most immediately striking image but others linger in the mind. Some of these are juxtaposed in productive ways. The decision to pair full-stride action shots of a snowy egret and a rail accentuates the pictures' similarly structured compositions and the birds' extraordinary forms.

The interpretive center has some characteristics that make it a pleasing place in which to look at art. It's airy and high-ceilinged, with a picture window that opens onto a light-drenched view of the marsh. However, there is not much room on the walls and at first it can be difficult to distinguish the photographs from the delightfully heterogeneous array of educational material that surrounds them: text panels, terraria, tree branches, birds' nests, plexiglass algae farms and more. The images' clean lines and sharp focus make them stand out, regardless. Might future expansions of the Arcata Marsh Interpretive Center include a dedicated exhibition space? One can hope. For now, viewers will have to imagine how rewarding it might be to see nature photographs of this caliber in a less distracting setting. ●

Ken Burton's Uncommon Views of Common Arcata Marsh Birds shows at the Arcata Marsh Interpretive Center all month, Tuesday through Sunday 9 a.m. to 5 p.m.

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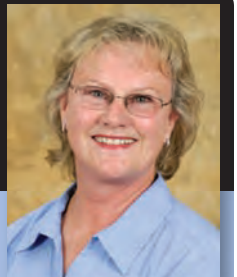
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Keeping it Simple

Effort-to-reward ratios in the garden

By Donna Wildearth

downanddirty@northcoastjournal.com



A well-mulched planting area filled with plants requires minimal weeding.

Photo by Donna Wildearth

Low maintenance, low maintenance, low maintenance. This seems to be the mantra of gardeners today. And given our fast-paced lives, it's not surprising. Low maintenance can and should be designed into a landscape. Following are some thoughts about what that actually means and how to achieve it.

What is Low Maintenance?

In the words of Bert Walker, former head of the agriculture department at College of the Redwoods, "Low maintenance is not *no* maintenance." If you want to have a landscape that looks reasonably neat and attractive, some upkeep is required. Even if you cover the entire landscape with concrete (not recommended!), you would still need to clean it off occasionally.

And low maintenance means different things to different people. For some people, mowing the lawn is an easy, familiar task that doesn't require any specialized plant knowledge. On the other hand, for many people mowing the lawn is their definition of *high* maintenance.

Opinions also differ on where routine garden tasks — watering, weeding, pruning, cutting back, deadheading, digging and dividing plants — fall on the continuum. Here's where personal preference comes into play. Most people don't enjoy weeding, though I have met a few who do. I enjoy pruning trees and shrubs, but many people find it intimidating. Some people find deadheading flowers relaxing, while to others it is simply tiresome. The important point is to understand your own likes and dislikes when it comes to gardening, and then make sure your garden requires more enjoyable than burdensome tasks.

Well Begun is Half Done

As with many other tasks in life, taking the time to do things right from the start can save much time and frustration down

the line. This means evaluating your soil and doing a thorough job of soil preparation before planting. Adding organic matter is almost always beneficial, especially if you are dealing with sandy or heavy clay soil. If there are poorly drained areas, correct the problem or plan to use plants that do well in that situation. Whatever time you spend on soil preparation will yield benefits in terms of healthier plants and less on-going maintenance.

Weed Management

Since weeding is the most obnoxious garden activity for many people, here's my approach to managing garden weeds. Perhaps most importantly, planted areas should be covered with 3 to 4 inches of mulch. (Be sure to keep mulch from coming into contact with the plants themselves, as that can lead to rot.) A good layer of mulch suppresses weed growth and has many other benefits. It holds water in the soil, so you don't have to irrigate as frequently. It also buffers the soil from temperature extremes and provides a favorable environment for soil microorganisms. And if you use materials such as chipped or shredded bark, they add organic matter to the soil as they decompose. Mulch can make even a newly planted garden look neat and "finished."

Some people are reluctant to use mulch because they have heard that mulching with wood chips, sawdust or straw temporarily starves the surrounding plants of nitrogen. This turns out to be one of those gardening myths. It is only when such materials are mixed into the soil that they can be a problem, not when they are spread on *top* of the soil.

Other strategies for minimizing weeds: Plant densely so that when your plants mature they will cover the ground, thus shading out weeds; use drip irrigation; fertilize judiciously. And avoid disturbing the soil unnecessarily as tilling brings up weed

seeds, burns up organic matter and disrupts soil texture and the soil food web.

I am not a fan of using landscape fabric in planting beds for several reasons. It can be expensive, it's made from fossil fuels and ends up in landfills. Also, no matter how carefully you try to cover the fabric, it generally surfaces and is unsightly. Furthermore, the longer it is in place, the more weeds are able to germinate on top of the fabric and grow with their roots entangled with the fabric, making them difficult to pull up. In a planting bed that is well mulched, with the soil in good tilth, the weeds that do appear are easier to uproot. (Genevieve Schmidt wrote eloquently about this topic in "Why I Hate Landscape Fabric," Sept. 19, 2013.)

Relax!

One final thought on how to achieve a low-maintenance garden: lower your expectations. Several years ago *Fine Gardening* magazine ran an article on this subject, and that was one of its suggestions. Before you dismiss the idea, be aware that the birds, butterflies and beneficial insects we want to invite to our gardens are attracted to what we might consider "messy" areas — leaf litter, rotting wood, rock piles and decomposing plant material. Many books on gardening for wildlife recommend leaving some corners of the garden untidy so don't feel guilty if your garden is not perfectly manicured.

We create gardens for our pleasure. An attractive garden requires a certain amount of work, but if we design a garden thoughtfully, we can reach that happy state where the pleasure definitely outweighs the work involved.

In my next column, I'll focus on low-maintenance plants — the foundation of a low-maintenance garden. ●

Donna Wildearth is the owner of Garden Visions Landscape Design in Eureka. Visit her website at www.gardenvisions.biz.

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CAFE MOKKA 495 J St., Arcata 822-2228		Good Company (Celtic) 8pm Free			
CENTRAL STATION 839-2013 1631 Central Ave., McKinleyville	Open Mic w/Live Music 8pm Free	Karaoke w/Rock Star 9pm Free	The Smythe Brothers (rock) 9pm Free		
CHER-AE HEIGHTS CASINO FIREWATER LOUNGE 677-3611 27 Scenic Drive, Trinidad		Money (Pink Floyd tribute) 9pm Free	Dr. Squid (dance) 9pm Free	Karaoke w/DJ Marv 8pm Free	[T] Karaoke w/DJ Marv 8pm Free
CLAM BEACH TAVERN 839-0545 4611 Central Ave., McKinleyville	Legends of the Mind (blues, jazz) 6pm Free	Kindred Spirits (bluegrass) 10pm Free			[M] Savage Henry Stand up Open Mic 9pm Free [W] Pool Tournament & Game Night 7pm Free
FLIEDBROOK MARKET & EATERY 4636 Fieldbrook Road, 839-0521		Cadillac Ranch (country) 7:30pm Free			
GRIFFIN 937 10th St. 825-1755		DJ Pressure TBA	DJ Spaceman Spliff TBA		[W] Salsa
HUMBOLDT BREWS 856 10th St., Arcata 826-2739	Polyrhythmics (funk) 9pm \$15	Yogoman's Rock Steady Revue w/Winston Jarrett 9reggae) 9:30pm \$15	Diego's Umbrella, Peach Purple (Gypsy rock) 9:30pm \$15		[W] New Kingston, Sensamotion (reggae, R&B, hip-hop) 9pm \$15

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VENUE	THUR 10/13	FRI 10/14	SAT 10/15	SUN 10/16	M-T-W 10/17-19
HUMBOLDT STATE UNIVERSITY 1 Harpst St., Arcata 616-9084					[T] Kate Buchanan Room: Rudresh Mahanthappa (jazz) 8pm \$15, \$10 [M] Halloween Mudshow 9pm TBA [T] Savage Henry Comedy 8pm \$5 [W] Jazz at the Jam 6:30pm Free The Whomp (DJs) 10pm \$5
THE JAM 915 H St., Arcata 822-4766	The GetDown, The Humboldt Funk Collective (funk) 9:30pm TBA	P.C. and Friends (jazz) 6pm Free HouseMF w/Dub Cowboy (DJ music) 9:30pm TBA	Dusty Green Bones Band (indie-grass) 9:30pm TBA	Deep Groove Society SUNDAZE (EDM) 9pm \$5	[W] Aber Miller (jazz) 6pm Free
LARRUPIN 677-0230 1658 Patricks Point Dr., Trinidad		Blue Lotus Jazz 6pm Free			[T] Triston Norton (guitar) 7pm Free
LIBATION 761 Eighth St., Arcata 825-7596	Claire Bent (jazz vocal) 7pm Free	Duncan Burgess (guitar) 6pm Free	Jim Silva (guitar) 7pm Free		
LIGHTHOUSE GRILL 355 Main St., Trinidad 677-0077				Tony Roach (standards) 5pm Free Potluck (food) 6pm Free	
LOGGER BAR 668-5000 510 Railroad Ave., Blue Lake	Trivia Night 8pm Free	Kingfoot (Americana) 9pm Free			[T] Dog Day Afternoon (adoptable dogs) 3pm-5pm Dogbone (jazz) 6pm Free [W] Pints for Non-Profits: Breast and GYN Health Project All day
MAD RIVER BREWING CO. 101 Taylor Way, Blue Lake 668-5680	La Patinas (rockin' Americana) 6pm Free	The Jim Lahman Band (blues, funk, jazz) 6pm Free	Opera Alley Cats (jazz) 6pm Free		[T] Sonido Panchanguero (DJ music) 9:30pm Free
THE MINIPLEX 401 I St., Arcata 630-5000		The Bigger and Badder tour w/Kristine Levine and Mishka Shubaly (comedy) 9pm \$15 Open Mic 7pm Free	Kikagaku Moyo, Paint Shadows (psyche) 10pm \$10	Triptides, Cool Garbage, Jeremy Bursich (psych pop) 9pm \$5	[T] Human Expression Open Mic 7pm Free [M] Dancehall Mondayz w/Rudelson 8pm \$5
NORTHTOWN COFFEE 1603 G St., Arcata 633-6187					[T] The Winterlings (indie-folk) 7pm Free
OCEAN GROVE 677-3543 480 Patrick's Pt. Dr., Trinidad			Freshwater Five Dixieland Jazz Band noon-3pm 6th Annual Fall Fever Bierfest noon-midnight		
REDWOOD CURTAIN BREW 550 S G St. #6, Arcata 826-7222	Dogbone (jazz) 8pm Free				
SIDELINES 732 Ninth St., Arcata 822-0919	DJ Ray 10pm TBA	DJ Ray 10pm TBA	DJ Tim Stubbs 10pm TBA		
SIX RIVERS BREWERY 839-7580 Central Ave., McKinleyville		Jimi Jeff Unplugged (blues, rock) 9pm Free		Trivia Night 8pm Free	[M] Karaoke with DJ Marv 8pm Free [T] Sunny Brae Jazz 7:30pm Free
SUSHI SPOT MCKINLEYVILLE 1552 City Center Road, 839-1222					[M] Anemones of the State (jazz) 5pm Free
TOBY & JACKS 764 Ninth St., Arcata 822-4198		Masta Shredda 10pm Free	DJ Ray 10pm Free		[T] Bomba Sonida w/D Pressure 10pm Free [W] Reggae w/Iron Fyah 10pm Free

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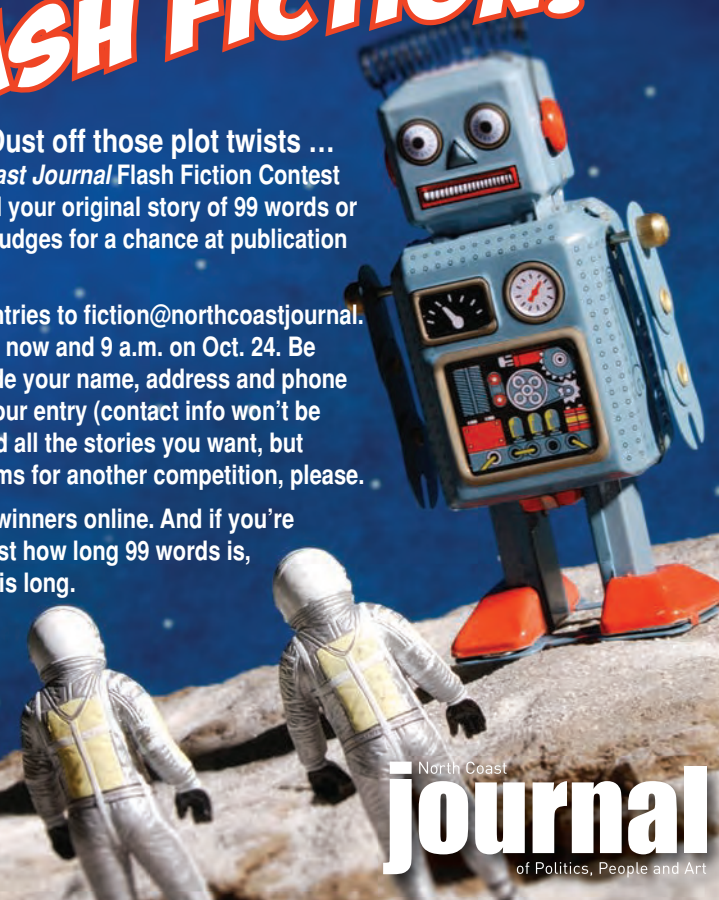
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FLASH FICTION!

Dust off those plot twists ... the *North Coast Journal* Flash Fiction Contest is back! Send your original story of 99 words or fewer to our judges for a chance at publication and a prize.

Email your entries to fiction@northcoastjournal.com between now and 9 a.m. on Oct. 24. Be sure to include your name, address and phone number on your entry (contact info won't be printed). Send all the stories you want, but save the poems for another competition, please.

Size up past winners online. And if you're wondering just how long 99 words is, it's exactly this long.

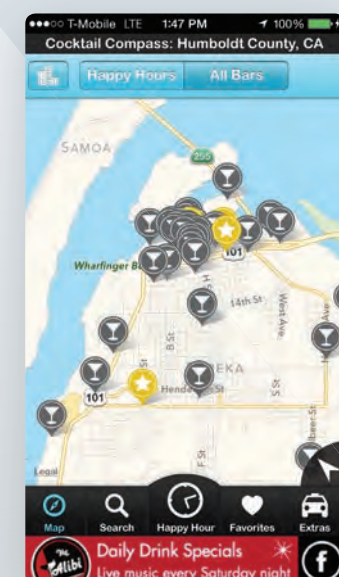


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Live Entertainment Grid Music & More

EUREKA & SOUTH

Arcata and North on previous page

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VENUE	THUR 10/13	FRI 10/14	SAT 10/15	SUN 10/16	M-T-W 10/17-19
BANANA HUT 621 Fifth St., Eureka 443-3447		Latino Night with DJ Pachanguero 10pm Free			
BAR-FLY PUB 91 Commercial St., Eureka 443-3770		Bar-Fly Karaoke 9pm Free	DJ Saturdays 10pm Free		[W] Bar-Fly Karaoke 9pm Free
BEAR RIVER CASINO HOTEL 11 Bear Paws Way, Loleta 733-9644	Karaoke w/Casey 8pm Free	Mojo Rockers (oldies) 9pm Free	Marshall House Project (funk, soul, rock) 9pm Free		
CALICO'S CAFE 923-2253 808 Redwood Drive, Garberville			Frisky Brisket (violin, guitar) 7pm Free	Jen Tal and The HuZBand (acoustic duo) 6:30pm Free	
CHAPALA CAFE 201 Second St., Eureka 443-9514		Live Music 6pm Free	Live Music 6pm Free		
CURLEY'S FULL CIRCLE 460 Main St., Ferndale 786-9696					[W] Open Mic Night 7pm Free
EUREKA INN PALM LOUNGE 518 Seventh St., 497-6093	Brian Post & Friends (jazz) 8pm Free	Moondog (originals, covers) 9pm Free	The Lost Dogs (blues, R&B) 9pm Free		[T] Anna Banana (blues) 8pm Free [W] Comedy Open Mikey 9pm Free
EUREKA THEATER 612 F St., 442-2970		Frightful Friday Flix: <i>Christine</i> (film) 7:30pm \$5			
FERNBRIDGE MARKET RIDGETOP CAFE 786-3900 623 Fernbridge Dr., Fortuna					[M] Open Mic 5:30pm Free
GALLAGHER'S IRISH PUB 139 Second St., Eureka 442-1177	Seabury Gould and Evan Morden (Irish) 6pm Free	Chuck Mayville (classics) 6pm Free			
GARBERVILLE THEATER 766 Redwood St. 923-3580				Open Mic 7pm \$5	[T] Open Mic 7pm \$5
LIL' RED LION 1506 Fifth St., Eureka 444-1344		Decomp Dbeat w/Ultramafic Bonewalker Death Crush (hardcore, metal) 7pm \$5	Karaoke 9pm Free		
MATEEL COMMUNITY CENTER 59 Rusk Lane 923-3368			Fall Splendor w/the Desert Dwellers 6:30pm \$125 whole evening, \$50 fashion show and music, \$25 music only at 10pm		
THE OLD STEEPLE 246 Berding St. 786-7030					[W] Sierra Hull (mandolin) 7:30pm \$25
OLD TOWN COFFEE & CHOC. 211 F St., Eureka 445-8600	Open Mic w/Mike Anderson 6:30pm Free				



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Diego's Umbrella
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Oct. 15 at 9:30 p.m.

VENUE	THUR 10/13	FRI 10/14	SAT 10/15	SUN 10/16	M-T-W 10/17-19
PEARL LOUNGE 507 Second St., Eureka 444-2017	DJ Pressure (DJ music) 9pm Free	D'Vinity (DJ music) 10pm Free	Fuego Gabe Pressure (DJ music) 10pm Free		
PERSIMMONS GALLERY 1055 Redway Drive, Redway 923-2748	Jimmy D. Jazz Quartet 7:30pm Free				
THE PLAYROOM 1109 Main St., Fortuna 725-5438		Stir Fry Willie (DJ music) 9pm TBA			
SHOOTERS OFF BROADWAY 1407 Albee St., Eureka 442-4131				Sonido Panchanguero 9pm Free	
SIREN'S SONG TAVERN 325 Second St., Eureka 442-8778			Fetish Night: Super Freak 9pm \$5		[W] Mario Carboni w/Snake Oil Lullaby (honky tonk, country, blues) 8pm TBA
THE SPEAKEASY 411 Opera Alley, Eureka 444-2244		The Eureka Pizza Council (jazz) 8:30pm Free	Buddy Reed and the Rip It Ups (blues) 9pm Free		[T] The Opera Alley Cats (jazz) 7:30pm Free [W] Ultra Secret (jazz) 8pm Free
STONE JUNCTION BAR 744 Redway Dr., Garberville 923-2562	Upstate Thursdays (DJ music) 9pm TBA				[M] Pool Tournament 8:30pm \$10
TIP TOP CLUB 6269 Loma Ave., Eureka 444-2244				Night Moves at Club Expression (DJ music) 9pm Free	
VICTORIAN INN RESTAURANT 400 Ocean Ave., Ferndale 786-4950		Jeffrey Smoller (solo guitar) 6pm Free			

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Where the Grass is Always Bluer

By Andy Powell

thesetlist@northcoastjournal.com

A couple of weekends ago I got an unexpected call from my old high school friend Akshay, a man of many of talents. A Harvard-trained dental surgeon, he is also one of the more skilled musicians I've met. He's classically trained, and is as comfortable playing jazz piano as he is on rock guitar. I'll leave my flattery of him aside for the moment, because this column isn't the place for me to tell you about my more successful friends. Akshay called to catch up and tip me off to mandolin virtuoso **Sierra Hull** (more on her show below) who is coming through Humboldt. Now, I'm not much of an old-timey or bluegrass guy, so if you're a mandolinist and not named David Grisman or Darren Weiss, I won't know anything about you.

I don't recall how Akshay came across her music but he told me how blown away he was by her obvious talent and recommended several videos online. Well, he wasn't lying. She was recently named the 2016 Mandolin Player of the Year by the International Bluegrass Music Awards, and her praises are sung by folks such as Alison Krauss and Bela Fleck, to name a few. Carnegie Hall, the Kennedy Center and the White House are all "venues" she's played. So not only was Akshay insisting that I go to the show, he said that he is going to try to leave work — in San Francisco — early so he can drive up to Humboldt to hear her, then nap for an hour or two in his car before driving back home to be at work by 8 a.m. Aside from immediately feeling old at hearing him casually mention the logistics, I couldn't help but feel inspired about live music. If Akshay's willing to drive 10 hours round trip for a show, it's hard for me to consider the Blue Lake to Ferndale trip as an excuse for not going. I'll be glad to hang with an old friend and hear some great music here in Humboldt. I'll also be glad to not be sitting in his dental chair at 8 a.m. Thursday morning.

Thursday

Start the weekend off a little early and get funky tonight at Humboldt Brews in Arcata. If you make it there, you'll find an eight-piece outfit from Seattle called **Poly-rhythmics** who, as their name implies, will

be serving up a dish of complex rhythms with a groove designed to get you to move starting around 9 p.m. and for \$15. Bring clothes to sweat in.

Friday

It's Arts! Arcata so there will be a lot of music around the Arcata Plaza this evening (and everywhere else). Before — or after — your stroll around the square, stop into The Jam for Jazz Night courtesy of owner **P.C. and Friends**, who will be starting right around 6 p.m. I've got a feeling this one might be free, but bring a few bucks just in case. You'll be glad you did. Less jazzy and over at Cafe Mokka at 8 p.m. will be local favorites and Celtic-oriented band **Good Company** playing for free. There's a benefit happening at the Arcata Playhouse tonight at the same time, aiding many of the programs that the organization puts on throughout our community. How are organizers enticing you to come on over and help them out? They've got the **Latin Peppers**, who will easily get you out of the Playhouse seats and down on the dance floor. Swing and shimmy with good folks for a good cause at this benefit with a sliding scale price of \$15-25. Up in Blue Lake you'll find **Kingfoot** doing its monthly residence thing at the Logger Bar at 9 p.m., joined by local B-Lakers (and bandmates) **Jeff DeMark** and multi-talented **Knick Moore**. It's a free show, so go flood the place. Local Pink Floyd fan Elliot politely told me recently that I should write more in *The Setlist* about local Floyd tribute band **Money** when it has shows. It's really good, he tells me, and, as one of four band members, I at least feel comfortable saying that three of its members are very talented. They'll all be at Cher-Ae-Heights Casino at 9 p.m. and they won't ask for any of your money. You rock steady fans will want to be at Humboldt Brews tonight at 9:30 p.m. for **Yogoman's Rock Steady Revue**, where the band will be backing up reggae legend **Winston Jarrett**, so you know it'll be the real deal. It's \$15 for this show. I'm not sure on the time or price of this hip-hop show at Blondie's in Arcata, but YAMS welcomes locals **Spaceheads** and **Coastal**, who will be joined by touring rappers **Maleik Dion**, **Mays** and **Rhys Langston**.



Sierra Hull plays mandolin at The Old Steeple on Wednesday, Oct. 19.

Courtesy of the artist

Saturday

The Miniplex in Arcata is hosting **Kikagaku Moyo**, all the way over from Tokyo. The band will deliver its psychedelia/drone music to us here on the West Coast along with locals **Paint Shadows** for \$10 at 9 p.m. Not too far away — and from a little less far away — you'll hear the five-piece, electric **Dusty Green Bones Band** up from the Bay Area playing in the jamgrass vein at The Jam around 9 p.m. No word yet on the price. Also from the Bay and returning to Humboldt Brews this evening at 9:30 p.m. is **Diego's Umbrella**, who've been making stops up here for probably close to 10 years now, if I had to guess. I remember seeing the line somewhere, "There are two kinds of people in this world. Those who love Diego's Umbrella and those who will." It's a good line. The band members are sort of gypsy rockers who know how to put on a great show. **Peach Purple** opens up this \$15 show.

Tuesday

Jazz ornithologists should fly over to Humboldt State University's Kate Buchanan room tonight for a Charlie Parker tribute of sorts. Alto saxophonist **Rudresh Mahanthappa** will share his project *Bird Calls* in ode to the immensely influential above-mentioned Bird. He's joined by a stellar band with Adam O'Farrill on trumpet,

Joshua White on piano, and Thomson Kneeland on bass. It starts at 8 p.m. Tickets are \$15.

Wednesday

As mentioned earlier in the column, award-winning mandolinist **Sierra Hull** will be at The Old Steeple in Ferndale at 7:30 p.m. tonight. Again, she's played the White House and Carnegie Hall before, but as far as I know, she's never played in an old church — in Ferndale — before, so this'll be a first. If there are still seats available, \$30 at the door will get you in. A family R&B/reggae band is at Humboldt Brews tonight at 9 p.m. With Brooklyn roots and a Jamaican heart: **New Kingston** — comprised of three brothers and their father — will be playing their style of Big Apple reggae with **Sensamotion** supporting. \$15 cover charge supports this family on the road. ●

Full show listings in the Journal's Music and More grid, the Calendar and online. Bands and promoters, send your gig info, preferably with a high-res photo or two, to music@northcoastjournal.com.

Andy Powell is a congenital music lover and hosts The Night Show on KWPT 100.3 FM weeknights at 6 p.m. He's never found the other side.

Calendar

October 13 - October 20, 2016



Submitted



Submitted



From the Druid Underground Film Festival

Enjoy wine with a good nose? Perfect. Dole out some dough for **Winos for Rhinos** at **Harvest, Oct. 15** from **5 p.m. to 10 p.m.** (\$5 suggested donation, \$25 single flight, \$40 double flight). Enjoy wine flights paired with Cypress Grove cheese and Dick Taylor chocolate, live music by For Folk Sake and a silent auction all to benefit endangered rhinos.

Just in time for Halloween, Humboldt State University and Arcata Main Street's **My Favorite Lecture** series continues with "**Witches: Sex and Science in the Sixteenth Century**" by **Ben Marschke** of the history department, **Oct. 13 at 7 p.m.** at the **Plaza View Room** (free, limited seating). Come early at 6 p.m. for complimentary appetizers and a no-host bar.

If you haven't had your share of surreal, mind-blowing absurdity after watching the presidential debates, treat yourself to the **IXth Annual Druid Underground Film Festival** at **7 p.m. on Oct. 14** at the **Minor Theatre** (\$10). You'll catch the best of subversive/experimental cinema and leave the theater grateful it's only fiction.



Submitted



Submitted

Salud!

How you feeling? LatinoNet's 10th annual Spanish language health fair, **Festejando Nuestra Salud/Celebrating Our Health**, takes place **Sunday, Oct. 16** at **Redwood Acres Fairgrounds** from **noon to 4 p.m.** (free).

Presented by The Latino Community Providers' Network, an organization working to improve the quality of life for Spanish-speaking families of the North Coast, the fair offers **free health screenings** and information as well as **free lunch, cultural music and dance, kids' activities** and more.

Families can connect with Humboldt County resource providers offering information about health care and senior and children's health services, as well as take advantage of **free cholesterol and blood glucose testing, flu vaccinations, children's eye exams and dental screenings**. Representatives from CalFresh will also be on hand to sign up eligible families.

In addition to the free health resources, there's plenty of fun on hand. **Face painting, arts and crafts, pony rides and bounce houses** for the kids, and musical entertainment provided by **La Nueva Ilusión Grupo Musical** and **DJ Kaide**. Visitors can also try their luck in a **raffle** with great prizes.

The event is part of several activities planned for Binational Health Week, from Oct. 3 to Oct. 18. For more information, go to www.binationalhealthweek.org. For more information on LatinoNet, visit www.latinonet.org or call 532-4256.

— Kali Cozyris

Dark Comedy

Creepy clowns are getting a lot of press these days. Some scarier than others — or more orange. It seems there's a lot more scare with these jesters and not enough laughter. But what if there's just the right balance of fright and delight? Lucky for us, the trained and talented clowns of the Dell'Arte Company have some bloody good fun up their sleeves and they're ready to scare audiences silly at **The 2016 Macabre Cabaret**, playing **Oct. 14 and 15 at 8 p.m.** in the **Carlo Theatre** (\$15, \$12 seniors/students).

The popular annual fall show returns this year with a series of spooky tales in the Grand Guignol theater style — short, sensationalized dramas meant to horrify and shock audiences. But fear not (or not as much), the Dell'Arte company brings plenty of commedia to soften the edges. Prepare for an evening of blood, guts and belly laughs as company and guest performers — including Michael Fields, James Peck and David Powell, and Dell'Arte alum Debbie McMahon, director of Los Angeles' The Grand Guignolers — deliver an evening of over-the-top thrills, kills and chills. The show is recommended for ages 16 and up.

— Kali Cozyris

13 Thursday

ART

Artist George Blake Talk/Reception. 5 p.m. Goudi'ni Native American Arts Gallery, Humboldt State University, Arcata. An exhibit and discussion of the distinguished Hupa-Yurok artist's work. Free.

Figure Drawing Group. 7-9 p.m. Cheri Blackerby Gallery, 272 C St., Eureka. Chip in for the live model and hone your artistic skills. Go into the courtyard on C Street to the room on the right. \$5. 442-0309.

BOOKS

Thursday Afternoon Book Club. Second Thursday of every month, 12-1 p.m. Humboldt County Library, 1313 Third St., Eureka. Fun and lively discussion group focusing on adult fiction and nonfiction. Call ahead for upcoming titles. Free. www.humlib.org. 269-1905.

LECTURE

My Favorite Lecture Series. 7 p.m. Plaza View Room, Eighth and H streets, Arcata. Humboldt State University professors deliver their favorite lectures. Reception at 6 p.m. with complimentary appetizers and a no-host bar. This month hear Ben Marschke of the Department of History, who will talk about "Witches: Sex and Science in the 16th Century." Free.

MUSIC

Love Potion 69. 7:30 p.m. Arcata Theatre Lounge, 1036 G St. Danielle Merri's musical theater performance. 18+. TBA. www.arcatatheatre.com.

THEATER

ArMack Silent Film Festival. 7 p.m. McKinleyville High School, 1300 Murray Road. Buster Keaton's *The Haunted House* (1921) and Charlie Chaplin's *The Adventurer* (1917), featuring live sound effects and orchestral soundtrack. Refreshments available by donation. Benefits the orchestra's travel budget. Oct. 27-29 performances will be in the Arcata High School Fine Arts Center. \$5. edl@suddenlink.net. 599-5414.

FOR KIDS

Thursday Storytime. 10-11 a.m. Fortuna Library, 753 14th St. Fortuna Library presents a weekly morning storytime. Free. forhuml@co.humboldt.ca.us. www.humboldt.gov/296/Fortuna-Library. 725-3460.

Young Discoverers. 10:30 a.m.-noon. Discovery Museum, 612 G St., Eureka. A unique drop-off program for children ages 3-5. Stories, music, crafts, yoga and snacks. \$8, \$6 members. redwooddiscoverymuseum@gmail.com. www.discovery-museum.org. 443-9694.

FOOD

Henderson Center Farmers Market. 10 a.m.-1 p.m. Henderson Center, Henderson near F Street, Eureka. Fresh local produce, straight from the farmer. www.humfarm.org. 441-9999.

Eureka Natural Foods McKinleyville Farmers Market. 3:30-6:30 p.m. Eureka Natural Foods, McKinleyville, 2165 Central Ave. Local, GMO-free produce. Live music. EBT welcome with Market Match up to \$10/day for EBT spending. Vouchers available to SSI recipients once per month per market location. Music by Rick Park. Free. info@humfarm.org. www.humfarm.org. 441-9999.

HOLIDAY EVENTS

Organic Pumpkin Patch. 12-6 p.m. Organic Matters Ranch, 6821 Myrtle Ave., Eureka. Browse organic pumpkin

Continued on next page »

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classified@northcoastjournal.com



Let's Be Friends

Calendar

Continued from previous page

varieties and winter squash. Also, a hay pyramid and concession stand with farm-raised beef hot dogs and pumpkin pie. ADA compliant porta-pots and handicap parking. No dogs, please.

MEETINGS

Conservation Meeting. Second Thursday of every month, 12-1:30 p.m. Rita's Margaritas & Mexican Grill, 1111 Fifth St., Eureka. Discuss conservation issues of interest to the Redwood Region Audubon Society. Free. www.rras.org/calendar.html. 445-8311.

Eureka Woodworking Association. Second Thursday of every month, 6:30-8:30 p.m. Eureka Woodworking Association, 1333 Union. All are welcome to join. Participants create a cutting board or wood turning to take home free. Free. eurekawoodworker@hotmail.com. www.facebook.com/Eureka-Woodworking-Association. 444-2717.

Humboldt Grange 501. Second Thursday of every month, 6:30-8 p.m. Humboldt Grange Hall, 5845 Humboldt Hill Road, Eureka. Regular monthly meeting. nanettespearschade@gmail.com. www.facebook.com/humboldt.grange. 443-0045.

Humboldt Rose Society. 7 p.m. Christ Episcopal Church, 15th and H streets, Eureka. Ed Kreutzer presents a Power Point show on his many and unusual roses. Refreshments provided, a door prize is awarded, and a silent auction adds to the mix. For any questions about the group or the program, call 826-0716.

Redwood Coast Woodturners. Second Thursday of every month, 6-8:30 p.m. McKinleyville Middle School, 2285 Central Ave. All interested in are welcome, beginner to pro, no experience needed. Free. 499-9569.

ETC

Community Board Game Night. Second Thursday of every month, 7-9 p.m. Bayside Grange Hall, 2297 Jacoby Creek Road. Play your favorite games or learn new ones with North Coast Role Playing. Free. osslnrcp@northcoast.com. www.baysidegrange.org. 444-2288.

Humboldt Cribbage Club. 6:15 p.m. Moose Lodge, 4328 Campton Road, Eureka. Play cards. 444-3161.

Sip and Knit. 6 p.m. NorthCoast Knittery, 320 Second St., Eureka. Join fellow knitters, crocheters, weavers, spinners and fiber artists to socialize and work on projects. 442-9276.

Standard Magic Tournament. 6-10 p.m. Nu-Games Eureka, 1662 Myrtle Ave. #A. Put your deck to the test. \$5. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

Fern Cottage Tour. 11 a.m.-3 p.m. Fern Cottage, 2121 Centerville Road, Ferndale. Tour the 150-year-old home of pioneers Joseph and Zipporah Russ, listed on the National Register of Historic Places. \$10. info@ferncottage.org. www.ferncottage.org. 786-4835.

14 Friday

ART

Arts! Arcata. Second Friday of every month, 6-9 p.m. Arcata Plaza, Ninth and G streets. Art, music and more art. Downtown Arcata and surrounding area. Free. arcatamainstreet@gmail.com. www.arcatamainstreet.com. 822-4500.

DANCE

World Dance. 8 p.m. St. Alban's Episcopal Church, 1675 Chester Ave., Arcata. Humboldt Folk Dancers sponsor teaching and easy dances at 8 p.m. followed by request dancing 9 p.m. \$3. g-b-deja@sbcglobal.net.

www.stalbansarcata.org. 839-3665.

LECTURE

Embracing the Return of the Wolf. 7:30-9 p.m. Six Rivers Masonic Lodge, 251 Bayside Road, Arcata. Richard Thiel discusses wolf recovery and recolonizing wolves in the Pacific Northwest. Bring your own mug and come fragrance free. Free. www.rras.org/calendar.aspx.

Humboldt Headlines. 7 p.m. Humboldt Grange Hall, 5845 Humboldt Hill Road, Eureka. From the fatal ship collision off Shelter Cove to Fortuna's biggest bank robbery to the Socialist mayor of Eureka, historian Jerry Rhode tells the stories of yesteryear from Humboldt's headlines. Free. www.facebook.com/humboldt.grange.

MOVIES

Bram Stoker's Dracula (1992). 8 p.m. Arcata Theatre Lounge, 1036 G St. Francis Ford Coppola's take on Bram Stoker's classic 1897 novel. \$5. www.arcatatheatre.com.

The IXth annual Druid Underground Film Festival. 7-10 p.m. Minor Theatre, 1013 H St., Arcata. Subversive cinema hosted by Billy Burgess. Free mystery prize raffle ticket for first 100 ticket holders. \$10.

Robo-Cat's Horror Theater Presents: Christine (1983). 7-10 p.m. Eureka Theater, 612 F St. Robo-Cat Productions present a Horror Theater showing of the 1983 horror film *Christine* hosted by the Great Razooly. Prizes and scares. \$5. troubadourfilms@yahoo.com. 442-2970.

MUSIC

Barbershop Harmony Show. 6:59 p.m. Azalea Hall, 1620 Pickett Road, McKinleyville. Humboldt Harmonaires perform. \$12. www.mckinleyvillecsd.com/azalea-hall. 445-3939.

Daria Rabotkina. 7:30 p.m. Calvary Lutheran Church, 716 South Ave., Eureka. The 24th annual Eureka Chamber Music Series presents the pianist. \$30, \$10 seniors/students, \$5 kids 8 and under. www.eurekachambermusic.org. 445-9650.

The Latin Peppers. 8 p.m. Arcata Playhouse, 1251 Ninth St. Bring your dancing shoes and prepare to shake your groove thing with Humboldt's own Latin Peppers. A benefit for Playhouse Arts. Cocktails and light food fare available. \$15-\$25 sliding.

THEATER

ArMack Silent Film Festival. 7 p.m. McKinleyville High School, 1300 Murray Road. See Oct. 13 listing.

Macabre Cabaret. 8 p.m. Dell'Arte's Carlo Theatre, 131 H St., Blue Lake. A cabaret that celebrates the mystery of the night with dark comedy, music and absurdity by the world-renowned Dell'Arte Company. 18+. \$15, \$12. www.dellarte.com.

The Rocky Horror Show. 8 p.m. Ferndale Repertory Theatre, 447 Main St. A rock musical sci-fi/horror spoof full of seduction and sexual confusion. Audience participation and costumes encouraged. For ages 16 and up. \$18, \$16 students/seniors. www.ferndalerep.org.

EVENTS

76th Assumption Parish Bazaar. 6-9 p.m. Portuguese Hall, Fifth Street and Ocean Avenue, Ferndale. Traditional family and community night featuring a spaghetti dinner and booth games. Proceeds supplement the historic Assumption Catholic Church operating funds. Free admission. prcahill39@gmail.com.

Solidarity Fridays. 5-6 p.m. County Courthouse, 825 Fifth St., Eureka. Join Veterans for Peace and the North Coast People's Alliance for a peaceful protest on the courthouse lawn. www.NorthCoastPeoplesAlliance.org.

Zero Waste Conference. 10 a.m.-10 p.m. Humboldt State University Great Hall, 1 Rossow St., Arcata. Exchange

ideas, experience and expertise with keynote speakers, workshops and forums to create active change in waste and consumption practices. Free. wrap@humboldt.edu. www.humboldt.edu/wrrap.

FOR KIDS

Family Storytime. 10:30-11 a.m. Fortuna Library, 753 14th St. A rotating group of storytellers entertain children ages 2-6 and parents at Fortuna Library. Free. www.humlib.org. 725-3460.

FOOD

Southern Humboldt Farmers Market. 11 a.m.-3 p.m. Garberville Town Square, Church Street. Fresh produce, meats, baked goods and more, plus live music and family activities. Free.

HOLIDAY EVENTS

Haunted Mill Tour. 7:30 p.m.-midnight Blue Ox Mill-works, 1 X St., Eureka. Take a spooky walk through the ghoul-infested historic site. No children under 13 admitted. \$12. hauntedmilltour.com.

Organic Pumpkin Patch. 12-6 p.m. Organic Matters Ranch, 6821 Myrtle Ave., Eureka. See Oct. 13 listing.

OUTDOORS

Farm Volunteer Fridays. 2-5 p.m. Bayside Park Farm, 930 Old Arcata Road, Arcata. Support the farm while reaping the benefits of growing food. Help plant and harvest and everything in between. Bring gloves and water and leave with fresh produce. Free.

Halloween Paddle. 7:30 p.m. Eureka Waterfront, Foot of Del Norte Street. A spooktacular evening paddle along the Eureka Waterfront with costumes, music and kayaks and SUPs decorated with lights. Costumes that don't impede paddling are encouraged. No experience required. www.facebook.com/HalloweenPaddleEureka.

SPORTS

BMX Friday. 4:30-6:30 p.m. Redwood Empire BMX, 3750 Harris St., Eureka. Bring your bike for practice and racing. Wear long sleeves and pants. \$2 practice, \$5 ribbon race. www.facebook.com/RedwoodEmpireBmx. 407-9222.

Public Skating. 6:30-9:30 p.m. Fortuna Firemen's Pavilion, 9 Park St. Have a blast and get some exercise at the same time. \$5.

ETC

Grand Opening of Redwood Marine Terminal II. noon. Redwood Marine Terminal II, Humboldt Bay Harbor, Recreation and Conservation District, Samoa Pulp Lane, Samoa. Tour the facility, enjoy food, listen to speakers and see the latest developments at the Redwood Marine Terminal II. Noon-1:30 p.m. Food and tours. 1:30 p.m. local and state elected speakers. Free.

Fern Cottage Tour. 11 a.m.-3 p.m. Fern Cottage, 2121 Centerville Road, Ferndale. See Oct. 13 listing.

COMEDY

The Bigger and Badder Tour. 9 p.m. The Miniplex, 900 Samoa Blvd, Arcata. With Kristine Levine of *Portlandia*, and Miska Shubaly. 21+. \$15.

15 Saturday

DANCE

Barn Dance. 4:30-8 p.m. The MGC, 2280 Newburg Road, Fortuna. Dance to The Striped Pig Stringband with calling by Lyndsey Battle. No experience necessary. All dances taught by caller. Light dinner, snacks and beverages available for purchase. \$10-\$20 sliding, \$5 seniors/students/HFS members, free for kids under 12.

ahennessy@ervmgc.com. www.ervmgc.com. 725-3300.

LECTURE

Animal Ethics. 1-4 p.m. Grace Good Shepherd Church, 1450 Hiller Road, McKinleyville. Dr. Susan J. Armstrong and Dr. Richard G. Botzler reflect upon their book, *The Animal Ethics Reader*, an anthology of readings on the subject of animal ethics. Free.

MUSIC

Barbershop Harmony Show. 6:59 p.m. River Lodge Conference Center & Commercial Kitchen, 1800 River-walk Drive, Fortuna. Humboldt Harmonaires perform. \$12. www.friendlyfortuna.com. 445-3939.

Salaam Axé CD Release Party. 8 p.m. Redwood Raks World Dance Studio, 824 L St., Arcata. An evening of music and dance, blending Brazilian, Indian classical, Middle Eastern, Balkan, Afghan and New Orleans traditions. \$15 performance and CD, \$10 performance only. www.redwoodraks.com. 616-6876.

THEATER

ArMack Silent Film Festival. 2 & 7 p.m. McKinleyville High School, 1300 Murray Road. See Oct. 13 listing.

Macabre Cabaret. 8 p.m. Dell'Arte's Carlo Theatre, 131 H St., Blue Lake. See Oct. 14 listing.

The Rocky Horror Show. 8 p.m. Ferndale Repertory Theatre, 447 Main St. See Oct. 14 listing.

EVENTS

76th Assumption Parish Bazaar. 6-9 p.m. Portuguese Hall, Fifth Street and Ocean Avenue, Ferndale. See Oct. 14 listing.

Glitter Critter Bingo. 5-9 p.m. Bayside Grange Hall, 2297 Jacoby Creek Road. Join the Eureka Sisters of Perpetual Indulgence for a fun evening of bingo, potluck, and an animal costume contest benefiting Redwood Pals Rescue. Ages 18 and up. \$15. 676-3774. info@eurekasisters.org. www.eurekasisters.org

Archaeology & Cultural Awareness Day. 11 a.m.-3 p.m. Clarke Historical Museum, Third and E streets, Eureka. Demonstrations on local Native American basket weaving, flint knapping, indoor and outdoor activities for all ages. Street fair out front with vendors, Indian tacos and more. Free. jpino@clarkemuseum.org. www.clarkemuseum.org/archaeology-and-cultural-awareness-day-2016.html. 443-1947.

Barktoberfest. Humboldt County Fairgrounds, 1250 Fifth St., Ferndale. Main St. Barkery & Bath chefs prepare a dinner buffet for canines and their companions at Friendship Square. 786-5008.

CCC Volunteer Day 2016. 10 a.m.-noon. Rohner Park, 11th and N streets, Fortuna. Meet at the Firemen's Pavilion for volunteer breakfast at 9:45 a.m. then join the CCC, Fortuna Creeks, and FUHS APES members in pulling invasive English Ivy out of our redwood forest. All ages are welcome. Free. www.friendlyfortuna.com. 725-5106.

Breakfast and Flea Market. Third Saturday of every month, 8:30 a.m. Dow's Prairie Grange Hall, 3995 Dow's Prairie Road, McKinleyville. Enjoy pancakes, eggs and browsing knick knacks. Flea market ends at 3 p.m. \$5, \$3 for kids. dowsgrange@gmail.com. www.dowsprairiegrange.org. 840-0100.

Fall Splendor. 6:30 p.m.-1 a.m. Mateel Community Center, 59 Rusk Lane, Redway. Fashion and Trashion Show Fundraiser featuring music by the Desert Dwellers, food, cocktails, vendors, dance performances and more. \$125 whole evening, \$50 fashion show and music, \$25 music only-show at 10 p.m. burningleaf@asis.com. www.burningleafproductions.com. 223-3849.

Humboldt Bay Fire's Open House. 10 a.m.-3 p.m. Eureka

Fire Department, 533 C St. Watch firefighters fire up the 1904 steam fire engine, perform rescue demonstrations and more. Tour the station and learn fire prevention tips. Free raffles and refreshments. Free.

Rummage Sale. 9 a.m.-4 p.m. Freshwater Community Hall, 49 Grange Road, Eureka. Something for everyone with many items donated by the community.

Rummage Sale at the Clarke Museum. 11 a.m.-3 p.m. Clarke Historical Museum, Third and E streets, Eureka. Find museum-quality items such as antique toys, dolls, furniture, tools and more. Also, south-west pottery, non-local Native American and African baskets, and other items donated to the museum for fundraising purposes. jpino@clarkemuseum.org. www.clarkemuseum.org. 360-5736.

Winos for Rhinos. 5-10 p.m. Harvest, 835 J St., Arcata. Join the Redwood Coast chapter of the American Association of Zoo Keepers for wine flights paired with cheese and chocolate, live music by For Folk Sake, games and a silent auction to benefit endangered rhinos. \$5 suggested donation OR \$25 single flight, \$40 double flight. redwoodaazk@gmail.com. www.redwoodcoastaazk.org/winors-for-rhinos-2016.

FOR KIDS

Harry Potter and the Sorcerer's Stone. noon. Humboldt County Library, 1313 Third St., Eureka. Kick off the Humboldt County Library's Harry Potter Celebration with a movie in the large meeting room. Free. www.humlib.org. 269-1910.

Young Inventors' Club. Third Saturday of every month, 10:30 a.m.-noon Discovery Museum, 612 G St., Eureka. Hands-on science program with one or more activities planned each month. Free with museum admission. redwooddiscoverymuseum@gmail.com. www.discovery-museum.org. 443-9694.

FOOD

Arcata Plaza Farmers Market. 9 a.m.-2 p.m. Arcata Plaza, Ninth and G streets. Fresh vegetables and fruit from local producers, food vendors, plant starts and flowers every week. Live music.

Culinary Allstars Salsa Competition. Arcata Plaza, Ninth and G streets. After-school students in grades 3-6 form teams of four to create flavorful salsas with top area chefs in this competition.

GARDEN

Bayside Gardens Pumpkin Patch. 12-6 p.m. Bayside Gardens, 2074 Old Arcata Road. Feed the cows, ride the tractor and swap squash recipes just south of the Bayside Post Office. Free admission. jbittner@suddenlink.net. 496-0618.

HOLIDAY EVENTS

Haunted Mill Tour. 7:30 p.m.-midnight Blue Ox Mill-works, 1 X St., Eureka. See Oct. 14 listing.

Organic Pumpkin Patch. 10 a.m.-6 p.m. Organic Matters Ranch, 6821 Myrtle Ave., Eureka. See Oct. 13 listing.

Warren Creek Pumpkin Patch. 10 a.m.-6 p.m. Warren Creek Farms, 1264 Warren Creek Road, Arcata. 822-6017.

MEETINGS

Photoshop User Group. Third Saturday of every month, 10 a.m.-noon. Prosperity Center, 520 E St., Eureka. Adobe Photoshop or LightRoom beginners and power users gather to swap ideas and techniques. Informal lunch usually follows. Free. wrishel@gmail.com. www.eurekaphotoshop.com. (510) 410-3310.

OUTDOORS

Arcata Marsh Tour. 2 p.m. Arcata Marsh and Wildlife

Sanctuary Interpretive Center, 569 S. G St. Meet a trained guide for a 90-minute walk focusing on the ecology of the marsh. Led by Karolyn Merz. Free. 826-2359.

Audubon Society Arcata Marsh Bird Walk. 8:30-11 a.m. Arcata Marsh and Wildlife Sanctuary, South I Street. Bring your binoculars and have a great morning birding. Meet walk leader Carol Wilson in the parking lot at the end of South I Street (Klopp Lake) in Arcata, rain or shine. Free. www.rras.org/calendar.

SPORTS

A.H.S. Tiger Pride Golf Tournament. 10 a.m. Baywood Golf & Country Club, 3600 Buttermilk Lane, Arcata. Arcata High School Alumni's annual golf tournament benefitting the football and baseball team. Raffle and awards ceremony with hors d'oeuvres follow. \$125 per individual/ \$450 (4 person team). mkane@nohum.k12.ca.us. www.baywoodgcc.com.

Public Skating. 6:30-9:30 p.m. Fortuna Firemen's Pavilion, 9 Park St. See Oct. 14 listing.

ETC

Media Center Orientation. Third Saturday of every month, 10 a.m. Access Humboldt Community Media Center, Eureka High School, Eureka. Learn about the recording studio, field equipment, editing stations and cable TV channels available at Access Humboldt. Free. 476-1798.

Fern Cottage Tour. 11 a.m.-3 p.m. Fern Cottage, 2121 Centerville Road, Ferndale. See Oct. 13 listing.

Women's Peace Vigil. 12-1 p.m. County Courthouse, 825 Fifth St., Eureka. Dress in warm clothing and bring your own chair. No perfume, please. Free. 269-7044.

Yu-Gi-Oh! Standard League. 1-4 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring your decks and claim your prizes. \$5. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

16 Sunday

MOVIES

Goosebumps (2015). 6 p.m. Arcata Theatre Lounge, 1036 G St. A teenager teams up with the daughter of young adult horror author R. L. Stine after the writer's imaginary demons are set free on the town of Madison, Delaware. \$5. www.arcatatheatre.com.

MUSIC

Bayside Grange Music Project. 5-9 p.m. Bayside Grange Hall, 2297 Jacoby Creek Road. From 5-7 p.m. anyone playing any instrument with any ability is invited; 7-9 p.m. people with wind instruments for Bandemonium. Donations. gregg@relevantmusic.org. www.relevantmusic.org/Bayside. 499-8516.

Wine and Jazz w/Dogbone. 3-5 p.m. Morris Graves Museum of Art, 636 F St., Eureka. Enjoy a glass of wine and an afternoon of jazz. \$5 adults, \$2 students/seniors/military, Free for members, kids under 18, and families with an EBT card. www.humboldtarts.org.

THEATER

The Rocky Horror Show. 2 p.m. Ferndale Repertory Theatre, 447 Main St. See Oct. 14 listing.

EVENTS

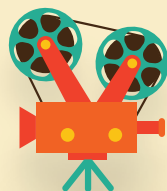
Festejando Nuestra Salud/Celebrating Our Health. 12-4 p.m. Redwood Acres Fairgrounds, 3750 Harris St., Eureka. LatinoNet presents its annual Spanish-language health fair, with local resources, free health

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screenings, a free community meal and cultural music and dance. Free. festejandolatinonet@gmail.com. www.redwoodacres.com. 532-4256.

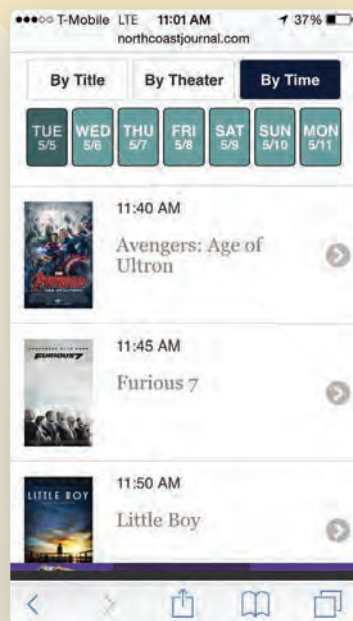
Humboldt Redwoods Marathon. 9 a.m. Humboldt Redwoods State Park, 17119 Avenue of Giants, Weott. Six Rivers Running Club Presents the 38th annual marathon, half marathon and 5K along the Avenue of the Giants. Free to watch, \$70-\$25 to run. www.redwoodsmarathon.org.

Rummage Sale. 9 a.m.-4 p.m. Freshwater Community Hall, 49 Grange Road, Eureka. See Oct. 15 listing.



MOVIE TIMES. TRAILERS. REVIEWS.

Browse by title,
times and theater.



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FOR KIDS

Lego Club. 12:30-2 p.m. Discovery Museum, 612 G St., Eureka. Lego fun for younger and older kids featuring Duplos and more complex pieces. Free with museum admission. redwooddiscoverymuseum@gmail.com. www.discovery-museum.org. 443-9694.

Pokémon Trade and Play. 3-5 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring your cards to play or learn. Free. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

FOOD

Food Not Bombs. 5 p.m. Arcata Plaza, Ninth and G streets. Free, hot food for everyone. Mostly vegan and organic and always delicious. Free. (503) 828-7421.

GARDEN

Bayside Gardens Pumpkin Patch. 12-6 p.m. Bayside Gardens, 2074 Old Arcata Road. See Oct. 15 listing.

HOLIDAY EVENTS

Organic Pumpkin Patch. 10 a.m.-6 p.m. Organic Matters Ranch, 6821 Myrtle Ave., Eureka. See Oct. 13 listing.

Warren Creek Pumpkin Patch. 10 a.m.-6 p.m. Warren Creek Farms, 1264 Warren Creek Road, Arcata. See Oct. 15 listing.

OUTDOORS

Celebrate Migratory Birds and National Wildlife Refuge Week. 1-4 p.m. Humboldt Bay National Wildlife Refuge, 1020 Ranch Road, Loleta. Free nature activities for all ages. Grand opening of the "Flight Deck" observation area with elevated views of surrounding wetland habitats and wildlife. Free. denise_seeger@fws.gov. www.fws.gov/refuge/humboldt_bay/. 733-5406.

SPORTS

BMX Practice and Racing. 1-3 p.m. Redwood Empire BMX, 3750 Harris St., Eureka. Bring your bike for some fun. Wear long sleeves and pants. \$2 practice, \$11 race. www.facebook.com/RedwoodEmpireBmx. 407-9222.

ETC

Family Game Day. 12-6 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring the family and friends for a day jam-packed with gaming fun. Feel free to bring in your own games. Free. www.nugamesonline.com. 497-6358.

17 Monday

DANCE

Let's Dance. 7-10 p.m. Humboldt Grange Hall, 5845 Humboldt Hill Road, Eureka. Let's dance to live music including swing standards and roots country. Everyone welcome. Swing dance lesson at 6:15, \$5. Dancing after lesson free to lesson participants. Tonight, dance to Jack Johnson and the Blue Lake Yacht Club. \$4. www.facebook.com/humboldt.grange. 725-5323.

MOVIES

Movie Mondays. Third Monday of every month, 6-9 p.m. Northtown Coffee, 1603 G St., Arcata. Featuring forest defense films. Q&A with local activists before, during and after. Free.

HOLIDAY EVENTS

Organic Pumpkin Patch. 12-6 p.m. Organic Matters Ranch, 6821 Myrtle Ave., Eureka. See Oct. 13 listing.

Warren Creek Pumpkin Patch. 10 a.m.-6 p.m. Warren Creek Farms, 1264 Warren Creek Road, Arcata. See Oct. 15 listing.

MEETINGS

Volunteer Orientation. 2:30 p.m. Food for People, 307

W. 14th St., Eureka. Learn to pack and sort food, work with clients, collect donations and cook. panderson@foodforpeople.org.

SPORTS

Monday Night Football. 5:30 p.m. Arcata Theatre Lounge, 1036 G St. Watch the game on the big screen. Check www.arcatatheatre.com to stay updated on game and event details. Free w/\$5 food and beverage purchase. www.arcatatheatre.com.

18 Tuesday

MOVIES

October Library Film Series: *Ace in the Hole*. 6:30 p.m. Eureka Main Library, 1313 Third St. Film noir starring Kirk Douglas as a cynical, disgraced reporter who stops at nothing to try to regain a job on a major newspaper. Hosted by Jennifer Fumiko Cahill. Free.

MUSIC

Rudresh Mahanthappa *Bird Calls*. 8-10 p.m. Kate Buchanan Room, Humboldt State University, Arcata. The Redwood Jazz Alliance presents the alto saxophonist and his highly acclaimed project. \$15, \$10 students and seniors. rja@redwoodjazzalliance.org. www.redwoodjazzalliance.org. 633-8385.

Ukulele Play and Sing Group. Third Tuesday of every month. Humboldt Senior Resource Center, 1910 California St., Eureka. All skill levels. Other instruments on approval. Meet first and third Tuesday. Donations of \$1-\$2 appreciated. veganlady21@yahoo.com.

FOR KIDS

Arcata Family Resource Center Playgroup. 10 a.m.-noon. Arcata Elementary School, 2400 Baldwin St. Playgroup for children 0-5 and their parents and caregivers. 826-1002.

Grandparents and Books Storytime. 3-4:30 p.m. Fortuna Library, 753 14th St. Children of all ages welcome to afternoon storytime with "grandparent" storyteller Cynthia. Free. forhuml@co.humboldt.ca.us. www.humboldt.gov.org/296/Fortuna-Library. 725-3460.

Playgroup. 10-11:30 a.m. Discovery Museum, 612 G St., Eureka. Come to the museum for stories, crafts and snacks. Free for children age 0-5 and their caregivers. Free. redwooddiscoverymuseum@gmail.com. www.discovery-museum.org. 443-9694.

Pokémon Trade and Play. 3-6 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. See Oct. 16 listing.

FOOD

Fortuna Farmers Market. 3-6 p.m. Main Street, Fortuna. Locally grown fruits, veggies and garden plants, plus arts and crafts. Free.

Old Town Eureka Farmers Market. 10 a.m.-1 p.m. Historic Old Town Eureka, Second Street. North Coast Growers' Association farmers markets are GMO-free and all agricultural products are grown or raised within Humboldt County. Live music every week. Free. info@humfarm.org. www.humfarm.org. 441-9999.

Wildberries Marketplace Farmers Market. 3:30-6:30 p.m. Wildberries Marketplace, 747 13th St., Arcata. GMO-free agricultural products from Humboldt County. Live music. EBT always welcome. Monthly vouchers available to SSI recipients. Free. info@humfarm.org. www.humfarm.org. 441-9999.

HOLIDAY EVENTS

Organic Pumpkin Patch. 12-6 p.m. Organic Matters Ranch, 6821 Myrtle Ave., Eureka. See Oct. 13 listing.

Warren Creek Pumpkin Patch. 10 a.m.-6 p.m. Warren Creek Farms, 1264 Warren Creek Road, Arcata. See Oct. 15 listing.

ETC

Bingo. 6 p.m. Moose Lodge, 4328 Campton Road, Eureka. Speed bingo, early and regular games. Doors open at 5 p.m. Games range from \$1-\$10.

Board Game Night. 6-9 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Choose from a large variety of games or bring your own. All ages. Free. www.nugamesonline.com. 497-6358.

Ferndale Cribbage. 10 a.m. Our Savior's Lutheran Church, 425 Shaw St., Ferndale. Cards and pegs.

COMEDY

Savage Henry Comedy Night. 8 p.m. The Jam, 915 H St., Arcata. Local and out of town comedians bring the ha-has. 822-4766. \$5.

19 Wednesday

MOVIES

Sci Fi Night ft. *The Island of Lost Souls* (1932). 6 p.m. Arcata Theatre Lounge, 1036 G St. This first film version of H.G. Wells' *Island of Dr. Moreau* stars Charles Laugh-ton as the dedicated but misguided scientist. Free w/\$5 food or beverage purchase. www.arcatatheatre.com.

MUSIC

Sierra Hull. 7:30 p.m. The Old Steeple, 246 Berding St., Ferndale. Virtuoso mandolin-player. \$25.

The Winterlings. 3-4 p.m. McKinleyville Library, 1606 Pickett Road. Bring the kids and settle in for a rich musical experience of indie-folk. Free. mckhuml@co.humboldt.ca.us. www.humboldt.gov.org/304/McKinleyville-Library. 839-4459.

EVENTS

Homeowners Workshop. 5:30-6:30 p.m. Redwood Coast Energy Authority (RCEA), 633 Third St., Eureka. Learn how to make your home more comfortable and energy efficient while taking advantage of available rebates, financing and tax credits. Free. info@redwoodenergy.org. www.redwoodenergy.org/events/workshops. 269-1700.

FOR KIDS

Storytime. 1 p.m. McKinleyville Library, 1606 Pickett Road. Liz Cappiello reads stories to children and their parents. Free.

FOOD

Free Produce Market. Third Wednesday of every month, 11:30 a.m.-1:30 p.m. Fortuna Community Services, 2331 Rohnerville Road. Food for People's free farmers markets style produce markets. All income eligible folks are invited to pick out fresh fruits and vegetables at no cost. Free. hmchugh@foodforpeople.org. www.foodforpeople.org/programs/free-farmers-market-style-produce-distributions. 445-3166.

HOLIDAY EVENTS

Organic Pumpkin Patch. 12-6 p.m. Organic Matters Ranch, 6821 Myrtle Ave., Eureka. See Oct. 13 listing.

Warren Creek Pumpkin Patch. 10 a.m.-6 p.m. Warren Creek Farms, 1264 Warren Creek Road, Arcata. See Oct. 15 listing.

MEETINGS

Citizen's Law Enforcement Liaison Committee. Third Wednesday of every month, 4 p.m. County Courthouse, 825 Fifth St., Eureka. Learn more about the Humboldt County Sheriff's Office and ask questions. Free.

Dow's Prairie Grange. Third Wednesday of every month,

6 p.m. Dow's Prairie Grange Hall, 3995 Dow's Prairie Road, McKinleyville. Get involved in your community Grange. dowsgrange@gmail.com. www.dowspriairgrange.org. 840-0100.

OUTDOORS

Native Landscaping Volunteers. Third Wednesday of every month, 5-6:30 p.m. Humboldt Coastal Nature Center, 220 Stamps Lane, Manila. Participants learn to recognize native and non-native plants so they can volunteer any time. Bring gardening gloves if you have them and come dressed for the weather. Free. info@friendsofthedunes.org. 444-1397.

ETC

Casual Magic. 4-9 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring your decks and connect with the local Magic community. Beginners welcome. Door prizes and drawings. \$5. www.nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

COMEDY

Comedy Open Mikey. 9 p.m. Palm Lounge, Eureka Inn, 518 Seventh St. Hosted by Nando Molina with beats by Gabe Pressure. Free. 497-6093.

20 Thursday

ART

Figure Drawing Group. 7-9 p.m. Cheri Blackerby Gallery, 272 C St., Eureka. See Oct. 13 listing.

LECTURE

Tiny Houses: A Fad or the Future of Housing?. 5:30-7 p.m. Humboldt State University, 1 Harpst St., Arcata. As part of the Sustainable Futures Speaker Series, Lee Pera presents. Free. envcomm1@humboldt.edu. www.schatzlab.org/about/publications/speaker_series.html. 826-3653.

MOVIES

Middle East Film Series. 7-9 p.m. Richards' Goat Tavern & Tea Room and Miniplex, 4011 St., Arcata. Film series and discussion with HSU Professor Leena Dallasheh. Featuring *Rana's Wedding* (2002). Free. www.richardsgoat.com.

MUSIC

The Humboldt Hip-Hop Showcase. 9 p.m. Arcata Playhouse, 1251 Ninth St. With host 2Bitt and performers Travii Bandz, Rock Slang, Area 5150, TRexx, Greenlite, Dummie Blocc, West Craven, D-Ray and Pharoah Lavelli. \$15, \$10 advance.

Humboldt Ukulele Group. Third Thursday of every month, 5:30 p.m. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. A casual gathering of strummers. Beginners welcome. \$3. dsander1@arcatanet.com. 839-2816.

Nahko and Medicine For the People. 8 p.m. Mateel Community Center, 59 Rusk Lane, Redway. Hirie opens. Doors at 7 p.m. \$30, \$25 advance. www.mateel.org.

FOR KIDS

Thursday Storytime. 10-11 a.m. Fortuna Library, 753 14th St. See Oct. 13 listing.

Young Discoverers. 10:30 a.m.-noon. Discovery Museum, 612 G St., Eureka. See Oct. 13 listing.

FOOD

Henderson Center Farmers Market. 10 a.m.-1 p.m. Henderson Center, Henderson near F Street, Eureka. See Oct. 13 listing.

Eureka Natural Foods McKinleyville Farmers Market.

3:30-6:30 p.m. Eureka Natural Foods, McKinleyville, 2165 Central Ave. See Oct. 13 listing.

The People's Market: Free Produce. Third Thursday of every month, 12-2 p.m. Food for People, 307 W. 14th St., Eureka. Food for People's free farmers' markets style produce markets. All income eligible folks are invited to pick out fresh fruits and vegetables at no cost. Free. hmchugh@foodforpeople.org. www.foodforpeople.org/programs/free-farmers-market-style-produce-distributions. 445-3166.

HOLIDAY EVENTS

Organic Pumpkin Patch. 12-6 p.m. Organic Matters Ranch, 6821 Myrtle Ave., Eureka. See Oct. 13 listing.

Warren Creek Pumpkin Patch. 10 a.m.-6 p.m. Warren Creek Farms, 1264 Warren Creek Road, Arcata. See Oct. 15 listing.

ETC

Eelgrass Management Plan Development Workshop. 5-6:30 p.m. Wharfinger Building, 1 Marina Way, Eureka. Learn about the process and provide input. Free. www.ci.eureka.ca.gov/depts/pw/wharfinger/default.asp.

Humboldt Cribbage Club. 6:15 p.m. Moose Lodge, 4328 Campton Road, Eureka. See Oct. 13 listing.

Sip and Knit. 6 p.m. NorthCoast Knittery, 320 Second St., Eureka. See Oct. 13 listing.

Standard Magic Tournament. 6-10 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. See Oct. 13 listing.

Fern Cottage Tour. 11 a.m.-3 p.m. Fern Cottage, 2121 Centerville Road, Ferndale. See Oct. 13 listing.

Heads Up...

The Arcata Interfaith Gospel Choir is seeking tenors. No singing experience necessary. Come to rehearsal at the Arcata Presbyterian Church (11th & G streets) on Oct. 20 at 7 p.m. For more information, call 822-4444, email AIGChoir@gmail.com or go to www.ArcataInterfaithGospelChoir.org.

The Westhaven Center for the Arts is accepting applications for Artist-in-Residence for 2017. Information and application forms are available at the center, at wcaexhibits@gmail.com, or by calling Ann Anderson at 677-0128. Applications are due Nov. 5 and the residency begins in January.

Humboldt Grange #501 sponsors a Craft Fair on Nov. 12. To be a vendor, contact Fern Miller, 268-3806. Tables rent for \$20 each.

The McKinleyville Community Services District announces two regular voting member vacancies and one alternate member vacancy on the Recreation Advisory Committee. Mail letters of application to the MCSD, Attn: Lesley Frisbee, P.O. Box 2037, McKinleyville, CA 95519. Contact the Parks & Recreation Office at 839-9003.

McKinleyville writing group seeks members. Phone John Daniel, 839-3495, or email jmd@danielpublishing.com for details.

North Coast Community Garden Collaborative seeks donated garden supplies, monetary donations and/or volunteers. For more information, contact 269-2071 or debbiep@nsrcraa.org.

Volunteers needed for the Arcata Marsh Interpretive Center. Call 826-2359 or email amic@cityofarcata.org.

Volunteers wanted for Eureka VA clinic. Call 269-7502.

Filmland

The Whole Story

Historial fiction and fuzzy memories

By Grant Scott-Goforth

filmiland@northcoastjournal.com

Reviews

THE BIRTH OF A NATION can't be experienced in a vacuum. It was never intended to be. Its marketing has effectively embraced current racial tensions, and the very title of the film is intended to confront its sickeningly racist film-school namefellow. Also necessary to acknowledge are 1999 rape allegations against filmmaker Nate Parker and *Birth* co-writer Jean Celestin. Parker was acquitted of the charges, Celestin was found guilty, then was acquitted on appeal. After multiple attempts, their accuser committed suicide, though not before complaining about harrassment from Parker and others.

Even separating art and artist, it's a shame that *The Birth of a Nation* 2016 is a sterile, grade-school textbook of a film. Moments of clarity and beauty shine through, but the filmmaker's ambition conflicts with his insufficiency.

Nathaniel Turner, as those of us who read those grade-school textbooks know, was born into slavery in the early 1800s, and eventually led a bloody uprising in 1831 that took the lives of dozens of white slave owners, and hundreds of black people. In filmmaker Nate Parker's writing and directorial debut (he also stars in the film), he offers a wide view of Turner's life, starting at a fireside ceremony where an aged slave declares the youthful Turner a prophet.

And that's where the problems begin. Biopics are difficult because they must distill into a pair of hours the importance of a person's life, philosophies, relationships — all of the complexities of being human. The best biographical films focus on a relative moment — a day, a week, a year — that encompasses its subject's legacy in a compelling story arc. Instead, we watch Turner witness and suffer a series of indignities over the course of 25 years. This could have been an opportunity to highlight the casual, constant cruelty perpetrated on 19th century American blacks. Parker never comes close. Instead, a handful of brutal scenes — the most vile of which take place completely off screen — punctuate a strangely chaste landscape that Parker paints. The violence perpetrated on the black women in the film seems

present primarily to justify Turner's rage, their abuse the narrative final straw. One victim doesn't even warrant a spoken line.

In a world as sadistic as the antebellum South, abject violence portrayed as an exception seems whitewashed. It's one of Parker's numerous missteps. Nat Turner's owners are painted from the outset as sympathetic. His master's wife takes him under her wing, encouraging his literacy. Her son, who becomes Turner's owner, is played as a drunk reluctantly trying to fit in with the rest of slaveholding high society. Turner's role in the purchase of Cherry (Aja Naomi King), who becomes his wife, ends up feeling icky instead of redemptive.

Maybe it's no surprise that a film getting accolades and award buzz (it already took home prestigious Sundance prizes) prominently features the "kindly white slaveholders," including one who weepily attends Turner's hanging when the revolution fails.

Parker plays Turner with some dignity but the character is never realized. *The Birth of a Nation* doesn't elucidate his motivations. When did he undergo his moral and philosophical awakenings? Who did he confide in? How long did he struggle with his choice?

Nate Parker's Nat Turner disappears during what must have been the hardest time in his life: after his revolution has

Continued on next page »

MOVIES & EVENTS
Oct 13 - Oct 19
Thurs Oct 13 – Love Potion 69, Doors @ 7 PM, Show @ 7:30 PM, 18 +.
Fri Oct 14 – Bram Stoker's Dracula (1992), Doors @ 7:30 PM, Movie @ 8 PM, Film is \$5, Rated R.
Sun Oct 16 – Goosebumps (2015), Doors @ 5:30 PM, Movie @ 6 PM, Film is \$5, Rated PG.
Wed Oct 19 – Sci Fi Night: The Island of Lost Souls (1932), Doors @ 6 PM All ages, Free w/\$5 food & bev purchase.
Mon Oct 17 – Monday Night Football, Doors @ 5:20 PM, Game @ 5:30 PM, Jets @ Cardinals, All ages, Free w/\$5 food & bev purchase.
Arcata Theatre Lounge f
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Email jennifer@northcoastjournal.com



NCJ HUM PLATE

Filmland

Continued from previous page

failed and white militias are carrying out retributive murders of innocent blacks around the counties, trying to drive him out of hiding. It's a bizarre choice. We expect biographers to suss out the hidden moments of an important person's life, not hide them away. A cursory bout of research reveals that this denouement contains a troubling historical inaccuracy, as well.

Maybe this would all be forgiven if Parker could land on a storytelling tone; instead he wavers between afterschool-special lessons and plodding moral exposition that occasionally lands some lyrical poignancy. The cinematography is able and, at times, great. Unfortunately, those scenes are almost entirely contained in the theatrical trailer.

Hopefully the film will drive its viewers to read more about Nat Turner. But *The Birth of a Nation* does little to humanize Turner, less to explore how he must have seethed at the injustice of his time. Which brings us back to that vacuum. Parker's film fails to humanize Turner in a time when, given the contemporary injustices that black communities face, audiences need it most. *R. 120M. BROADWAY.*

THE GIRL ON THE TRAIN is an effective thriller, credit for which should largely be given to Emily Blunt. Set in a prim but austere Upstate New York winter, the film evokes an early sense of dread, dispensing with some of the tropes that infect white suburban suspense.

Rachel (Blunt) obsesses over her ex-husband and his new wife, as well as their ideal neighbors, twice a day from the window of her Manhattan-bound commuter train. Since their divorce — predicated on Rachel's inability to conceive — she's taken to drinking heavily. Blunt capably plays a composed drunk and her paranoia and sadness feel fully realized. Still, her innocent nature casts doubts about her storied behavior at the bottom of the bottle.

When her ex's nanny (Haley Bennett) goes missing, Rachel inserts herself into the investigation with a key piece of information she witnessed from the train. But her tendency toward airplane bottles and stalker behavior continue to threaten the trust of the people with whom she interacts.

As a thriller, *Girl* relies a little too heavily on the twist and there are some prominent plot fragments left hanging. But *Girl on the Train* is refreshing because it unfolds outside of the standard detective narrative. The film's best twist — which



Still better than the original *Birth of a Nation*, at least.

won't be revealed here — is only a secondary, maybe tertiary revelation, but it's satisfying and perhaps most relevant to the film's commentary about relationships. *R. 112M. BROADWAY, MILL CREEK.*

— Grant Scott-Goforth

For showtimes, see the Journal's listings at www.northcoastjournal.com or call: Broadway Cinema 443-3456; Fortuna Theatre 725-2121; Mill Creek Cinema 839-3456; Minor Theatre 822-3456; Richards' Goat Miniplex 630-5000.

Previews

THE ACCOUNTANT. A gun-toting mathlete (Ben Affleck) is pursued by his dangerous international clientele. *R. 128M. BROADWAY, FORTUNA, MILL CREEK.*

THE BEATLES: EIGHT DAYS A WEEK, THE TOURING YEARS. Found footage and interviews covering 1963 to 1966. *NR. 137M. MINOR.*

CAFE SOCIETY. Jesse Eisenberg stands in for Woody Allen, mingling with mobsters and starlets in old Hollywood. With Kristen Stewart. *R. 112M. MINOR.*

KEVIN HART: WHAT NOW? The comedian performs stand-up in a Philadelphia arena. *R. 96M. BROADWAY, MILL CREEK.*

MAX STEEL. A teen (Ben Winchell) discovers his super powers and a robot sidekick inherited from his late father. *PG13. 92M. BROADWAY, MILL CREEK.*

WILLY WONKA & THE CHOCOLATE FACTORY. The 1971 original with Gene Wilder as the candy man. *G. 100M. BROADWAY.*

Continuing

DEEPWATER HORIZON. Peter Berg's taut oil rig disaster drama keeps a tight focus on the struggle of its real-life characters in a few crucial hours. *PG13. 107M.*

BROADWAY, FORTUNA, MILL CREEK.

HELL OR HIGH WATER. A pair of bank-robbing brothers (Chris Pine, Ben Foster) are pursued by a pair of Texas Rangers (Jeff Bridges, Gil Birmingham) in a fine, character-driven film about what poverty does to people. *R. 102M. MINOR.*

THE MAGNIFICENT SEVEN. Some fine performances in this enjoyable remake, particularly from Peter Sarsgaard as the villain and a monstrous Vincent D'Onofrio, as well as strong action sequences. Still, it lags in places and breaks no new ground for the genre. *PG13. 133M. BROADWAY, FORTUNA, MILL CREEK.*

MASTERMINDS. Tame and toothless heist comedy punches a little low and doesn't get enough dark laughs out of stars Zach Galifianakis and Kristen Wiig. *PG13. 94M. BROADWAY, FORTUNA.*

MIDDLE SCHOOL: THE WORST YEARS OF MY LIFE. The new kid in school (Griffin Gluck) sets out to break each of its suffocating rules of conduct. *R. 112M. BROADWAY, MILL CREEK.*

MISS PEREGRINE'S HOME FOR PECULIAR CHILDREN. Eva Green stars as headmistress in Tim Burton's adaptation of the book about children with magical powers. *PG13. 127M. BROADWAY, FORTUNA, MILL CREEK, MINOR.*

QUEEN OF KATWE. True tale of a Ugandan girl who rises through the ranks as a chess champion. With David Oyelowo, Lupita Nyong'o and Medina Nalwanga. *PG. 124M. BROADWAY.*

STORKS. A retail delivery bird winds up in the baby business trying to get an infant to a family. Or you could just have the talk with your kids. Voices of Jennifer Aniston and Kelsey Grammer. *PG. 87M. BROADWAY, FORTUNA, MILL CREEK.*

— Jennifer Fumiko Cahill

Workshops & Classes

List your class – just \$4 per line per issue! Deadline: Friday, 5pm.

Place your online ad at classified.northcoastjournal.com or e-mail: classified@northcoastjournal.com

Listings must be paid in advance by check, cash or Visa/MasterCard. Many classes require pre-registration.

Arts & Crafts

WATERCOLOR @ PLUM BLOSSOM STUDIO Basic watercolor techniques with mindfulness practice. 6 Fridays 10/14-11/18 \$125 thaoart.biz 601-9955

DIGITAL PHOTOGRAPHY BASICS. Get tips to help you understand your camera's functions and create creative, quality images. Sat., Nov. 12. \$150. Call 826-3731 or visit www.humboldt.edu/extendedto register. (A-1103)

Communication

UNLIKELY STORIES OF REDEMPTION EXPLORED AT LIFETREE CAFÉ Real-life examples of hope growing out of hopelessness will be explored at Lifetree Café on Sunday, October 16 at 7 p.m. The program, titled "Redeemed: A Real-Life Cinderella Story," features interviews with destitute Filipino children whose lives changed dramatically after the children were accepted into a ballet school. During the program, participants will have the opportunity to share stories about times they've seen difficult situations redeemed. Lifetree Café is a free conversation cafe located at Campbell Creek Connexion, corner of Union and 13th St., Arcata. Coffee and snacks. Ph: 672 2919 (S-1013)

GRAPHIC RECORDING. AN EXCITING TECHNIQUE TO MAKE MEETINGS MORE ENGAGING. Learn to write and draw meeting conversations live and large. Sat., Nov. 5. \$175 (includes materials). Call 826-3731 or visit www.humboldt.edu/locc to register. (C-1020)

CONSULTING SKILLS WORKSHOP. Increase your ability to have your expertise utilized as you build effective partnerships. Part of the Leading Organizational & Community Change program. Dec. 7-9, \$600. Call 826-3731 or visit www.humboldt.edu/locc to register. (C-1103)

Dance/Music/Theater/Film

DANCE WITH DEBBIE: Learn to Bachata in our two hour workshop on Wed, Oct 26. Beg and Intermediate classes in Swing, Latin, & Ballroom dance. We guarantee you will learn to dance! (707) 464-3638, debbie@dancewithdebbie.biz (D-1020)

GUITAR/PIANO LESSONS. All ages, beginning & intermediate. Seabury Gould (707) 845-8167. (DMT-1006)

WEST AFRICAN DRUM CLASS All Level Community Class Fridays 6-8pm
Held at Organic Matters Ranch Barn
6821 Myrtle Ave, Eureka (Freshwater)
Contact Heather 707-834-3610
Extra drums available to borrow or purchase (DMT-1027)

PIANO LESSONS FOR BEGINNERS by Judith Louise. Children and adults, learn to read & play music! 707 476-8919. (D-1027)

REDWOOD RAKS WORLD DANCE STUDIO, ARCATA. West African, Belly Dance, Tango, Salsa, Swing, Breakdance, Jazz, Tap, Modern, Zumba, Hula, Congolese, more! Kids and Adults, (707) 616-6876 shoshannaRaks@gmail.com (DMT-1027)

STEEL DRUM CLASSES. Beginning Classes Level 1 Fri's. 10:00-11:00a.m, Level 2 Fri's. 11:00-12:00p.m. Intermediate Thu's., 6:30-7:30p.m. Pan Arts Network 1049 Samoa Blvd. Suite C. Call (707) 407-8998. panartsnetwork.com (DMT-1006)

Fitness

NORTH COAST FENCING ACADEMY. Fencing (with swords!). Improve your mind and body in a fun, intense workout. New classes begin the first Mon. of every month. Ages 8 to 80+ Email: northcoastfencingacademy@gmail.com or text, or call Justin at 707 601-1657. 1459 M Street, Arcata, northcoastfencing.tripod.com (F-1027)

SUN YI'S ACADEMY OF TAE KWON DO. Classes for kids & adults, child care, fitness gym & more. Tae Kwon Do Mon-Fri 5-6 p.m., 6-7 p.m., Sat 10-11 a.m. Come watch or join a class, 1215 Giuntoli Lane, or visit www.sunyisarcata.com, 825-0182. (F-1229)

ZUMBA WITH MARLA JOY. Elevate, Motivate, Celebrate another day of living. Exercise in Disguise. Now is the time to start, don't wait. All ability levels are welcome. Every Mon. and Thurs. at Bayside Grange 6-7 p.m., 2297 Jacoby Creek Rd. \$6/\$4 Grange members. (707) 845-4307 marlajoy.zumba.com (F-1027)

Kids & Teens

FAMILY CERAMICS Be creative with your kids! 6 weeks-\$60/\$70 for up to (4). Create. Glaze. Fire. Fun! (707) 822-7091 cityofarcata.org/rec

50 and Better

OSHER LIFELONG LEARNING INSTITUTE (OLLI). Offers dynamic classes for people age 50 and over. Call 826-5880 or visit www.humboldt.edu/olli to register for classes (O-1006)

CLOSE TO THE BONE: WRITING FROM THE INSIDE OUT WITH BONNIE SHAND. Learn a writing process that will help catapult you into your right brain and free you to write through your senses. Tues., Oct. 25-Dec. 6 (no class Nov. 22) from 1-3 p.m. OLLI Members \$85/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-1013)

Continued on next page »

BIRDING 101 WITH LOUISE BACON-OGDEN.

Explore basic birding ethics in both the classroom and the field. Fri., Oct. 21 from 6-8 p.m. & Sat., Oct. 22 from 9-11 a.m. OLLI Members \$45/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-1013)

EXPLORING THE AUTOBIOGRAPHY OF A YOGI (PART 2 OF 2) WITH CORY MYERS.

Explore the final chapters of this unforgettable and spell-binding account. Wed., Oct. 26-Dec. 7 (no class Nov. 23) from 2-3:50 p.m. OLLI Members \$75/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-1013)

INTRODUCTION TO ZENTANGLE® WITH JENNIFER MOREY.

Discover Zentangle, a method of drawing structured patterns to create beautiful, abstract art. Sat., Oct. 22 from 10-11:50 a.m. OLLI Members \$40 (Material fee included)/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-1013)

THE ARMCHAIR TRAVELER: THE OVERLAND MAIL TRAIL WITH JERRY & GISELA ROHDE.

Hop on your armchair and follow the travels of a penny postcard as it crosses the ridges and rivers of southern Humboldt County on the Overland Mail Trail. Sat., Oct. 22 from 1-3:30 p.m. OLLI Members \$30/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-1013)

EXPLORING THE AUTOBIOGRAPHY OF A YOGI (PART 1 OF 2) WITH CORY MYERS.

Explore the first part of this unforgettable and spell-binding account. Mon., Oct. 24-Dec. 5 (no class Nov. 21) from 6-7:50 p.m. OLLI Members \$75/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-1013)

FALK: COMPANY TOWN TO FOREST GROUND WITH JULIE CLARK.

Learn about the historic mill town of Falk through an easy two-mile walk along the paved Headwaters trail, which meanders along Elk River and stops at the past location. Tues., Oct. 25 from 10 a.m.-1 p.m. OLLI Members \$20/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-1013)

JUST SING: PART 2 WITH CAROL RYDER.

Work with breathing, vowels, range development and confidence. Just Sing I is not a prerequisite, you only need the desire to sing and make music together. Wed., Oct. 26-Nov. 16 from 10:30 a.m.-noon OLLI Members \$65/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-1013)

HEARING LOSS: AN OVERVIEW FROM DIAGNOSIS TO TREATMENT WITH JULIE KELLY.

Learn about the anatomy of the auditory system, how hearing loss affects a person and their loved ones and explore approaches to dealing with hearing loss. Fri., Oct. 21 from 2:30-3:30 p.m. OLLI Members \$20/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-1013)

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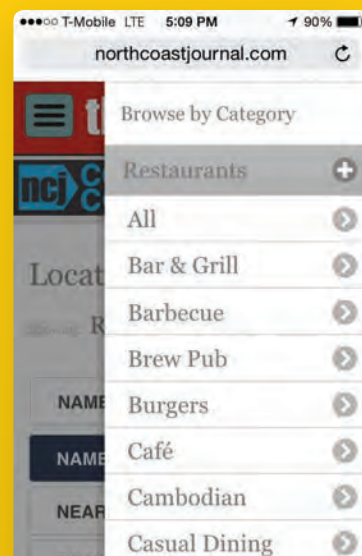
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RESTAURANTS



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JUST SING WITH CAROL RYDER. Discover easy vocal techniques to learn how to best use your "new" older voice. Mon., Oct 24-Nov. 14 from 10:30 a.m.-noon. OLLI Members \$65/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-1013)

Spiritual

ARCATA ZEN GROUP MEDITATION. Beginners welcome. ARCATA: Sunday 7:55 a.m. at Trillium Dance Studio, 855 8th St (next to the Post Office). Dharma talks are offered two Sundays per month at 9:20 a.m. following meditation. EUREKA: Wed's, 5:55 p.m., First Methodist Church, 520 Del Norte St., enter single story building between F & G on Sonoma St, room 12.For more information call 826-1701 or visit arcatazengroup.org. (S-1027)

HUMBOLDT UNITARIAN UNIVERSALIST FELLOWSHIP. We are here to change lives with our love. . Services at 9am and 11am on Sunday. Child care is provided at 9am. Childrens religious education is at 11am. 24 Fellowship Way, off Jacoby Creek Rd., Bayside. (707) 822-3793, www.huuf.org. (S-1027)

KDK ARCATA BUDDHIST GROUP. Practice Tibetan Meditation on Loving-Kindness and Compassion in the Kagyu tradition, followed by a study group. Sun's., 6 p.m., Community Yoga Center 890 G St., Arcata. Contact Lama Nyugu (707) 442-7068. Fierro_roman@yahoo.com. www.kdkarcatagroup.org (S-12/29)

NON-RELIGIOUS BUDDHIST STUDY AND PRACTICE WITH TOBIN RANGDROL AT ARCATA SCHOOL OF MASSAGE. Tuesdays, 6:30-8:30 p.m. starting September 27. Free. Visit freebuddhism.org or call (707) 407-7300. (S-1020)

SPIRITUALITY SUNDAYS AT WESTHAVEN CENTER FOR THE ARTS Join us each Sunday from 9-10 AM for Golden Lion Yoga w/ Marissa Vaudó, a spirituality informed yoga practice with emphasis on breathing and developing calmness. \$12/class. Call 499-6917. Also, come to Gaia's Love for a monthly study and experiential discussion group on Nature Based Spirituality and the healing values of the arts, October 23rd from 10-11 AM. Both are held at Westhaven Center for the Arts at 501 S. Westhaven Dr., Westhaven. Contact Roy King at royjking2@hotmail.com or (650) 575-7670.

TARA'S TRIPLE EXCELLENCE WITH LAMA TENZIN SANGPO. Train in the essentials of the Buddhist Path and develop deeper meditation experience. October 14-16 at Rangjung Yeshe Gomde California, Leggett. Visit gomdeusa.org for registration and information. (S-10/13)

TAROT AS AN EVOLUTIONARY PATH. Classes in Eureka, and Arcata. Private mentorships, readings. Carolyn Ayres. 442-4240 www.tarotofbecoming.com (S-1027)

Therapy & Support

ALCOHOLICS ANONYMOUS. We can help 24/7, call toll free 1-844 442-0711. (T-1006)

SEX/ PORN DAMAGING YOUR LIFE & RELATIONSHIPS? Confidential help is available. 825-0920, saahumboldt@yahoo.com or (TS-1027)

SMOKING POT? WANT TO STOP? www.marijuana-anonymous.org (T-0929)

Vocational

BASIC BUSINESS COMPUTER SKILLS 11/17 & 18, 2016, THURSDAY & FRIDAY 6:00 P.M. - 9:00 P.M. Fee: \$150 CR Community Education 525 D street Eureka, Computer Lab 105. Go from the elementary steps of turning on a computer, into the distinctions between things like the operating system, network, and software. Explore the devices of technology that connect to the computer while learning how to save and retrieve information! Call College of the Redwoods Community Education for more information 707-476-4500 (V-1013)

MARKETING WINE IN HUMBOLDT COUNTY (& BEYOND). Explore the business of wine - distribution, brand marketing, and building a loyal customer base - with local industry expert Elizabeth Hans McCrone. Includes wine tasting and field trip. Part of the From Vine to Table Wine Certificate Program. Nov. 10-12. \$265. Call 826-3731 or visit www.humboldt.edu/extended to register. (V-1103)

OFFICE SPECIALIST 11/1-12/15 M/T/W 1:00 PM - 5:00 PM Fee: \$595 (Scholarships available!) Adults 18+ may qualify for a scholarship through the Humboldt County Department of Health & Human Services' Employment & Training Division. For more scholarship information contact The Job Market! Phone: (707) 441.5627 Call College of the Redwoods Community Education for more information 707-476-4500 (V-1013)

NOTARY TRAINING. BECOME A CERTIFIED CALIFORNIA NOTARY. One-day seminar will build your skills and set you up for success. Mon., Nov. 21. \$120. Call 826-3731 or visit www.humboldt.edu/extended to register. (V-1103)

Wellness & Bodywork

ARCATA CORE PILATES Pilates, Barre, Yoga, TRX, Dance, & Private Instruction. 707-845-8156 located across the street from the North Coast Co-op, 901 8th Street Arcata, CA. arcatacorepilatesstudio.com

DANDELION HERBAL CENTER CLASSES WITH JANE BOTHWELL. Plant Lovers Journey to Costa Rica with Jane Bothwell & Rosemary Gladstar. November 10-19, 2016. Let us guide you through the unsurpassed beauty and wondrous diversity of Costa Rica! Herbal Adventure to Hawaii. Jan 14-21, 2017, Join Jane and Co. for an unforgettable journey to the Big Island. Ethnobotanical adventures, herbal spa days, meeting Native healers, enjoy a Kava ceremony and other cultural activities, lush beaches, lots of hikes, yoga and more! Beginning with Herbs. Jan 25 - Mar 15, 2017, 8 Wed. evenings. Learn medicine making, herbal first aid, and herbs for common imbalances. Register online www.dandelionherb.com or call (707) 442-8157. (W-1103)

YOGA IN FORTUNA THURS 9:30AM - 10:45AM W/LAURIE BIRDSONG. Multigenerational Center 2280 Newburg Rd. Breathe, stretch, strengthen the body, calm the mind. All levels. \$11 drop-in or 6 class pass \$57. Scholarships avail. info Laurie 362-5457 (W-1027)

YOUR CLASS HERE

442-1400 x305



classified@northcoastjournal.com

Legal Notices

NOTICE OF PETITION TO ADMINISTER ESTATE OF DANIEL PETER VAN KEF CASE NO. PR160276

To all heirs, beneficiaries, creditors, contingent creditors and persons who may otherwise be interested in the will or estate, or both, DANIEL PETER VAN KEF A PETITION FOR PROBATE has been filed by Petitioner, Joanne McKee Silberberg In the Superior Court of California, County of Humboldt. The petition for probate requests that Joanne McKee Silberberg be appointed as personal representative to administer the estate of the decedent. THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by court. THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A HEARING on the petition will be held on October 13, 2016 at 2:00 p.m. at the Superior Court of California, County of Humboldt, 825 Fifth Street, Eureka, in Dept.: 8. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court

clerk. ATTORNEY FOR PETITIONER: Leon A. Karjola 732 Fifth Street, Suite C Eureka, CA 95501 707-445-0804 September 26, 2016 SUPERIOR COURT OF CALIFORNIA COUNTY OF HUMBOLDT

9/29, 10/6, 10/13 (16-243)

NOTICE OF PETITION TO ADMINISTER ESTATE OF GAIL YVONNE EATON CASE NO. PR160288

To all heirs, beneficiaries, creditors, contingent creditors and persons who may otherwise be interested in the will or estate, or both, GAIL YVONNE EATON A PETITION FOR PROBATE has been filed by Petitioner, Dani Ashley Duley In the Superior Court of California, County of Humboldt. The petition for probate requests that Dani Ashley Duley be appointed as personal representative to administer the estate of the decedent. THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A HEARING on the petition will be held on October 27, 2016 at 2:00 p.m. at the Superior Court of California, County of Humboldt, 825 Fifth Street, Eureka, in Dept.: 8. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special

Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. ATTORNEY FOR PETITIONER: Thomas B. Hjerpe, Esq. Law Offices of Hjerpe and Collins, LLP 350 E Street, 1st Floor Eureka, CA 95501 October 6, 2016 SUPERIOR COURT OF CALIFORNIA COUNTY OF HUMBOLDT

10/13, 10/20, 10/27 (16-251)

T.S. No. 042743-CA APN: 511-424-33 NOTICE OF TRUSTEES SALE Pursuant to CA Civil Code 2923.3 IMPORTANT NOTICE TO PROPERTY OWNER: YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 10/5/2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER

On 11/8/2016 at 11:00 AM, CLEAR RECON CORP., as duly appointed trustee under and pursuant to Deed of Trust recorded 10/13/2006, as Instrument No. 2006-29668-21, of Official Records in the office of the County Recorder of Humboldt County, State of CALIFORNIA executed by: DAVID M BUDDE, UNMARRIED MAN WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIERS CHECK DRAWN ON A STATE OR NATIONAL BANK, A CHECK DRAWN BY A STATE OR FEDERAL CREDIT UNION, OR A CHECK DRAWN BY A STATE OR FEDERAL SAVINGS AND LOAN ASSOCIATION, SAVINGS ASSOCIATION, OR SAVINGS BANK SPECIFIED IN SECTION 5102 OF THE FINANCIAL CODE AND AUTHORIZED TO DO BUSINESS IN THIS STATE: AT THE FRONT ENTRANCE TO THE COUNTY COURTHOUSE, 825 5TH ST., EUREKA, CA 95501 all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as: LOT 20 OF TRACT NO. 484, CAMINO WAY SUBDIVISION, ACCORDING TO THE MAP THEREOF FILED DECEMBER 18, 1997, IN BOOK 22 OF MAPS, PAGES 22 AND 23, HUMBOLDT COUNTY RECORDS. The street address and other common designation, if any, of the real property described above is purported to be: 1465 CAMINO WAY MCKINLEYVILLE, CA 95519 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be held, but without covenant or warranty, express or implied, regarding title, possession, condition, or encumbrances, including fees, charges and expenses of the Trustee and of the

trusts created by said Deed of Trust, to pay the remaining principal sums of the note(s) secured by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: \$296,343.70 If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (844) 477-7869 or visit this Internet Web site WWW.STOXPOSTING.COM, using the file number assigned to this case 042743-CA. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. FOR

SALES INFORMATION: (844) 477-7869 CLEAR RECON CORP. 4375 Jutland Drive Suite 200 San Diego, California 92117

10/13, 10/20, 10/27 (16-246)

TS# 16-2289 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED: 8/19/10. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER.

A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee, as shown below, all right, title and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to satisfy the obligation secured by said Deed of Trust. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any shown herein. Trustor: Thurman L. Henderson and Amanda D. Lawrence, husband and wife Duly Appointed Trustee: Foreclosure Specialists LLC Recorded 8/30/10 as Instrument No. 2010-18723-4 of Official Records in the office of the Recorder of Humboldt County, California, Date of Sale: Thursday, November 3, 2016 at 10:30 A.M. Place of Sale: On the steps to the front entrance to the County Courthouse, 825 5th Street, Eureka, CA 95501 The common designation of the property is purported to be: 1484 Gardenbrook St., McKinleyville, CA 95519 AN UNDIVIDED ONE-HALF INTEREST IN AND TO: Lot 1, as shown on the Map of Tract No. 580 filed in the office of the Humboldt County Recorder in Book 23 of Maps, Pages 147, 148, and 149. APN: 510-101-044 Estimated opening bid: \$220,649.66 Beneficiary may elect to open bidding at a lesser amount. The total amount secured by said instrument as of the time of initial publication of this notice is stated above, which includes the total amount of the unpaid balance (including accrued and unpaid interest) and reasonable estimated costs, expenses and advances at the time of initial publication of this notice. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a

lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call the trustee's information line at 530-246-2727 or visit this Internet Web site: calforeclosures.biz, using the file number assigned to this case: TS # 16-2289. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: 10/4/16 FORECLOSURE SPECIALISTS LLC 1388 Court Street, Ste C Redding, CA 96001 530-246-2727, Toll Free: 844-333-6766, Janelle St. Pierre / Manager Foreclosure Specialists LLC is assisting the Beneficiary in collecting a debt. Any and all information obtained may be used for that purpose. TAC: 3766 PUB: 10/13/16, 10/20/16, 10/27/16.

(16-250)

PUBLIC SALE PUBLIC AUCTION NOTICE IS HEREBY GIVEN that the undersigned intends to sell the personal property described below to enforce a lien imposed on said property pursuant to Sections 21700 -21716 of the Business and professions Code, Section 2328 of the UCC, Section 535 of the Penal Code and provisions of the Civil Code.

The undersigned will sell at a public auction by competitive bidding on the 22nd of October 2016 at 10:00 am on the premises where said property has been stored and which are located at Four Star Mini Storage at 271 N. Fortuna Blvd., Fortuna, CA, County of

Humboldt, the following units:

Steve Crane, unit 6
Lisa Charter, unit 17
Glenna Morrison, unit 24
Steve Dishman, unit 30
Frances Cook, unit 52
Brian Warnow, unit 54
Jacqueline Torres, unit 61
Dorothy McCall, unit 69
Larry Oyer, unit 72
Shawn Dotty, unit 75

Items to be sold include but are not limited to: Antiques, Tools, Household furniture, sporting equipment, books, clothing and miscellaneous household items and boxes and bags of unknown contents. Purchases must be paid in cash at the time of the sale plus a \$100.00 deposit to be returned when the unit is cleaned out. All purchase items sold as is, where is and must be removed on the day of sale. Sale is subject to cancellation in the event of settlement between owner and obligated party. Auctioneer: Four Star Mini Storage, 707-725-0702. Dated this 30th day of September, 2016.

10/6, 10/13 (16-244)

FICTITIOUS BUSINESS NAME STATEMENT 16-00585

The following person is doing Business as **ACTION COURIER SERVICE** Humboldt, 2629 Kelly Ave McKinleyville, CA 95519 **Audrey R Sikorski** 2629 Kelly Ave McKinleyville, CA 95519 **Damion I Sikorski** 2629 Kelly Ave McKinleyville, CA 95519

The business is conducted by A Married Couple. The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000). /s Audrey R Sikorski, Owner/Operator This statement was filed with the County Clerk of Humboldt County on October 3, 2016 KELLY E. SANDERS Humboldt County Clerk By: aa, Deputy Clerk

10/13, 10/20, 10/27, 11/3 (16-255)

Hiring?
442-1400 *305
northcoastjournal.com

NOTICE INVITING BIDS

1. Notice is hereby given that the Governing Board of the Peninsula Union School District ("District"), of the County of Humboldt, State of California, will receive sealed bids for the Supply, Install and Commissioning of a Grid-Tied, 990 kW, Solar PV System Project ("Project") up to, but not later than, 3 p.m., on Thursday, November 3, 2016, and will thereafter publicly open and read aloud the bids. All bids shall be received at the office of Greenway Partners, located at 1385 8th Street, in Arcata, California 95521.
2. Each bid shall be completed on the Bid Proposal Form included in the Contract Documents, and must conform and be fully responsive to this invitation, the plans and specifications and all other Contract Documents. Copies of the Contract Documents are available for examination at the office of the Peninsula Union School District, County of Humboldt, California, and may be obtained by licensed contractors for free.
3. Each bid shall be accompanied by cash, a cashier's or certified check, or a bidder's bond executed by a surety licensed to do business in the State of California as a surety, made payable to the District, in an amount not less than ten percent (10%) of the maximum amount of the bid. The check or bid bond shall be given as a guarantee that the bidder to whom the contract is awarded will execute the Contract Documents and will provide the required payment and performance bonds and insurance certificates within ten (10) days after the notification of the award of the Contract.
4. The successful bidder shall comply with the provisions of the Labor Code pertaining to payment of the generally prevailing rate of wages and apprenticeships or other training programs. The Department of Industrial Relations has made available the general prevailing rate of per diem wages in the locality in which the work is to be performed for each craft, classification or type of worker needed to execute the Contract, including employer payments for health and welfare, pension, vacation, apprenticeship and similar purposes. Copies of these prevailing rates are available to any interested party upon request and are online at <http://www.dir.ca.gov/DLSR>. The Contractor and all Subcontractors shall pay not less than the specified rates to all workers employed by them in the execution of the Contract. It is the Contractor's responsibility to determine any rate change.
5. The schedule of per diem wages is based upon a working day of eight hours. The rate for holiday and overtime work shall be at least time and one half.
6. The substitution of appropriate securities in lieu of retention amounts from progress payments in accordance with Public Contract Code §22300 is permitted.
7. Pursuant to Public Contract Code §4104, each bid shall include the name and location of the place of business of each subcontractor who shall perform work or service or fabricate or install work for the contractor in excess of one-half of one percent (0.5%) of the bid price. The bid shall describe the type of the work to be performed by each listed subcontractor.
9. Minority, women, and disabled veteran contractors are encouraged to submit bids. This bid is not subject to Disabled Veteran Business Enterprise requirements.
10. The project is subject to compliance monitoring and enforcement by the California Department of Industrial Relations. In accordance with SB 854, all bidders, contractors and subcontractors working at the site shall be duly registered with the Department of Industrial Relations at time of bid opening and at all relevant times. Proof of registration shall be provided as to all such contractors prior to the commencement of any work.
11. Each bidder shall possess at the time the bid is awarded the following classification(s) of California State Contractor's license: Class B (General Building Contractor) or a Class C-46 (Solar Contractor) or a Class C-10 (California Electrical Contractor).
12. Bidders' Conference. A non-mandatory bidders' conference will be held at Peninsula Union School District on Thursday, October 20, 2016 at 10:00 a.m. for the purpose of acquainting all prospective bidders with the Contract Documents and the Project site.

PENINSULA UNION SCHOOL DISTRICT
By: Allison M. Doolan (District Superintendent) DATED: October 1, 2016
Publication Dates: 1) Thurs. October 13, 2016 2) Thurs. October 20, 2016

**FICTITIOUS BUSINESS NAME
STATEMENT 16-00549**

The following person is doing Business as

**REAL PROPERTY MANAGEMENT
HUMBOLDT**

Humboldt
710 E St. Suite 140
Eureka, CA 95501
PPM Investments, Inc.
CA C1644677
710 E St. Suite 140
Eureka, CA 95501

The business is conducted by A Corporation.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

/s Darus K. Trutna, President
This statement was filed with the County Clerk of Humboldt County on September 16, 2016
KELLY E. SANDERS
Humboldt County Clerk
By: gw, Deputy Clerk

9/22, 9/29, 10/6, 10/13 (16-238)

**FICTITIOUS BUSINESS NAME
STATEMENT 16-00565**

The following person is doing Business as

CULTURED LIFE FOOD

Humboldt
550 S. G St Suite 9
Arcata, CA 95521
PO Box 5035
Arcata, CA 95518
Mary K Walker
1121 Walker Pt Rd
Bayside, CA 95524

The business is conducted by An Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

/s Paula Sargent, Owner
This statement was filed with the County Clerk of Humboldt County on September 16, 2016
KELLY E. SANDERS
Humboldt County Clerk
By: aa, Deputy Clerk

9/29, 10/6, 10/13, 10/20 (16-240)

**FICTITIOUS BUSINESS NAME
STATEMENT 16-00532**

The following person is doing Business as

MY B.F.F.
Humboldt
4996 Fieldbrook Rd
McKinleyville, CA 95519
Paula L Sargent
4996 Fieldbrook Rd
McKinleyville, CA 95519

The business is conducted by An Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

/s Paula Sargent, Owner
This statement was filed with the County Clerk of Humboldt County on September 6, 2016
KELLY E. SANDERS
Humboldt County Clerk
By: sc, Deputy Clerk

9/22, 9/29, 10/6, 10/13 (16-232)

**FICTITIOUS BUSINESS NAME
STATEMENT 16-00540**

The following person is doing Business as **CLEAR-SIGHTED INSPECTIONS**

Humboldt,
1716 Van Eaton Ave
McKinleyville, CA 95519
PO Box 936
Arcata, CA 95518
Mark W Friedrich
1716 Van Eaton Ave
McKinleyville, CA 95519

The business is conducted by An Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

/s Mark W Friedrich, Owner
This statement was filed with the County Clerk of Humboldt County on September 9, 2016
KELLY E. SANDERS
Humboldt County Clerk
By: sc, Deputy Clerk

9/22, 9/29, 10/6, 10/13 (16-234)

**FICTITIOUS BUSINESS NAME
STATEMENT 16-00573**

The following person is doing Business as

FRESH ROOTS HUMBOLDT
Humboldt
1538 McCullen Ave.
Eureka, CA 95503
Planit Organically Inc.
CA 3898763
1538 McCullen Ave
Eureka, CA 95503

The business is conducted by A Corporation.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

/s Caterina J Kein, Chief Financial Officer
This statement was filed with the County Clerk of Humboldt County on September 26, 2016
KELLY E. SANDERS
Humboldt County Clerk
By: gw, Deputy Clerk

10/6, 10/13, 10/20, 10/27 (16-247)

**FICTITIOUS BUSINESS NAME
STATEMENT 16-00576**

The following person is doing Business as

SOBER SAINTS
Humboldt
335 W. Sonoma St #A
Eureka, CA 95501
Matthew D Hehman
335 W. Sonoma St #A
Eureka, CA 95501

The business is conducted by An Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

/s Matthew Hehman, Owner Operator
This statement was filed with the County Clerk of Humboldt County on September 27, 2016
KELLY E. SANDERS
Humboldt County Clerk
By: gw, Deputy Clerk

10/6, 10/13, 10/20, 10/27 (16-248)

**FICTITIOUS BUSINESS NAME
STATEMENT 16-00593**

The following person is doing Business as

**ISIS HEALS, ISIS OSIRIS
HEALING TEMPLE, ISIS SCROLLS,
WHOLISTIC HEARTBEAT**
Humboldt,
44 Sunny Brae Center
Arcata. CA 95521
Maya A Cooper
1991 Hill Ave
Eureka, CA 95501

The business is conducted by An Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

/s Maya Cooper, Owner
This statement was filed with the County Clerk of Humboldt County on October 3, 2016
KELLY E. SANDERS
Humboldt County Clerk
By: aa, Deputy Clerk

10/13, 10/20, 10/27, 11/3 (16-254)

**ORDER TO SHOW CAUSE FOR
CHANGE OF NAME TYISHA
SHELLEY CASE NO. CV160854
SUPERIOR COURT OF CALI-
FORNIA, COUNTY OF
HUMBOLDT 825 FIFTH ST.
EUREKA, CA. 95501**

PETITION OF:
TYISHA SHELLEY
TO ALL INTERESTED PERSONS:
Petitioner: TYISHA SHELLEY

for a decree changing names as follows:
Present name
PRESTON EDWARD PHILLIPS
to Proposed Name
PRESTON EDWARD SHELLEY

THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

NOTICE OF HEARING
Date: November 21, 2016
Time: 1:45 p.m., Dept. 8
SUPERIOR COURT
OF CALIFORNIA,
COUNTY OF HUMBOLDT
825 FIFTH STREET
EUREKA, CA 95501
Date: October 6, 2016
Filed: October 6, 2016
/s/ Dale A. Reinholtsen
Judge of the Superior Court

10/13, 10/20, 10/27, 11/3 (16-252)



United Indian Health Services, Inc.
**Request for Proposal ("RFP") to
Provide Independent Audit Services**

United Indian Health Services, Inc. ("UIHS") is requesting proposals from independent accounting firms that have experience in providing audit and tax services for nonprofit organizations that operate within the healthcare environment, and more specifically as a Tribal Health Program. UIHS (www.UIHS.org) was founded in 1970 with the mission to provide a broad range of healthcare services primarily to American Indians residing within counties of Humboldt and Del Norte, California. We are soliciting firms interested in receiving a RFP and submitting a proposal to us by early November for consideration. A more complete description of our organization, the services needed, and other pertinent information will be provided in the RFP. Request to receive the RFP should also include a brief statement on the qualifications of your firm, and may be sent to the attention of:

Laura Borden Chairperson

Audit Committee

United Indian Health Services, Inc.

1600 Weet Way

Arcata, CA 95521

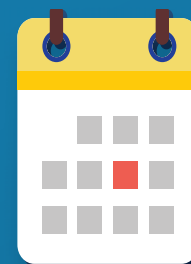
Further questions contact david.rosen@carih.org

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NOTICE OF APPOINTMENT OF POLLING PLACES
FOR THE PRESIDENTIAL GENERAL ELECTION TUESDAY, NOVEMBER 8, 2016

NOTICE IS HEREBY GIVEN that the following places have been designated as polling facilities, pursuant to Section 12105 of the California Elections Code. Look for the “Sample Ballot & Polling Place Lookup” link on the County Election Office’s home page at <http://www.co.humboldt.ca.us/elections>. This site will let you check your precinct name and polling location using your address.

POLLING PLACE NAME & ADDRESS	CONSOL. NAME	HOME PRECINCT NAMES
Arcata City Hall, Council Chambers, 736 F Street, Arcata	3A-1	3A-1
Arcata City Hall, Council Chambers, 736 F Street, Arcata	3A-4	3A-4
Arcata Lutheran Church Parish Hall, 151 E 16th Street, Arcata	3A-3	3A-3, 3A-3A
HSU – Jolly Giant Commons – 1st Floor Rec Rm, 355 Granite Ave., Arcata	3A-12	3A-5A, 3A-12
Arcata Methodist Church Social Hall, 1761 11th Street, Arcata	3A-7	3A-7, 3A-8
Arcata Methodist Church Social Hall, 1761 11th Street, Arcata	3A-9	3A-9
Arcata Veterans Memorial Building, 1425 J Street, Arcata	3A-11	3A-6, 3A-11
Arcata Veterans Memorial Building, 1425 J Street, Arcata	3A-13	3A-5, 3A-13
Mad River Rapids RV Park, 3501 Janes Road, Arcata	3A-P4	3A-P1, 3A-P2A, 3A-P4, 3A-P5, 3A-P6, 3A-P7
Mad River Rapids RV Park, 3501 Janes Road, Arcata	3PA-1	3PA-1, 3PA-2, 3PA-3, 3PA-3A, 3PA-3B, 3PA-4, 3PA-5, 3PA-6, 3PAE
Pacific Union School Multipurpose Rm, 3001 Janes Road, Arcata	3A-P2	3A-P2, 3A-P3, 3A-P8
Sunny Brae Middle School Multipurpose Rm, 1430 Buttermilk Ln, Arcata	3A-2	3A-2
Sunny Brae Middle School Multipurpose Rm, 1430 Buttermilk Ln, Arcata	3A-J1	3A-J1, 3A-J2, 3A-JW, 3A-JWA
Trinity Baptist Church Foyer, 2450 Alliance Road, Arcata	3A-10	3A-10, 3A-14
Jacoby Creek School Gym, 1617 Old Arcata Rd, Bayside	3JCFR	3JC, 3JC-R, 3JCFR, 3JCM, 3JCM-1, 3JCW
Jacoby Creek School Gym, 1617 Old Arcata Rd, Bayside	3JCWR	3JCF, 3JCFRA, 3JCFRB, 3JCFRC, 3JCWF, 3JCWR, 3JCWRA
Manila Community Center, 1611 Peninsula Dr, Arcata	3MA-1	3MA-1, 3MA-2, 3MA-3
Blue Lake Elementary School Library, 631 Greenwood Ave, Blue Lake	5BL	5BL, 5BL-1, 5BLF, 5BLF-1, 5BLF-2, 5BLF-3, 5BLFS, 5BLFS-1 5BLS, 5BM
Skinner Store, 111 Greenwood Ave, Blue Lake	3B-1	3B-1
Bridgeville Community Center, 38717 Kneeland Rd, Bridgeville	2BV-1	2BV-1, 2BV-2, 2BV-3, 2BV-4, 2BV-5, 2BV-6, 2BVF
Cuddeback School, Healthy Start Bldg, 300 Wilder Rd, Carlotta	2CU	2CU, 2CUS
Calvary Chapel Eureka , 1300 California Street, Eureka	4E-12	4E-12
Calvary Lutheran Church, 716 South Ave, Eureka, Prospect St entrance	4E-52	4E-52
Calvary Lutheran Church, 716 South Ave, Eureka, Prospect St entrance	4E-54	4E-53, 4E-54
Cutten School Multipurpose Rm, 4182 Walnut Dr, Cutten	1CS-1	1CS-1
Cutten School Multipurpose Rm, 4182 Walnut Dr, Cutten	1CS-2	1CS-2
Eureka City Schools Marshall Annex, 2100 J St, Eureka	4E-25	4E-25, 4E-47, 4E-48
Eureka City Schools Marshall Annex, 2100 J St, Eureka	4E-34	4E-34, 4E-35
Eureka Municipal Auditorium, 1120 F Street, Eureka	4E-13	4E-13
Eureka Municipal Auditorium, 1120 F Street, Eureka	4E-31	4E-31
Eureka Municipal Auditorium, 1120 F Street, Eureka	4E-33	4E-33
First Covenant Church Fellowship Hall, 2500 J Street, Eureka	1E-36	1E-36, 1E-41, 1E-42
First Covenant Church Fellowship Hall, 2500 J Street, Eureka	1E-43	1E-43, 1E-44
Freshwater School, 75 Greenwood Hts Dr, Eureka	3FW	3FW, 3FWF, 3FWF-A
Freshwater School, 75 Greenwood Hts Dr, Eureka	3FWS	3FWS, 3FWW, 3GF, 3GF-1, 3GFF, 3GFF-A
Grace Baptist Church, 220 Buhne St, Eureka	1E-55	1E-55, 1E-56, 1E-57
Grace Baptist Church Lobby , 220 Buhne St, Eureka	4E-51	4E-51, 4E-51A, 4E-55A
Grant School Cafeteria, 3901 G Street, Eureka	1E-45	1E-45, 1E-46
Grant School Cafeteria, 3901 G Street, Eureka	1ES-1	1ES-1, 1ES-2, 1ES-3
Humboldt CSD Board Rm, 5055 Walnut Dr, Eureka	1CS-3	1CS-3
Humboldt County Office of Education, 901 Myrtle Ave, Eureka	4E-21	4E-21, 4E-2F, 4E-2FW
Humboldt County Office of Education, 901 Myrtle Ave, Eureka	4E-22	4E-22
Humboldt County Office of Education, 901 Myrtle Ave, Eureka	4E-32	4E-32
Jefferson School Community Center, 1000 B Street, Eureka	4E-11	4E-11
Lincoln School/Zoe Barnum, 216 W Harris Street, Eureka	4E-14	4E-14, 4E-15
Pine Hill School Library, 5230 Vance Ave, Eureka	1SB-1	1SB-1, 1SB-2, 1SB-3
Ridgewood School The Commons, 2060 Ridgewood Dr, Cutten	1CS-4	1CS-4
Sacred Heart Church Parish Ctr, 3100 Edgewood Dr, Eureka	4ES-4	4ES-4, 4ES-8
Sacred Heart Church Parish Ctr, 3100 Edgewood Dr, Eureka	4ES-5	4ES-3, 4ES-5
Sacred Heart Church Parish Ctr, 3100 Edgewood Dr, Eureka	4ES-6	4ES-6
South Bay School Library, 6077 Loma Ave, Eureka	1SB-4	1SB-4, 1SB-5, 1SB-6, 1SB-8

POLLING PLACE NAME & ADDRESS	CONSOL. NAME	HOME PRECINCT NAMES
South Bay School Library, 6077 Loma Ave, Eureka	1SB10	1SB-9, 1SB10
Washington School, 3322 Dolbeer St, Eureka	3ES-6	3ES-6, 3ES-7, 3ES-9, 3ES10, 3ES11, 3ESS6
Zane Middle School Multipurpose Rm, 2155 S Street, Eureka	4E-23	4E-23
Zane Middle School Multipurpose Rm, 2155 S Street, Eureka	4E-24	4E-24
Humboldt County Fairgrounds Red Barn, 1250 5th Street, Ferndale	1F-1	1F-1
Humboldt County Fairgrounds Red Barn, 1250 5th Street, Ferndale	1FS	1FS, 1FSF, 1FSF-1, 1FSL
Ambrosini School Library, 3850 Rohnerville Rd, Fortuna	2F-R2	2F-R2
Fortuna City Hall Conference Rm, 621 11th Street, Fortuna	2F-2	2F-2, 2F-5, 2F-6
Fortuna City Hall Conference Rm, 621 11th Street, Fortuna	2F-4	2F-1, 2F-4
Fortuna Volunteer Fire Dept, 320 S Fortuna Blvd, Fortuna	2F-3	2F-3
Fortuna Volunteer Fire Dept, 320 S Fortuna Blvd, Fortuna	2F-R1	2F-3A, 2F-R1
Fortuna Volunteer Fire Dept, 320 S Fortuna Blvd, Fortuna	2RV-1	2FS-3, 2RV-1
Toddy Thomas School, 2800 Thomas Street, Fortuna	2F-R3	2F-R3, 2F-R5
Toddy Thomas School, 2800 Thomas Street, Fortuna	2F-R4	2F-R4
New Wine Fellowship, 1180 Evergreen Rd, Garberville	2SH-4	2SH-4
New Wine Fellowship, 1180 Evergreen Rd, Garberville	2SHS4	2SH-4A, 2SH-4B, 2SHF4, 2SHS4
Hoopa Neighborhood Facility, 11860 Hwy 96, Hoopa	5KT-4	5KT-4, 5KT-5
Hydesville Fire Station, 3495 Hwy 36, Hydesville	2HV-1	2HV-1, 2HV-2, 2HVF, 2HVV
Loleta Fire Station Meeting Rm, 567 Park Ave, Loleta	1LU	1LU, 1LU-1, 1LUR, 1LUS, 1LUS-1
Azalea Hall Hewitt Rm, 1620 Pickett Rd, McKinleyville	5MK-7	5MK-7
Christ the King Catholic Church, 1951 McKinleyville Ave, McKinleyville	5MK-1	1MK-1
Christ the King Catholic Church, 1951 McKinleyville Ave, McKinleyville	5MK-3	5MK-3
Dows Prairie School Multipurpose Rm, 3940 Dows Prairie Rd, McKinleyville	5MK-8	5MK-8, 5MK-9, 5MK-9A, 5MK-9B, 5MKS8, 5MKS8-1, 5MKS9
Fieldbrook School Multipurpose Rm, 4070 Fieldbrook Rd, McKinleyville	5FB	5FB, 5FBS
Morris School Multipurpose Rm, 2395 McKinleyville Ave, McKinleyville	5MK-5	5MK-5
Morris School Multipurpose Rm, 2395 McKinleyville Ave, McKinleyville	5MK-5A	5MK-5A
Morris School Multipurpose Rm, 2395 McKinleyville Ave, McKinleyville	5MK-6	5MK-6
Morris School Multipurpose Rm, 2395 McKinleyville Ave, McKinleyville	5MK-6A	5MK-6A
Seventh Day Adventist Church, 1200 Central Ave, McKinleyville	5MK-2	5MK-2
Seventh Day Adventist Church, 1200 Central Ave, McKinleyville	5MK-4	5MK-4, 5MK-4B
Seventh Day Adventist Church, 1200 Central Ave, McKinleyville	5MK-4A	5MK-4A
South Fork High School Library, 6831 Avenue of the Giants, Miranda	2SH-5	2SH-5, 2SH-5A, 2SH-6, 2SH-6N, 2SHF6, 2SHS5
Healy Senior Center, 456 Briceland Rd, Redway	2SHS7	2SHF7, 2SHF9, 2SHS7
Monument Middle School, 95 Center St, Rio Dell	2R-1	2R-1
Monument Middle School, 95 Center St, Rio Dell	2R-2	2R-2
Scotia Fire Hall, 145 Main St, Scotia	1SU	1RD, 1RDF, 1SCD, 1SU
Trinidad City Hall, 409 Trinity St, Trinidad	5T-1	5T-1
Trinidad City Hall, 409 Trinity St, Trinidad	5TU-1	5BU, 5BUS, 5BUS-1, 5TU-1, 5TU-2
Westhaven Fire Hall, 446 6th Street, Trinidad	5TU-4	5TU-3, 5TU-4
Willow Creek Community Resource Center, 38883 Hwy 299, Willow Creek	5KT-6	5KT-6, 5KTF6, 5KTS6

VOTE BY MAIL RETURN BALLOT BY 8PM ELECTION DAY

CONSOL. NAME	HOME PRECINCT NAMES	CONSOL. NAME	HOME PRECINCT NAMES	CONSOL. NAME	HOME PRECINCT NAMES
1E-59	1E-58, 1E-59	2SH-2	2SH-2, 2SHW2	3KL-1	3KL-1, 3KLF
1F-7	1F-7, 1F-8	2SH-3	2SH-3, 2SHF3	3PESF	3PESF
1FS-1	1FB-1, 1FS-1, 1FS-2, 1FS-3, 1FS-5, 1FS-6, 1FS-8	2SH-7	2SH-7, 2SH-9, 2SHS9	4E-2J	4E-2J
1FS-4	1FS-4, 1FS-7	2SH-8	2SH-8, 2SHM8, 2SHS8	4PEF	4FW, 4FWS, 4PE, 4PEF
1FS-9	1FS-9	2SHF1	2SHF1	5AS-4	5AS-4, 5AS-5, 5AS-5A, 5AS-6, 5AS-7, 5AS-9
1MU	1MU	2SHR1	2SHR1	5GP	5GP
1MUF	1MUF	2SHR2	2SHR2	5KT-1	5KT-1, 5KT-2
1RV-2	1FSL2, 1RV-2, 1RV-3	2SHVF	2SHVF	5KT-3	5KT-3
1SB12	1SB-7, 1SB-7A, 1SB-8A, 1SB11, 1SB11A, 1SB12, 1SB13, 1SB14, 1SB15, 1SB15-1, 1SB17	3AS-1	3AS-1, 3AS-2, 3AS-3, 3AS-4, 3AS-5, 3AS-7, 3AS-8	5KTS3	5KTS3
2MR	2MR	3AS-9	3AS-9, 3AS10, 3AS11, 3AS12	5MC	5MC, 5MCF, 5MCK
2SH-1	2SH-1	3BLF	3BLF, 3BLFS	5OR	5OR, 5ORS
		3E-2J	3E-2J	5PA-3	5PA-3, 5PA-3A, 5PAS
		3KL	3KL		

DATED: October 5, 2016. Kelly Sanders, Registrar of Voters, by Lucinda Jackson, Deputy

NOTICE OF SEALED BID SALE ON OCTOBER 31, 2016
OF TAX DEFAULTED PROPERTY FOR DELINQUENT TAXES

On August 9, 2016, I, John Bartholomew, Humboldt Tax Collector, was directed to conduct a public auction sale by the board of supervisors of Humboldt, California. The tax defaulted properties listed on this notice are subject to the tax collector's power of sale and have been approved for sale by a resolution dated August 9th, 2016 of the Humboldt County Board of Supervisors.

I will publicly open the sealed bids submitted and sell the properties at 3:00pm on Monday, October 31st, in Conference Room A at 825 5th St, Eureka, CA. The property will be sold to the highest bidder for not less than the minimum bid as shown on this notice.

Due diligence research is incumbent on the bidder as all properties are sold as is. The winning bidder is legally obligated to purchase the item. Transfer taxes will be added to and collected with the purchase price.

The right of redemption will cease on Friday, October 28th, at the close of business and properties not redeemed will be sold. If the parcel is not sold, the right of redemption will revive and continue up to the close of business on the last business day prior to the next scheduled sale

If the properties are sold, parties of interest as defined in California Revenue and Taxation Code Section 4675, have a right to file a claim with the county for any excess proceeds from the sale. Excess proceeds are the amount of the highest bid in excess of \$150 after the liens and costs of the sale are paid from the final sale proceeds. Notice will be given to parties of interest, pursuant to California Revenue and Taxation Code section 3692(e), if excess proceeds result from the sale.

PARCEL NUMBERING SYSTEM EXPLANATION

The Assessor's Parcel Number, when used to describe property in this list, refers to the assessor's map book, the map page, the block on the map (if applicable), and the individual parcel on the map page or in the block. The assessor's maps and further explanation of the parcel numbering system are available in the assessor's office.

The properties that are the subject of this notice are situated in Humboldt, California, and are described as follows:

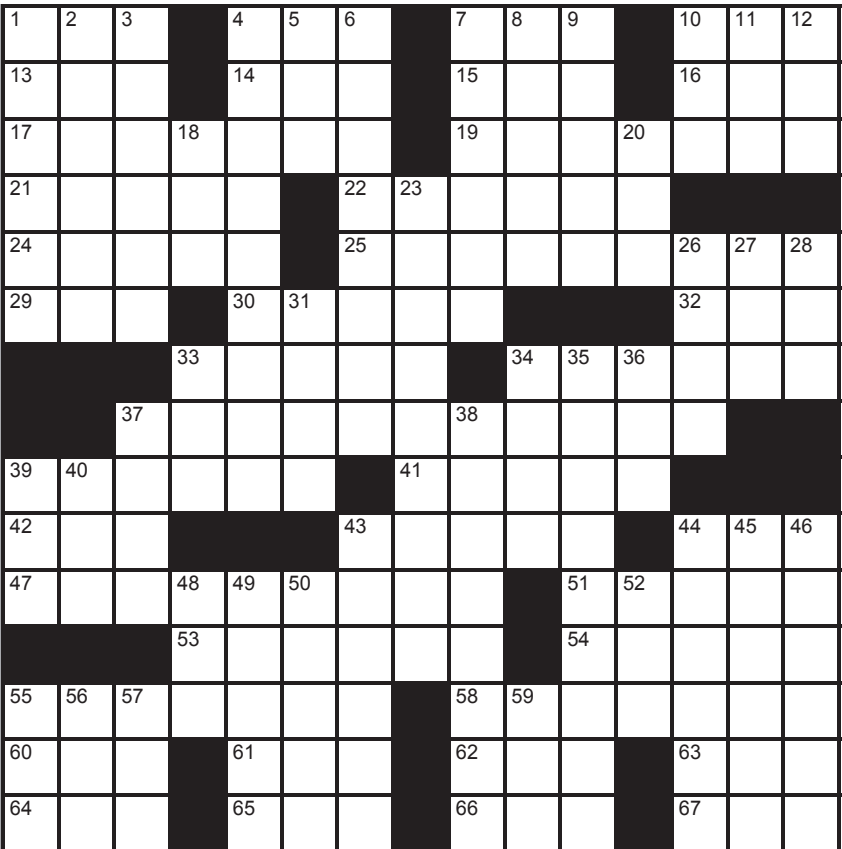
ITEM NO.	ASSESSORS PARCEL NO.	LAST ASSESSEE	MINIMUM BID
1	109-061-024-000	Nneka T Eni	\$142.50
2	109-071-027-000	Larita J Pennell	\$157.50
3	109-081-048-000	Gary S White	\$127.50
4	109-121-018-000	Thomas A Bailey	\$142.50
5	109-141-022-000	Paul V Porreca	\$157.50
6	109-141-032-000	Peter Williamson	\$142.50
7	109-221-009-000	Capital Investment Enterprises	\$127.50
8	109-221-010-000	Vitaly & Irina Onishchenko	\$157.50
9	109-251-052-000	Brad Simonton & William H Souther	\$127.50
10	109-261-032-000	Sassan S Kouchehpour	\$127.50
11	109-271-052-000	Gary A McDonald	\$142.50
12	109-291-006-000	Charles H & Patricia L May	\$157.50
13	109-292-047-000	Chau N Pham	\$127.50
14	109-311-024-000	Ting C Pan	\$187.50
15	109-331-039-000	Steve & Yvonne Duran	\$142.50
16	109-341-040-000	Harry Tanner	\$142.50
17	110-021-002-000	Paul Dean	\$157.50
18	110-091-024-000	Renee M Weaver	\$142.50
19	110-121-006-000	Charles E & Lucy B Adams	\$142.50
20	110-121-007-000	Monica Kelly	\$142.50
21	110-131-043-000	Danny & Samantha C Chu	\$172.50
22	110-131-044-000	Capital Investment Enterprises	\$127.50
23	110-181-007-000	Christopher Chamber	\$157.50
24	110-191-048-000	Jose L Perez	\$127.50
25	110-201-021-000	Suzanne L Holub	\$157.50
26	110-201-022-000	Calvin F/ John T/ Robert L & William C Crews	\$232.50
27	110-211-032-000	Debora Hakimzadeh	\$127.50
28	110-211-041-000	Ernest E & Margueriette M	\$142.50
29	110-231-029-000	Capital Investment Enterprises	\$127.50
30	110-231-043-000	Albert Shahid	\$127.50
31	110-251-016-000	Douglas K Hishinuma	\$127.50
32	110-251-043-000	Finance All LLC	\$127.50
33	110-261-014-000	Kenneth C Clarke II & Nancy L Rhodes	\$172.50
34	110-301-042-000	Richard K Dyer	\$142.50
35	111-051-019-000	Elmer H & Angelynne S Gabinay	\$202.50
36	111-112-013-000	Elenita & Paul W Stack	\$157.50
37	111-202-008-000	Michael C Sorenson	\$142.50
38	109-081-020-000	Capital Investment Enterprises Juanita H Booker/ Lillian Johnson & William E Johnson	\$157.50
39	109-081-027-000	Capital Investments Enterprises	\$142.50
40	110-131-004-000	Jeffrey Greene	\$157.50
41	110-221-013-000	Donald S & Patricia E Steel	\$142.50

I certify (or declare), under penalty of perjury, that the foregoing is true and correct.


John Bartholomew
Humboldt County Tax Collector

Executed at Eureka, Humboldt County, California, on September 27th.
Published in North Coast Journal on September 29th, October 6th & October 13th 2016

CROSSWORD by David Levinson Wilk



ESOTERICA ————— ANSWERS NEXT WEEK!

- ACROSS**

1. It might come after sex

4. Object of some whistles

7. Haw's partner

10. Craigslist offering

13. 2009 political biography "Barney Frank: The Story of America's Only Left-Handed, _____, Jewish Congressman"

14. 2013 Joaquin Phoenix film

15. Gasteyer of "SNL"

16. Ceremonious verse

17. Vowel that's not from around here?

19. Vowel that's portly?

21. Subject of discussion

22. Doesn't hog

24. Assured way to solve a crossword puzzle

25. Vowel that's pleasing to the ear?

29. Inits. on an airport
- uniform

30. Singer whose first three albums are titled "19," "21" and "25"

32. Kindergartner, e.g.

33. Burned to a _____

34. Oklahoma town that takes its name from an Osage word meaning "the end of the trail"

37. Vowel that's made out of microchips, transistors and the like?

39. Tube

41. "The Faerie Queene" woman whose name means "peace"

42. Boston Bruin great Bobby

43. Hit 1977 musical with the song "It's the Hard-Knock Life"

44. AAA offering: Abbr.

47. Vowel that's not
- widely known?

51. Warren _____, baseball's winningest southpaw

53. Turkish inn

54. Easygoing

55. Vowel that's actually a human being?

58. Vowel that's titillating?

60. Sit in a cellar, perhaps

61. Tic-____-39-Down

62. Choreographer Lubovitch

63. Ruckus

64. Wink's partner

65. Tour de France season

66. "____-haw!"

67. Pouch
- DOWN**

1. "Aha!"

2. Battle of Hastings fighters

3. Mr. Magoo's malady

4. Red squirrel named for the sound it makes

5. Oppenheimer's agcy.

6. Most outspoken

7. Zimbabwe's capital

8. Huge, in poetry

9. San _____, California

10. Actor Hamm of "Mad Men"

11. Bizarre

12. Arthur of "The Golden Girls"

18. Tuna container

20. SEAL's org.

23. Legendary Broadway director with 21 Tonys

26. "____ jungle out there"

27. NYSE listings

28. From _____ Z

31. Board game staples

33. Roman 155

34. "That's _____ haven't heard"

35. Where to get a gift card for an oenophile

36. Obama's signature health law, for short

37. Architect Saarinen

38. In an elaborate manner

39. Tic-61-Across-_____

40. Hosp. areas for lifesaving measures

43. Top gun

44. Canoeing challenge

45. Org. in "Homeland"

46. Sitting, as a court

48. "____ better to have loved ...": Tennyson

49. Overplay the part

50. Charged

52. Abbreviation sung in a 1983 Michael Jackson hit

55. Work (out)

56. Bigheadedness

57. Purple minus blue

59. "Norma _____" (Sally Field film)

LAST WEEK'S ANSWERS TO BICOASTAL

H	A	Y	E	S	E	L	K	P	S	H	A	W
U	S	E	M	E	R	U	E	C	L	A	R	O
L	A	S	T	P	E	N	N	Y	G	U	I	D
A	P	P	N	I	A	B	A	R	F	E	D	
	L	A	D	D	E	R	C	O	M	P	A	N
O	R	E	O	O	S	A	W	E	E			
W	E	A	L	L	G	O	N	E	E	T	T	A
E	D	S	L	A	R	C	E	N	Y	H	A	T
D	I	E	T	L	A	D	S	O	N	E	P	M
	A	P	O	P	O	H	I	S	E	E		
L	A	C	K	O	F	H	A	R	M	O	N	Y
I	C	I	E	S	T	M	A	O	S	H	E	
S	A	G	O	S	B	I	C	O	A	S	T	A
A	S	A	F	E	A	G	E	T	H	E	R	M
S	E	R	F	S	N	O	D	M	U	M	P	S

su | do | ku © Puzzles by Pappocom MEDIUM #68

3		8	1			4		9
					8	6		
5	9							7
	5		6		9			1
				2				
1			5		3		7	
7							9	2
		5	3					
2		4			6	8		3

Candelabra Trees

By Barry Evans
fieldnotes@northcoastjournal.com

Ten miles south of the Humboldt County line, the insanely steep cliffs of the coastal range mellow into Shady Dell, a half-mile-wide oasis set back from Usal Beach. Unless you're a hardy backpacker heading south through the 7,800-acre Sinkyone Wilderness State Park, you're probably going to reach Usal from U.S. Highway 1, on a steep (up and down, both ways) 6-mile dirt road. If you're an old hand at this, you might notice a new sign near the top of the hill announcing the south end of the 2.3-mile-long Peter Douglas Trail. You're probably best off driving on down the hill to Shady Dell, where you'll find the north end of the trail 30 yards south of the Usal Creek bridge. That's because (1) you get to go downhill on your return and (2) you start off through the 500-year-old candelabra grove. Candelabra redwood trees look much as they sound: multiple prongs of trunks formed when coastal gales blew the tops of the trees off, bending new growth, resulting in an uncanny resemblance to a candelabra. The grove rises more than 200 feet in a quarter mile, necessitating nearly 300 steps to guide visitors from sea level up to an old logging road grade. The hand-carved steps are filled with gravel that had to be passed in a bucket line — too steep even for a wheelbarrow. For that, we can thank the California Conservation Corps. The trees themselves were saved from loggers because what mill wants deformed trees with bent boughs? The easy grade of the mossy logging road ends at a bridge that crosses a tributary of Usal Creek. The new redwood bridge was built by Fort Bragg native and general contractor John Koski. The sign next to it makes the unlikely claim that salmon once swam so thick here that one could walk across the stream on their backs. Beyond the bridge the grade rises, crossing and re-crossing Usal Road with lovely (but frequently fog-limited) views of the ocean. Impetus for constructing the new trail



Candelabra redwood tree on the new Peter Douglas trail near Usal beach.
Photo by Barry Evans

came in 2011, when the venerable Save the Redwoods League — one of the trail partners — bought nearly 1,000 acres of first and second growth from a logging company. Within a year, Louisa Morris of the Mendocino Land Trust — another partner — was mapping the area and designing a new trail. (The third partner is the California Coastal Conservancy.) After waiting two years for the permitting process to be completed, four months of construction work began last year. It was dedicated in May of this year. The trail is named for Peter Douglas (1942-2012), longtime director of the California Coastal Commission and one of the authors of California's 1976 Coastal Act. I heartily recommend this short-but-impressive trail for its delicious variety of first and second growth coastal forests, sweeping ocean views and open cliff-tops. Drive south on U.S. Highway 101, and turn onto U.S. Highway 1 at Leggett. Watch for bikes on the steep and windy road until you reach the Usal Road turn-off on the right (mile marker 90.88). We made the 6-mile drive from U.S. Highway 1 to Usal Beach in our VW van, but it was dry and the surface had been recently graded; four-wheel drive would have been easier. There's a scattered campsite back from the beach, and a resident herd of Roosevelt elk — you'll be unlucky if you don't encounter some of the antlered beasts. Just keep your distance. Barry Evans (barryevans9@yahoo.com) end-of-life instructions include reincarnation as an alpha elk.

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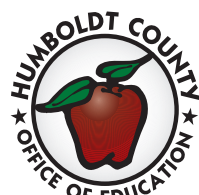
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For more information call 445-7039. (E-0625)

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PROGRAM DIRECTOR being sought for MHRC with knowledge and practice in compassionate and trauma-informed care, and well versed in behavioral health practices. Must have a baccalaureate degree and 4 yrs experience in mental health. Duties include management of budget, personnel, program activities, and documentation. Please contact us for more information at 707-442-5721. www.crestwoodbehavioralhealth.com/location/eureka



Humboldt County Office of Education

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Qualifications: Must be 18 years of age or older. Drivers are subject to a medical evaluation, including drug testing.

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Reply to: Personnel, HCOE, 901 Myrtle Ave., Eureka, CA 95501.



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BILINGUAL HOME VISITOR - EUREKA

Provides weekly home visits & facilitates parent & child play groups twice a month. Req. AA/AS degree in Early Childhood Education, Psychology, Social Work or related field OR 12 ECE units (incl. core classes) +12 related units. Req. 2 yrs exp. in community service working w/ children & families. Bilingual required.
F/T (yr round): 40 hrs/wk; \$13.75/hr

TEMP CLASSROOM ASSISTANT - WILLOW CREEK

Assist center staff in the day-to-day operation of the classroom for a preschool program (implementing & supervising activities). Prefer a min. of 6 ECE units & 6 months experience working w/ young children.
P/T 17/hr/wk: \$10.07-\$11.11

Positions are Open Until Filled and include vacation, holidays and sick leave benefits.

Submit applications to:
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1266 9th Street, Arcata, CA 95521
For addtl info & application please call **707-822-7206** or visit our website at www.ncsheadstart.org



Join the Hospice of Humboldt team!

Our staff work in a great environment and enjoy outstanding benefits, competitive wages and professional growth opportunities.

We currently have openings for:

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United Indian Health Services, Inc.

Application Deadline: Oct. 31st, 2016

Night Housekeeper

Must provide a clean, sanitary comfortable, orderly and satisfying surrounding for clients, employees and public. Arcata - Full Time

Information Systems Specialist

Installs, maintains, troubleshoots and upgrades computer hardware, software, personal computer networks, peripheral equipment and data processing systems. Arcata - Full Time

Electronic Health Records Developer

Analyze data, design reports, graphs, charts in support of clinical, business, grant requirements using SQL and/or Crystal Reports. Arcata - Full Time

Ambulatory Services Director

Provides strategic leadership and administrative responsibility for ambulatory care services including but not limited to medical, nursing, laboratory and vision services. Arcata - Full Time

Laboratory Assistant

Provides data for use in diagnosis and treatment of disease by performing specimen collection and routine diagnostic tests Crescent City - Part Time

Nurse Supervisor

Oversees nursing functions, provides training. Arcata - Full Time

Clinical Nurse/RN(s)

Staff Nurse & Specialty Nurses Needed. Humboldt/ Del Norte - Full and Part Time

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Supervising health information staff and serves as the custodian of (client) records. Arcata - Full Time

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Provides medical care and treatment to patients in clinic setting. Humboldt/ Del Norte - Flexible hours up to Full Time

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Positions are, unless otherwise stated, open until filled.

Employment application available online at www.uihs.org. Email application, cover letter and resume to UIHS-Recruiting@crihb.org

Serving the Native American Community since 1970. In accordance with PL 93-638 American Indian Preference is applied. All applications welcome. UIHS offers competitive, wage and benefits.



Store Manager

North Coast Co-op is seeking an experienced **Manager for our Arcata store**. Responsible for the operation of large, full-service, Certified Organic Grocery. Supervising a staff of 60+ employees, leads the way in providing exceptional customer service to our 16,000 member owners. Participate in the overall planning and management of the co-op.

Exp. in natural foods, understanding and commitment to the cooperative business model and a proven, successful management history. Experience working in a union environment is a plus. Bachelor's degree preferred plus five years of progressive management exp. or an equivalent combination.

We offer a competitive wage package, \$55,000-\$70,000, dependent upon experience, excellent benefits package.

Job description and application: www.northcoast.coop/about_us/careers/current_openings.php

Please submit resume and letter of interest to HR by 10/21/16 at: hr@northcoastco-op.com



K'IMA:W MEDICAL CENTER

an entity of the Hoopa Valley Tribe, is seeking applicants for the following positions:

CLINICAL LABORATORY ASSISTANT FT/Temp (\$15.38 per hr start, KGS 5). Performs a variety of technical and clerical duties includes specimen preparation and collection. This is a temporary position that could be changed to a full-time, regular position. **Minimum Requirements:** Licensed Phlebotomist desired (\$17.14 per hr start, KGS 6). **Deadline to apply is extended to 5pm, October 20, 2016.**

DOMESTIC VIOLENCE PREVENTION COORDINATOR FT/Regular (\$26.44 per hr start). Supervise staff and services to domestic violence and sexual assault victims. This is a grant funded position. **Open until filled.**

CHIEF OPERATING OFFICER FT/Contractual (\$39.60 per hr start, negotiable). Assists in managing a comprehensive health care delivery organization and supervises select organization programs. **Open until filled.**

MEDICAL ASSISTANT FT/Regular (\$15.38 per hr DOE). Provides administrative, clerical and technical support to physician; Certified Medical Assistant desired. **Open until filled.**

LICENSED VOCATIONAL NURSE FT/Regular (\$19.05 per hr DOE). Assists in providing direct nursing care for patients. **Open until filled.**

PUBLIC HEALTH NURSE FT/Regular (\$33.30 per hr DOE). Assist in the overall management of patients both in clinic and in the field. **Open until filled.**

REGISTERED NURSE OUTREACH/CASE MANAGEMENT FT/Regular (\$33.30 per hr DOE). Assist in the overall management of patients both in clinic and in the field. **Open until filled.**

PHYSICIAN FT/Contracted (\$91.34 per hr DOE). Provides medical care and referrals. **Open until filled.**

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FAMILY NURSE PRACTITIONER FT/Contracted (\$39.60 per hr DOE). Primary care provider seeing all ages of patients and all medical conditions. **Open until filled.**

For an application, job description, and additional information, contact: K'ima:w Medical Center, Human Resources, PO Box 1288, Hoopa, CA, 95546 or call 530-625-4261 or email: hr.kmc@kimaw.org for a job description and application. Resume and CV are not accepted without a signed application.



CITY OF FORTUNA POLICE OFFICER

\$40,502 – 49,210 /YR
(INCENTIVES AVAILABLE)

Law enforcement, crime prevention, traffic control, and crime investigation activities; specialized law enforcement assignments; community outreach.

Must be 21 years of age at time of hire. Graduation from, or current enrollment in, POST Academy required at time of application. Excellent benefits. Requires valid CDL.

Complete job description and required application available at friendlyfortuna.com or City of Fortuna, 621 11th Street, Fortuna, CA 95540, (707) 725-7600.

Application deadline extended to
4 pm Monday, October 31, 2016



HUMBOLDT AREA FOUNDATION

Donor Services & Planned Giving Coordinator

Humboldt Area Foundation is now accepting applications for a Donor Services & Planned Giving Coordinator

This is an hourly, full time (40 hours/week) position based in Bayside, CA. Compensation is \$16.00-\$24.00, DOE and includes health and retirement benefits.

Essential functions of this position include acting as liaison for the Foundation and Director of Donor Services & Planned Giving with donors, attorneys, financial advisers, etc; maintaining accurate archives of donor records and communications; responsibility for investigating and evaluating processes, as well as suggesting new internal policies; and coordinating troubleshooting when working with and supporting individual donors with their philanthropic goals.

The ideal candidate must be able to prioritize and organize workloads to meet deadlines and balance work among multiple duties in a fast-paced environment; possess excellent written and verbal skills; have experience working with the public in a welcoming, helpful and gracious manner, handling situations with creativity and diplomacy; be proficient with Microsoft Office applications and in the use of office equipment; possess excellent organizational and project coordination skills; be a results-oriented team player; practice confidentiality, excellent business acumen, and broad experience/understanding of all facets of relationship building; and have flexibility to attend evening and/or weekend events.

For the complete job descriptions and application procedures please visit our website at www.hafoundation.org/About-Us/Employment-Opportunities or for more information, contact Chris Witt at (707) 442-2993.

Please submit your resume, cover letter, and writing sample to admin@hafoundation.org

Deadline: October 21, 2016

open door Community Health Centers

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for more information and application.



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We offer free medical insurance to Full-Time Employees, paid sick, vacation & holidays, 401k match, and profit sharing.

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Now hiring energetic service-minded individuals wanting to excel in a team environment.

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Los Bagels a multicultural bagel bakery, in business since 1984, seeks a highly motivated baker & pastry chef, who is passionate about food and being part of local community business, to be our Bakery Manager.

The Bakery Manager oversees all aspects of the daily Bakery at Los Bagels. This includes the management and scheduling of Bakery personnel, as well as oversight of quality control, and product development.

The Bakery manager is involved with the planning, coordination and control of all Bakery processes. They ensure that our products are produced efficiently and that the correct amount is produced at the right cost and level of quality. The Bakery manager is proficient in all positions under their supervision and is able to fill in as necessary. The Bakery manager also has a good understanding of all the bakery equipment and is responsible for its routine maintenance & repair.

Professional bake and pastry experience & staff management are required. Experience in, quality control, recipe development, ordering & inventory, and cost analysis recommended but not required.

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Send Resume, Cover Letter, and
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Positions are **Open Until Filled** and include vacation, holidays & sick leave benefits.

Submit applications to:

Northcoast Children's Services

1266 9th Street, Arcata, CA 95521

For application, job descriptions & more info, visit www.ncsheadstart.org or call 707-822-7206.

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RG/FT KLAMATH \$12.31-\$16.00 OPEN UNTIL FILLED

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RG/FT WEITCHPEC \$53,820-76,867
10/14/16

#0837 A/R BOOKKEEPER

RG/FT KLAMATH \$19.15-27.56 OPEN UNTIL FILLED

#0040 BUS DRIVER/CUSTODIAN

RG/FT WEITCHPEC \$15.86-20.62
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#0842 CLERICAL (FISCAL-ELECTRONIC FILING)

RG/PT KLAMATH \$12.68-16.48
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All supplies & equipment provided.

Must have pick-up truck or van, but mileage is fully reimbursed. Current driver's license, insurance, and background check required

FT 8:00 - 4:30 Monday - Friday

\$12.00/hour + benefits

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Full Time Position. California Clinical Laboratory Scientist. Chemistry, hematology, UA, coagulation and blood bank experience required. Includes shared call.

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This position is perfect for a registered nurse that is passionate about making a difference in the lives of others and enjoys working as a team. Full Time position. Over sees the staff and daily functions of an 8-bed Skilled Nursing Facility. Position reports directly to the Chief Nursing Officer. BSN required, previous management experience required. Must be familiar with Title 22 and skilled nursing regulations. This position would be a great fit for an experienced Director looking for a positive career change.

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Full Time, Part Time, or Per Diem Position. Current RN License and CPR certification required. Work 12-hour shifts in our critical access acute care & emergency room.

LICENSED VOCATIONAL NURSE

Full Time position. Current LVN license and CPR certification required. Work 12-hour shifts in our 8-bed skilled nursing facility.

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Full Time, Part Time, or Per Diem Position. Direct Patient Care, activities with the residents/ patients. Must possess CNA Certificate and CPR Certification.

MEDICAL ASSISTANT

Full Time Position. Must possess CMA Certificate, experience preferred but willing to train the right candidate; BLS certification required.

CASE MANAGER

Full Time position. 8-hour shifts. Provide assessment, planning, and coordination of options and services to meet a patient's medical care needs. Assist in patient care by providing clinical information to payers, monitor length of stay, seek necessary care authorizations, and appeal medical decisions. Current RN or CSW license required. Minimum 3 years case management, or related field, experience preferred.

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Part Time Position. Required to cook and follow a planned menu. General cleaning of the dietary department. No license or certification required.

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Work in Dental Assisting Lab, \$72.00/hour

For more information contact

Hillary-reed@redwoods.edu

More information about the positions is
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A qualified person will have excellent written and
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\$12.00/hour

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Would you like to apply your skills
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in a variety of settings, provides parenting skills
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This full-time position plans, develops and delivers
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Requires degree in Early Childhood Education
(ECE) or related field or degree with at least 24
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Additional requirements for positions listed above:

Must be able to pass DOJ/FBI criminal history
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Application and job description available at
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8293. Please submit letter of interest, resume, and
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or .U.S mail to Nanda Prato, 2259 Myrtle
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Full-time Behavioral Health Clinician

(PsychD/LCSW)

Redwoods Rural Health Center
seeks a PsychD/LCSW to provide
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providers, county case management,
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This is a full-time position with paid
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Full-time LVN/RN

Candidates must possess a
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four-day work week, as well as,
competitive compensation and
benefit packages.

Interested and qualified
candidates may apply at:

Redwoods Rural Health Center
101 West Coast Rd
P.O. Box 769

Redway, CA 95560

download an employment
application from www.rrhc.org or
contact RRHC at (707) 923-2783.

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Top hourly wages.
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Highlights:

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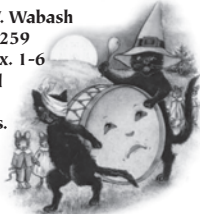
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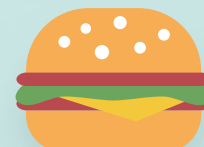
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±40 Parklike acres 20 minutes outside of beautiful Leggett! Property has been lovingly cared for and meticulously improved with stunning custom artistic touches throughout. Parcel features a one of a kind 60'x30' permitted industrial living space, ocean views, wind turbine, solar system, permitted well, ocean views, fenced garden areas, mountain biking/hiking trails throughout, and a cargo container currently used as a shop. This is a must see property!



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